

# FEBRUARY SHORTS & SPRING 2024 CATALOG

FEBRUARY 5–16 & MARCH 4–MAY 10 IN-PERSON & ONLINE

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# WHERE RETIRES 0

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- 800 Philosophy, Religion & Spirituality: Bob Croog

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Executive Director: Tony Long Director of Academic Programming: Lesley Diaz Director of Operations and Projects: Lisa Olson Operations Manager: Jesse Williams Programs and Projects Coordinator: Sara Beatty Administrative Coordinator: Amya Bertrand



# **READY, SET, LEARN!**

As we enter a busy holiday season with its blizzard of catalogs and activities, we hope you will spend some time exploring the opportunities offered by OLLI to enrich both your intellectual and your social life.

Enclosed, you will find 134 study groups—98 in the spring, and 36 in February. The offerings are as varied as neuroscience, folk guitar, meditation, and political ideology. We invite you to pursue a long-standing interest or delve into something entirely new. Most classes will be in-person, but about 45% will be by Zoom. Membership gives you access to all the semester's recorded online classes and to our digital library of selected previous semesters' course recordings. We are also continuing the added benefit of recording selected in-person classes, at no additional cost, so you don't have to miss a session.

The February Shorts run the weeks of February 5–9 and February 12–16, and the Shorts lottery is January 18. The spring 2024 semester begins March 4, and the spring lottery is February 20. We

encourage everyone to register online by logging into your OLLI at AU account, but you may certainly mail in the paper registration forms in this catalog.

We are excited about our upcoming January and spring lecture series—our lecture committee will once again bring us a slate of great speakers. Lectures are free and open to the public. We will also have a range of social activities and events available to our membership. University policy, any person attending February or spring 2024 OLLI-related classes or events in any AU facilities, must be fully vaccinated and boosted against Covid-19, with certain medical and religious exemptions.

In conformance with American

Finally, we want to thank our committed members, volunteers, and staff who are all invested in this community of lifelong learners. We give special thanks

to our Study Group Leaders who created and prepared the 134 great courses in this catalog and to the Curriculum Committee who recruit and work closely with our instructors to make the OLLI experience possible. Be on the lookout for announcements for a special event we'll be hosting in late February to honor our beloved teachers who have led courses at OLLI at AU for ten years or longer.

We wish you a safe and happy holiday season and look forward to the upcoming sessions!

Mark Nadel	
Chair, Board of Director	s

**Tony Long** Executive Director

Mailing Address: 4400 Massachusetts Avenue NW, Washington, DC 20016 An Equal Opportunity/Affirmative Action Organization Phone: 202.895.4860 | Email: olli@american.edu | Website: www.olli-dc.org

# MISSION

The Osher Lifelong Learning Institute (OLLI) at American University is an association of, by, and for the people in the Washington, DC area who wish to continue to study and learn.

*OLLI at AU is dedicated to the proposition that learning is a lifelong process and that curiosity never retires.* 

# EQUAL OPPORTUNITY

OLLI does not discriminate on the basis of race, gender, age, religious preference, national origin, or sexual orientation.

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#### PARKING

Parking is available in the Spring Valley Building garage. In accordance with DC regulations and American University's "Good Neighbor Policy," **OLLI members are required to park in AU lots while attending OLLI.** 

#### **IMPORTANT DATES**

Jan. 18	Registrations due by 8:00 AM for the <b>February</b> <b>Shorts lottery</b>
Jan. 19	February Shorts class assignment letters emailed
Feb. 2	February Shorts refund deadline
Feb. 5–16	February Shorts
Feb. 20	Registrations due by
	8:00 AM for the <b>spring lottery</b>
Feb. 21	Spring class assignment letters emailed
Mar. 4	Spring classes begin
Mar. 15	Spring refund deadline
Apr. 12	Annual Meeting
May 10	Last day of classes

#### REFUNDS

The office must receive requests for refunds in a written note or an e-mail **no later than close of business on the dates listed above.** A \$10 processing fee will be assessed.

#### **INCLEMENT WEATHER**

We follow American University's weather policy. If AU has a delayed opening, online OLLI classes will still be held. If an in-person or hybrid OLLI class is scheduled, and AU has a delayed opening, 9:45 AM classes are cancelled and the 11:45 AM and 1:45 PM classes are held. If AU is closed, OLLI is also closed and all classes are cancelled. *Make-up classes will be rescheduled as time permits.* 



# WHAT IS OLLI AT AU?

Drawing on the talent and experience of seniors in the Washington, DC area, the Osher Lifelong Learning Institute (OLLI) at American University offers a unique opportunity to continue learning at the university level. Members come from varied social, economic, and career backgrounds, ranging from business, academia, and homemaking to education, the arts, and government service. What they have in common is a genuine interest in continuing their learning experiences and intellectual stimulation by participation in an organization with other "seasoned learners." There are no educational prerequisites for membership in OLLI.

#### **Learning Community**

The basic concept of the program is that of peer learning and teaching designed, specifically, for people who are 50 years of age or older. Members participate fully in study groups through preparation for, and involvement in, discussions on a wide variety of subjects. There are no tests and no grades; members participate purely for the joy of learning. Members are encouraged to discuss the possibility of leading a study group with members of the Curriculum Committee.

#### **Membership Involvement**

Members become involved not only as Study Group Leaders or representatives but also as participants on an elected board and appointed committees. As a democratic membership organization, OLLI depends on the volunteer services of its members. Members are strongly encouraged to participate in one or more of the following:

The **Board of Directors** and its various **committees** develop and implement policies, procedures, and activities designed to enhance the overall program.

**Study Group Leaders (SGLs)** are members with special expertise or interests who wish to share these with other members by designing and leading study groups. They are entitled to free classes during the session in which they lead a group or the following comparable session.

# HOW IS OLLI AT AU ORGANIZED?

OLLI at AU is an independent, 501(c)(3) nonprofit organization incorporated in Washington, DC, and is part of the Osher Lifelong Learning Institute National Network, which now includes 125 Institutes in all 50 states and the District of Columbia.

#### Support of OLLI at AU

Membership fees for the semester (\$300 for one semester or \$550 for both fall and spring) and membership fees for the Shorts and Minis (\$100 each) support the program. OLLI is further supported by an endowment from the Osher Foundation given to, and managed by, American University. OLLI receives a percentage of the value from the endowment annually to assist in funding OLLI's operations. The Friends of OLLI Fund, established by the Board of Directors, is a reserve fund helping OLLI maintain affordable tuition, expand and enhance its physical facilities, and develop innovative and diverse programs.

# THE ABCs OF OLLI

#### Accessibility

OLLI makes every effort to accommodate members with visual and hearing impairments. We provide documentation in large print format, ask our Study Group Leaders to turn on captions for all videos, and offer technical support. If you are taking an online class, live closed captions are available in Zoom. To request that they be turned on in the meeting, click "More" and then "Request Live Transcription." The host of the meeting will enable them. Closed captions are also available in recordings. To turn them on, click the "CC" icon at the bottom of the video window when viewing. Please contact the office if you need accommodations to access classes, handouts, or any OLLI materials.

#### **Adding or Dropping Study Groups**

Members may add, drop, or change study groups through the second week of a semester, the first week of the June Minis, or the Friday before the February or July Shorts.

#### Books

Books are available through Politics and Prose bookstore at 5015 Connecticut Avenue NW, Washington, DC 20008, 202-364-1919 or politics-prose.com online. Books also can be ordered online (often at reduced prices) or purchased at other book stores. The following are some online suggestions for purchasing books, in alphabetical order: **AbeBooks.com, AddAll.com, Alibris.com, Amazon.com, BookOutlet.com, BookFinder.com, eBay.com**, and **Powells.com**.

#### **Contact Information**

Please log into your OLLI account to ensure your contact information, including home and cell telephone number(s), email, as well as emergency contact name and relationship, are current and accurate.

#### **Directory of Members**

We publish a member directory each semester listing members' names, addresses, phone numbers, and emails. Please fill out this section of the registration form carefully. The directory is available online to download during the second week of class. Printed copies are available upon request.

#### **Drinks and Snacks**

Coffee and tea are available in the Social Space on the 5th floor for OLLI members. There are also vending machines with water, soda, and snacks on the 4th and 6th floors.

#### **Email and E-Newsletter**

We use email as our primary means of communication. Please make sure that you check your email several times per week during the semester. Also we send a weekly Friday newsletter via email.

#### **Fourth Study Group**

Once class assignment letters are emailed after the lottery, members may log into their account on the website to add a fourth study group. You can only add a fourth study group **after class assignment letters have been emailed.** 

#### **Gift Certificates**

Give an OLLI gift certificate to a loved one for an upcoming academic session. To purchase a gift certificate, email or call the OLLI office.

#### Handouts

Downloadable class handouts are available each academic session on the OLLI website. You can find the handouts under either of the following tabs:

- Documents
- Classes (and then "Semesters/Minis" or "Shorts")

Handouts remain available through the end of the session. If no handouts are listed for a class, we have not received any from the Study Group Leader. Some SGLs prefer to email handouts to their class members directly or have them printed (for in-person classes) in lieu of placing them on the website.

#### **Hearing Loops**

All of OLLI's classrooms are equipped with hearing loops, a stateof-the-art assistive listening technology. Most recent hearing aids are equipped with a t-coil. Your audiologist can tell you whether or not your hearing aid has a t-coil and, if it does, your audiologist can activate the t-coil.

With the t-coil turned on, a member can hear others in the room very clearly. Members who do not have hearing aids or who have hearing aids without t-coils, can use a loop receiver with a headset, to benefit from the loop. Each classroom is supplied with a number of loop receivers.

#### **Identification in Classes**

For in-person and hybrid classes, please wear your OLLI name tag. Lanyards and plastic name tag holders are available on the table outside the office. For online classes, click on the Participants Panel and rename yourself with your full name so that the Study Group Leader can call on you.

#### **Lecture Series**

We offer four lecture series throughout the year. During each semester there is a lecture on Fridays from 1:30-2:30 PM. In January and May, there are lectures on various weekday mornings from 10:30-11:30 AM.

#### Library

Current members and SGLs have access to AU's Bender Library. The library is located on the main campus at the west end of the university quadrangle. The library requires a valid, government issued photo ID for account creation and for borrowing. The library is sent a list of members and SGLs before each academic session. They will issue a borrowing card to be used along with the ID.

AU Library books may be borrowed with an account (up to 25 at a

# **EVENTS**

There are four lecture series each year, featuring members of the Washington, DC community, and beyond, each speaking on a field of expertise. **Fall and spring lectures** are held on Fridays from 1:30 to 2:30 PM. **January and May lectures** are held on Tuesday and Thursday mornings from 10:30 to 11:30 AM. Lectures are always free and open to the public.

**Special events** include *Serendipities!*, which are talks given by member or their guests, as well as trips and tours.

The **Town Hall** in the fall and **Annual Meeting** in the spring give members an opportunity to voice concerns, ask questions, and learn more about OLLI's future plans.

time). The checkout period is four weeks and renewal is available (all items are subject to recall and may need to be returned sooner).

Most of the library's electronic resources (databases and journals) are available on an as-needed basis to have access while physically at the library. Due to licensing agreements, remote access is only available to current AU students, staff, and faculty.

#### **Lost and Found**

There is a lost and found box located outside the OLLI office. Please check there if you have misplaced something.

#### **Lunchtime Options**

Members can also brown bag lunch with OLLI friends in one of the social spaces on the 5th floor. Buy lunch to carry out or eat in at Pizzeria Paradiso, Millie's, Starbucks, Bluestone Lane, or Wagshal's Market — all within one block of 4801 Massachusetts Ave. NW.

#### **Membership Fee**

The fee paid each semester (or for the full academic year) is a membership fee. The fee allows you to be assigned up to three courses in the lottery and add a fourth once class assignment letters have been emailed. The fee is NOT a fee per study group. The membership fee entitles you to all of the benefits of membership at OLLI at AU. Membership in OLLI is not transferable. Spouses or partners must have their own individual memberships.

#### Minis

Minis are study groups held once-a-week for four weeks during the month of June. Each day's session in the four weeks is  $1\frac{1}{2}$  hours.

#### Parking

See page 4.

#### **Privacy Policy**

OLLI at American University is highly sensitive to the privacy interests of members and believes that the protection of those interests is one of its most significant responsibilities. We publish the member directory as a courtesy to members. We expect members to respect other members' privacy. The directory is not to be shared with others outside of OLLI. If you have questions about this policy, please contact us by phone at 202-895-4860 or email at olli@american.edu.

#### Recordings

Any member with a payment record for the current academic session may view any recorded courses from that session. Current members also have access to OLLI's permanent digital library, which contains recorded courses from previous sessions. Visit our website at **www. olli-dc.org** to view recordings throughout each session, as well as the digital library. **Please note that whether a class is recorded is subject to change based on SGL preference and office capacity.** 

#### Refunds

The office must receive requests for refunds by the deadline specified on page ii of the catalog, opposite the table of contents. A \$10 processing fee will be assessed.

#### **Semesters**

OLLI at AU has two regular academic semesters: spring, which begins in March, and fall, which begins in September. Semester study groups usually run between 7 to 10 weeks long. Each class session is  $1\frac{1}{2}$  hours.

#### **Serendipities!**

OLLI at AU members and guests are invited to give a talk or presentation to the OLLI membership as part of our *Serendipities!* program. *Serendipities!* are scheduled through the OLLI office and are held online. See **https://www.olli-dc.org/serendipity\_talks** for more information.

#### **Shorts**

We offer February and July Shorts. Classes meet 2-5 times over the course of one week. Each day's session is  $1\frac{1}{2}$  hours.

#### Spring Valley Building (SVB)

American University and OLLI at AU refer to 4801 Massachusetts Ave. NW as the Spring Valley Building (SVB).

#### **Study Group Representative (SGR)**

A volunteer Study Group Representative is assigned to each class. SGRs are registered members of the class for which they are SGR and play an important role in helping to ensure each study group runs smoothly. Duties vary slightly depending on the study group's format (in-person, online, or hybrid), but generally include:

- Making announcements of OLLI news, weekly lectures, and upcoming events;
- Taking attendance (in-person classes);
- Collecting money from class members (as applicable) for any copied materials fee;
- Informing the office of problems in the classroom, including heating/AC, lighting, and sound; and
- Reminding class members of the feedback form and (optional) online SGL gifts at the end of the session

If you're interested in serving as SGR for one or more of your study

groups, please check the applicable box(es) on the paper registration form or when selecting your courses online.

#### **Transfers**

Membership in OLLI is not transferable. Spouses or partners must have their own individual memberships.

#### Trips

OLLI will continue to offer tours and trips, virtually if necessary. Trips sometimes include transportation and boxed lunches or meals at a restaurant. Specifics regarding pricing and transportation will be shared on our website for each trip. Past destinations have included:

- Arlington Cemetery
- National Cathedral
- Museum of the American Revolution

Trips and tours are arranged by OLLI's Trip Coordinator. Please contact the office if you have a suggestion for a trip or tour.

#### Volunteer

If you're interested in volunteering, please let us know by selecting your areas of interest on the volunteer page of the website: https://www.olli-dc.org/get\_involved

#### Waitlists

If a seat opens in a class which has a waitlist, members will be contacted by email and offered a seat in the order in which they appear on the waitlist.

#### **Weather Policy for Class Cancellation**

We follow American University's weather policy. If AU has a delayed opening, online OLLI classes will still be held, but in-person and hybrid classes will change accordingly: 9:45 AM classes are cancelled and the 11:45 AM and 1:45 PM classes are held. If AU is closed, OLLI is also closed and all classes are cancelled. Make-up classes are rescheduled as time permits.

#### Website

Please visit the OLLI website at www.olli-dc.org:

- to view our calendar, including lecture series and events;
- to register for classes and to pay membership dues with a credit card in an encrypted, secure transaction;
- to add, drop, or change classes;
- to request a refund;
- to volunteer; and/or
- to make a donation.

#### Wi-Fi

Wi-Fi at OLLI is free. The network name is AUGuest-ByRCN. No password is required.

# PARKING & TRANSIT

#### **Public Transportation**

Visit the Parking & Transit page on our website at https://www.olli-dc.org/parking for up-to-date information on using public transportation to attend OLLI activities.

#### Parking

Parking is available in the garage beneath the AU building where OLLI is located (at 4801 Massachusetts Ave. NW). In accordance with DC regulations and AU's "Good Neighbor Policy," all members of the AU community — including OLLI members — are required to park in an AU parking garage when visiting the campus; this includes those with Zone 3 stickers. Parking on the street in surrounding neighborhoods to attend OLLI events/classes will likely result in a \$200 parking ticket from AU. For full parking information, visit the Parking & Transit page at https://www.olli-dc.org/parking on our website.

#### **Parking Payment Options**

Parking is \$2 per hour. You must pay for parking BEFORE class. In order to pay, you must know your vehicle's license plate number.

You may pay for parking:

- with credit card or cash at the kiosks located on each parking level, or
- by credit card using a smartphone and the PayByPhone app (see below), or
- with a credit card by calling PayByPhone at 888-450-7275.

#### How to Pay By Phone

Dial 888-450-7275. The first time, you will be prompted to:

- Enter your cell phone number
- Create a 4-digit pin number
- Enter your 16-digit credit card number
- Enter your 4-digit expiration date
- Enter the 4-digit location code for Spring Valley Garage: 4889

# AU SHUTTLE BUS

For full information on the shuttle service, go to: http://www.american.edu/finance/transportation/ shuttle.cfm on AU's website.

# The AU shuttle buses are kneeling buses and are handicapped accessible.

A free, open-to-the-public AU shuttle bus leaves regularly from the Tenley Metro station, makes stops at the Katzen Center, and then at the Spring Valley Building (4801 Massachusetts Ave. NW), where OLLI is located. To return to the Katzen Center Garage or the Metro, catch the shuttle at the bus stop on Massachusetts Ave. on the same side of the street as the Spring Valley Building.

- Enter your license plate number
- Enter the number of hours you want to park

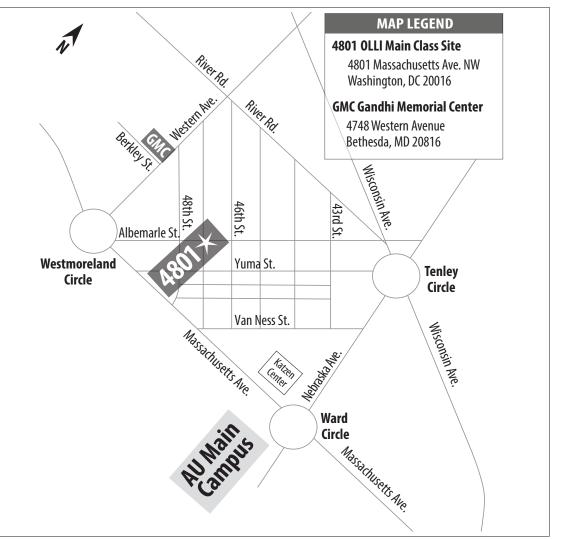
#### How to Use the PayByPhone App

You can download the free "PayByPhone" app from the App Store or Google Play Store to pay for parking via your smartphone.

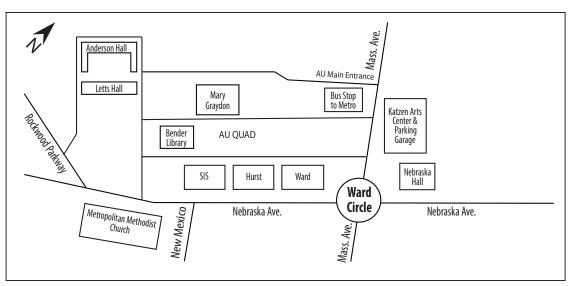
The first time you need to:

- Enter your cell phone number
- Create a 4-digit pin number
- Enter your 16-digit credit card number
- Enter your 4-digit expiration date
- Enter the 4-digit location code for Spring Valley Garage: 4889
- Enter your license plate number.
- Enter the number of hours you want to park.

# MAP OF OLLI MAIN LOCATION



# MAP OF AU CAMPUS



# **CLASS FORMATS: IN-PERSON, ONLINE & HYBRID**

OLLI offers classes in three formats: online, in-person, and hybrid. In hybrid classes, the SGL and some members of the class are in-person while other members participate via Zoom. In the catalog, each course description lists the format and recording status. Most study groups are recorded. **Please note that whether a class is recorded is subject to change based on SGL preference and office capacity.** If selecting a hybrid class, you must note whether you want to attend in-person (hybrid in-person) or online (hybrid online). List both formats if the class is a priority and you're willing to attend either format. You can prioritize up to 12 classes for the lottery. As always, the lottery will then assign you to up to three classes.

# **REGISTRATION PROCESS**

Study group selections are due by 8:00 AM on February 20, to be included in the spring lottery. All selections are pending until lottery day. Class sizes are determined by Study Group Leaders' requests, classroom capacity, and the office. If a study group is oversubscribed on lottery day, pending registrations in that class are subjected to a random, computerized lottery. Members who are not selected for said study group are put on the waitlist and will be emailed by the office if space becomes available. **Class assignment letters will be emailed on February 21.** 

After the lottery, we will continue to accept registrations on a space-available basis through the second week of the semester. OLLI reserves the right to cancel any study group. Members registered in a study group that is cancelled will be notified immediately so that they may select an available alternate.

# JOIN OLLI AT AU

You may join OLLI, pay for membership, and choose your lottery selections all at once. To do so, complete the form on the following pages. Mail the form to the address on the form with a check made payable to OLLI or choose your lottery selections online at www.olli-dc.org to pay with a credit card in an encrypted, secure transaction.

You will need to create a user account. Follow these steps below to do so:

1. Go to http://www.olli-dc.org

Click on "Membership" in the menu at the top of the page.

A submenu appears. Click on "Join OLLI."

- 2. A new screen appears titled "Join OLLI." Click on "create an account" in the first paragraph.
- 3. Fill in the contact information form including entering a username and password. Write your username and password below. If you lose your username, the OLLI office can give it to you. If you forget your password, you can reset it or ask the office to do so.

Username \_\_\_\_\_

Password \_\_\_\_

**4.** Follow the instructions under Choose Your Study Groups.

# **CHOOSE YOUR STUDY GROUPS**

- 1. Identify the number of study groups you are interested in taking. You must select 1, 2, or 3.
- 2. Prioritize up to 12 study groups based on your preference for taking the study groups.
  - (1 = highest priority and 12 = lowest priority).

If the class is hybrid, be sure to include your desired format, in-person or online. If you are willing to attend either in-person or online, be sure to list each format for the class. See the example on the form.

Note: Prioritize your study groups by whichever method works best for you: subject matter, time/day, location, or Study Group Leader. Even if you mark that you only want to take one study group, you may still prioritize up to 12 study groups. When the system processes your selections, it will assign you to your highest priority study groups that are available.

**Note:** All members have an equal chance at getting into a class. There is no restriction if a member has taken a study group or Study Group Leader previously.

- 3. Submit your lottery selections.
- You will receive email confirmation of your selections. All selections are pending until lottery day.
- 5. After lottery day, you will receive by email your class assignment letter.

Through the second week of classes, you can change your schedule online or by emailing the office.

You may register online for a fourth course AFTER you have received your class assignment letter.

Study Group Leaders spend a prodigious amount of time preparing their classes. Please attend the classes for which you are registered and arrive on time to class.

# **OLLI AT AU REGISTRATION FORM**

#### SPRING 2024: MARCH 4-MAY 10

4400 Massachusetts Ave. NW • Washington, DC 20016

Phone: 202.895.4860 | Email: olli@american.edu | Website: www.olli-dc.org

Please complete all parts of the form. You also can pay and select study groups online at www.olli-dc.org.

#### **CONTACT INFORMATION**

FIRST NAME	LAST NAME
STREET ADDRESS	APARTMENT NUMBER
CITY STATE ZIP	E-MAIL ADDRESS
HOME PHONE NUMBER	CELL PHONE NUMBER
EMERGENCY CONTACT NAME	RELATIONSHIP TO EMERGENCY CONTACT
EMERGENCY CONTACT PHONE NUMBER	

#### **COVID ATTESTATION**

By checking this box, I attest that I will be fully vaccinated and boosted against Covid-19 if attending any OLLI-related classes or events in-person, and I will adhere to American University's current mask policy. If I need a medical or religious exemption, I will contact the OLLI office.

#### **CHOOSE YOUR LOTTERY SELECTIONS**

#### 1. SELECT whether you want 1, 2, or 3 study groups: 1 2 3 3

2. List up to 12 study groups in priority order. A hybrid class has both in-person and online members. If you want a hybrid class, you must write either "Hybrid In-Person" or "Hybrid Online" as the format, depending on which you prefer. If you wish to attend the class regardless of the format, be sure to list both formats. Please see the sample below in which 148 is a hybrid class and the member wants to attend regardless of format.

Number	Format	Study Group Name	
1. <u>148</u>	Hybrid In-Person	James Madison: Political Theorist and Politician	
2	Hybrid Online	James Madison: Political Theorist and Politician	
3	Online	SIS Foreign Challenges for the Year Ahead	
4. 617	In-Person	The Great French Songbook	
Number	Format	Study Group Name	VOLUNTEER TO BE STUDY GROUP REPRESENTATIVE
			You will be contacted,
			if chosen, as there may
			be multiple volunteers for each study group.
			See page 3 for a list of
5			SGR duties.
6			
7			
8			🗆

Choose your lottery selections for the SPRING SEMESTER by 8:00 AM on February 20.

Continued on other side.

Number	Format	Study Group Name	
9			
10			
11			
12			

#### PAYMENTS

Please make checks payable to **OLLI at AU**. Payment must accompany your form. You can also use a credit card online at: www.olli-dc.org. Financial assistance is available. Contact the OLLI office for information.

\$	\$300: Spring	Semester Membership Fee
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\$	<b>\$270:</b> Spring Semester Membership Fee with AU 10% discount. <b>Please check one of the below.</b>
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Other (Please describe, e.g., "trustee" or "spouse of alumnus") \_\_\_\_

(The names of members using the AU discount are shared with the AU Alumni Office for data-tracking purposes only.)

#### **DIRECTORY LISTING**

Please check the boxes below if you do NOT want your contact information included in our Membership Directory, which is produced as a courtesy to our members and is intended for internal use only.

**DO NOT** include the following in the OLLI Membership Directory.

🗌 My Phone Number 🛛 My Street Address 🗌 My E-mail Address

#### **BECOME A STUDY GROUP LEADER**

Check this box if you are interested in becoming a Study Group Leader at OLLI.
 Topic(s) of interest for leading a study group: \_\_\_\_\_\_
 An OLLI staff member or Curriculum Committee member will contact you shortly. Please visit the website below for more information: https://www.olli-dc.org/become\_an\_instructor

#### VOLUNTEER

If you're interested in volunteering, please let us know by selecting your areas of interest on the volunteer page of the website: https://www.olli-dc.org/get\_involved

Contact the office by email at **olli@american.edu** or by phone at **202-895-4860** if you have any questions or would like more information.

#### **RETURN COMPLETED FORM**

#### MAIL completed form to:

**Osher Lifelong Learning Institute** 4400 Massachusetts Ave. NW Washington, DC 20016

# SCHEDULE OF SPRING STUDY GROUPS

#### When selecting your study groups, be sure to check the class format.

#	STUDY GROUP	LEADER	START	WKS	FORMAT
MON	DAY 9:45 AM				
480	The Ups and Downs of Weather	Brown	3/4	10	Online
596	Comedy—Selected Origins and Highlights	Vorensky	3/4	5	Online
599	Color Theory	Miklitsch	3/4	8	In-Person
622	Memoir Bootcamp	Alter, Friedman	3/4	6	In-Person
655	Greek Tragedy	Parlato	3/4	10	In-Person
741	Slavery and the Growth of the Nation	Stewart	3/4	9	In-Person
805	Meditation Class	Reo	3/4	8	In-Person
MON	DAY 11:45 AM				
240	Hearing Matters	Alden	3/4	8	Online
426	Introduction to Cell Biology	Shaw	3/18	9	In-Person
592	20th-Century Modernist Architects—In Washington and Beyond	Hensler, Garofalo Paterno	3/4	8	Hybrid
630	Little Dorrit is NOT Another Little Nell	Freeman	3/4	8	Online
685	August Wilson's American Century Cycle	Maxwell	3/4	10	Online
707	The Rise and Fall of Napoleon Bonaparte	Coffman	3/4	10	In-Person
838	She Who Must Be Obeyed: Great Mother Goddesses of the World	Croog	3/4	10	In-Person
MON	DAY 1:45 PM				
200	Neuroscience of Conflict	Hull	3/4	8	In-Person
476	Practical Primary Care Medicine	Rubin	3/4	5	In-Person
505	English Composers Bringing Romanticism Into the 20th Century	Flaxman	3/4	10	Hybrid
524	Sound Revolutions—A Brief History of Recorded Sound	Brylawski	3/4	7	In-Person
603	Cours de Lecture et Conversation en Français	Férat	3/4	10	In-Person
631	Understanding Families Through Plays	Lewis	3/4	8	In-Person
671	Shakespeare by Barker—As He Liked It	White	3/4	10	In-Person
TUES	SDAY 9:45 AM				
391	Repercussions From Recent Financial Crises: A Global View	Motyka	3/5	8	In-Person
481	Having Fun with Native Plants	Wilson	3/5	4	Online
501	Beginning/Intermediate Folk Guitar	Siebens	3/5	10	In-Person
646	Poetry Craftshop: Quietings and Arousals—The Poems Of Lucille Clifton and Jane Kenyon	Pierson	3/5	10	In-Person
681	What's New in the Essay	Willens	3/5	8	Online
701	War and Remembrance: Flim	Mulligan	3/5	6	In-Person
831	Mastering Skills of Mindfulness Meditation	J Drobis, S Drobis	3/5	10	Online
TUES	SDAY 11:45 AM				
187	Pivotal US Presidential Elections	Woodward	3/5	10	In-Person
310	Do Only the Rich Have Trusts? Key Strategies Using Trusts in Your Estate Plan	Burton	3/5	4	Online
589	American Colonial and Federal Furniture: 1650–1840	Fitzgerald	3/5	8	In-Person
606	Intermediate German: Building Vocabulary	Cutts	3/5	10	In-Person
677	Emily Dickinson: "Unto [Her] Books So Good to Turn"	Heginbotham	3/5	9	Online
786	A Cinematic Look at America in the Fifties	Thurman	3/5	9	In-Person
790	Off the Beaten Path in the DC Area	Buglass	3/5	10	In-Person

Register online at www.olli-dc.org

#	STUDY GROUP	LEADER	START	WKS	FORMAT
TUES	DAY 1:45 PM				
172	Current Events and Public Policy II	Callet, Porter	3/5	8	In-Person
180	Today's Supreme Court: A Course for Citizens	Hansen	3/5	10	In-Person
260	The Impact of the Great War on Western Culture and the Western Worldview	O'Connor	3/5	10	In-Person
289	Understanding Addiction	Meyer	3/5	8	In-Person
533	Music, Media, and the Counterculture 1950–1980	Pagliasotti	3/5	5	Online
555	The Silent Clowns	Gorsky	3/5	7	In-Person
668	Fiction Writers' Bootcamp	Nash	3/5	9	In-Person
WED	NESDAY 9:45 AM				
147	Artificial Intelligence and Machine Learning	Fruiterman	3/6	7	In-Person
171	Current Events and Public Policy I	Callet, Porter	3/6	8	In-Person
250	TED Talks	Lewis, Mindel, Swan	3/6	9	Online
292	How to Live Healthier, Happier, and Longer in Retirement: 8 Essential Pillars	Bickford	3/6	9	In-Person
386	How Do Banks Lose So Much Money?	Thetford	3/6	8	In-Person
645	After the War, II	Poole	3/6	10	In-Person
715	Jewish History: Patriarchs to Israel	Berman	3/6	8	In-Person
WED	NESDAY 11:45 AM				
212	Race and Sexuality	B Hadden, R Hadden	3/6	8	In-Person
360	US International Trade Crises—You Make the Call	Williamson	3/6	9	Online
517	Music Festivals	Gondelman, OLLI Coordinator	3/6	9	Online
601	Étude de la Culture Quotidienne Française	Spittler	3/6	10	In-Person
613	Latin for Developing Translators	Smith	3/6	10	In-Person
675	Poets on Their Work: Ars Poetica Poems	Pettengill	3/6	8	Online
739	China's Early History	Spendelow	3/6	10	In-Person
788	Fateful Documents	Schwartz	3/6	8	Online
WED	NESDAY 1:45 PM				
252	Exploring Our Hidden Brain: How Emotions and Behaviors Shape Our Decisions	C Weichel, K Weichel	3/20	7	Online
452	Energy and Climate Change	Cheh, Edelstein	3/6	9	Online
550	Washington Color Painters: 1940 to 1990	Keel	3/6	9	In-Person
600	Intermediate Italian	E Evangelista, L Evangelista, Flaxman	3/6	10	In-Person
602	French Conversation Advanced	Farrell, Obadia	3/6	7	Online
724	Manifest Destiny and US Expansion	Belden	3/6	8	In-Person
782	Conflict Resolution, Justice, and Reconciliation	Rotter	3/6	9	In-Person

# **SPRING 2024 LECTURES**

During the spring semester, lectures will be held on Fridays from 1:30–2:30 PM, except when the Annual Meeting is held. Lectures are free and open to the public. Registration is required for in-person lectures. Information about each lecture, including the format, is included on the OLLI website and in our e-newsletter, which is emailed to all members and inquiries every Friday morning.

#	STUDY GROUP	LEADER	START	WKS	FORMAT
	RSDAY 9:45 AM				
156	AU School of International Service—Foreign Policy Challenges for the Year Ahead	Rolnick, OLLI Coordinator	3/7	7	Online
232	Finding Your Family History	Goodman	3/7	8	Online
350	Protecting and Maximizing Your Retirement Income	Hurwitz	3/7	7	Online
615	Deutsch fuer Fortgeschrittene	Caraher	3/7	8	Online
639	Appreciating Children's Picture Books as an Adult	Buglass	3/7	8	Online
700	Florence—City of Science, Political Theory, Economics, Philosophy, and Oh, Yes, Art	Lesser	3/7	10	Online
777	Aviation Trailblazers, Early Non-Stops, and Airlines Flying the Atlantic	Stanton	3/7	7	Online
THU	RSDAY 11:45 AM				
160	Unprecedented Challenges to Public Education: Inequality, Demographics, and Partisan Politics	Blank, Usdan	3/7	7	In-Person
202	Genealogy: Hopping the Pond	LaRossa	3/7	7	Online
444	The Manhattan Project	Read	3/7	10	Online
510	Songs of Sex, Part 2	Gondelman	3/7	10	Hybrid
574	"A Painter Always Paints Himself": A History of Self-Portraits [Part One]	With	3/7	8	In-Person
605	Ponts Culturels	Sandifer	3/7	10	In-Person
621	Enjoying The New Yorker Together	Spurlock	3/7	9	Online
THU	RSDAY 1:45 PM				
137	Church and State Under the Constitution and the Courts	Vamvas	3/7	8	In-Person
403	Water, Water (Isn't) Everywhere	Cotruvo	3/7	8	In-Person
522	The Harlem Renaissance	Stevens, OLLI Coordinator	3/7	8	Online
565	Seeing More, Enjoying More at the Ballet	Bush	3/7	8	In-Person
588	Travels with Xuanzang	Hobbs	3/7	8	Online
FRID	AY 9:45 AM				
163	Grey Zone of Conflict	Jew	3/8	8	Online
441	Technologies That Make Life Better	Rezmovic	3/8	9	In-Person
640	Poems about Paintings	Hendershot	3/8	8	Online
690	Everybody's Protest Novel	Moody	3/8	10	Online
702	The Ancient Mediterranean	Glakas	3/8	10	In-Person
806	Medical Qigong	Reo	3/8	8	In-Person
860	Plotinus, Eriugena, and David of Dinant	Ross	3/8	10	In-Person
FRID	AY 11:45 AM				
162	Democracy and the Politics of Reality	Jew	3/8	10	Online
561	Preserve Your Treasures: Make a Book	Logan	3/8	7	In-Person
598	Film Analysis (Mostly Great Directors)	E King, L King	3/8	10	In-Person
619	Le Polar: Le Genre Policier Francais	Harper	3/8	8	In-Person
648	Science Fiction and Fantasy Writing Workshop	Hiller	3/8	7	In-Person
770	A Brief History of Washington, DC	Somers	3/8	10	In-Person
861	Spinoza	Ross	3/8	10	In-Person

# **SPRING STUDY GROUP DESCRIPTIONS**

# 100 POLITICS, LAW & GOVERNMENT

# **137:** Church and State Under the Constitution and the Courts

PAUL VAMVAS Eight Thursdays (1:45 PM - 3:15 PM) March 07 In-Person

The relationship between politics and religion has been debated since the earliest days of the republic. This class will look at the religion clauses of the First Amendment to the Constitution and how they have been interpreted by the courts since they were ratified. This study group is **NEW**.

Class Format: Lecture and Discussion Reading: No required reading. Recorded: Yes

**Paul Vamvas** retired in 2019 after 20 years with the Federal Judicial Center where he produced educational programs for federal judges. He has a JD degree from the University of Maryland School of Law and an

LLM focused on constitutional law from the Georgetown Law Center.

# 147: Artificial Intelligence and Machine Learning

#### **ERICA FRUITERMAN**

#### Seven Wednesdays (9:45 AM - 11:15 AM) March 06

#### In-Person

This course will address basic questions about how the technology works. We will then examine some of the legal and policy issues raised by AI and machine learning, including:

- How will automation impact the future of work? Are there industry-specific case studies that are particularly promising or disturbing?
- Are we at an inflection point in the development of this technology? What does the history of Al teach us about our current moment?
- Efficacy of current private efforts to litigate against and government efforts to regulate Al technology companies This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** 1 hr/week.

#### Recorded: No

**Erica Fruiterman** is a litigator specializing in antitrust and competition matters. She served as Special Assistant Attorney General to the State of Colorado and helped lead one of the major government

antitrust cases against Google. Prior to joining the legal profession, she pursued a doctorate in English literature at the University of Pennsylvania where she taught undergraduate classes.

### **156:** AU School of International Service— Foreign Policy Challenges for the Year Ahead

#### SUSAN ROLNICK, OLLI COORDINATOR Seven Thursdays (9:45 AM - 11:15 AM) March 07 Online

Professors from American University will explore topics related to foreign policy challenges facing the Biden Administration in the upcoming year. *This study group has a high class size capacity.* This study group is **NEW**.

Class Format: Lecture

Reading: No required reading.

Recorded: Yes

#### The American University School of International Service (SIS)

produces cutting-edge research and prepares the next generation of leaders to address global challenges. SIS enrolls a diverse student body of approximately 3,000 undergraduate and graduate students from throughout the US and more than 150 countries, taught by nearly 120 full-time faculty members.

# **160:** Unprecedented Challenges to Public Education: Inequality, Demographics, and Partisan Politics

#### MARTIN BLANK MICHAEL USDAN Seven Thursdays (11:45 AM - 1:15 PM) March 07

#### In-Person

Public education is now on the front pages of our newspapers and other media. What should children read? What should they learn? What is the role of parents? Should public funds be used at parochial schools? These issues and other issues lead to even larger questions: Is the public education enterprise being lost? Is educating for democracy no longer possible when democracy itself is at risk in today's hyper-partisan environment? Will we have the quantity and quality of teachers we need to educate our children? This course will examine these issues in the context of the basics of how public education is governed and financed, the changing demographics of the student population, and social and economic inequities. This study group is a repeat with revisions. **Class Format:** Lecture and Discussion

**Reading:** No required reading.

#### Recorded: Yes

*Martin Blank* was Director of the Coalition for Community Schools and a consultant on numerous education and social policy issues. Michael Usdan is an educator with experiences as a public school and college teacher, state higher education commissioner, and president of a college, national nonprofit, and city school boards.

# 162: Democracy and the Politics of Reality

#### CAROLYN JEW Ten Fridays (11:45 AM - 1:15 PM) March 08

#### Online

Possible topics for a cross-disciplinary dive into the globalized fragmentation of reality and its impact on democracy include: Misinformation, Science, Journalism and Mediatization; Freedom of Speech in a Digital Society of three Billion Opinionated Citizens; Economic, Lawfare, Ambiguous Forces, and the Erosion of Democratic Governance Over War; Physical vs. Political Realities of Climate Change, National Security; Sovereignty of Cultures, Culture Wars, and Globalization in an Age of Al; Corporatocracy vs. Capitalism; Data Privacy and Getting into Our Heads; Psychology and Politics of Self and Personhood; Everyone's Reality Is Real But So Is Court Evidence; Values and the Common Good for the 21st Century.

This study group is **NEW**.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

#### Recorded: No

**Carolyn Jew** attended Stanford University and the University of Chicago, studying business, philosophy, sociology, and neuroscience. She researches the impact of Artificial Intelligence on business and culture for universities and Fortune 500 companies.

### 163: Grey Zone of Conflict

#### CAROLYN JEW Eight Fridays (9:45 AM - 11:15 AM) March 08

#### Online

When nuclear options are off the table, creative solutions to wage a different type of war, under the still emerging concept of "The Grey Zone of Conflict," are employed. With new technology amplifying age-old strategies, attacks are launched at a speed and a scale not seen in history. We will cover four basic domains, their methods, and the potential impact of this "pre-war" war: information wars, economic wars, lawfare, and ambiguous forces. This will be followed with analyses from strategy and alliances, to unskilled moral actors and their impact on democracy.

This study group is a repeat with revisions. Class Format: Lecture Reading: Less than 1 hr/week. Recorded: No **Carolyn Jew** attended Stanford University and the University of Chicago, studying business, philosophy, sociology, and neuroscience. She researches the impact of Artificial Intelligence on business and culture for universities and Fortune 500 companies.

#### **171:** Current Events and Public Policy I DAVID CALLET JEFFREY PORTER Eight Wednesdays (9:45 AM - 11:15 AM) March 06 In-Person

Jeffrey Porter and David Callet will lead lively discussions and debates on current events and public policy issues, focusing largely, but not exclusively, on politics, law, economics, and foreign affairs. Discussion topics, outlines, suggested readings (if any), and questions will be furnished in advance, and participants are expected to follow the news closely. It is emphasized that this is a discussion class. Thus, participants are expected to take an active role in the conversations. This study group is a repeat with revisions.

#### **Class Format:** Discussion

**Reading:** Less than 1 hr/week.

#### Recorded: Yes

**David Callet** practices product liability and consumer product safety law. He graduated from George Washington University Law School in 1973. After working as a federal government attorney, David was a partner in two DC law firms. In 2015, he established Callet Law, providing comprehensive client representation on all aspects of consumer product safety compliance and educating the product safety community so that they can understand and comply with their product safety obligations.

**Jeffrey Porter** is a graduate of the University of Wisconsin, where he earned both bachelor's and master's degrees. After moving to Washington, DC, he owned his own businesses for nearly 20 years. Following that, Jeff worked in the catering business at Whole Foods on P Street.

# **172:** Current Events and Public Policy II DAVID CALLET JEFFREY PORTER

Eight Tuesdays (1:45 PM - 3:15 PM) March 05

#### In-Person

Jeffrey Porter and David Callet will lead lively discussions and debates on current events and public policy issues, focusing largely, but not exclusively, on politics, law, economics, and foreign affairs. Discussion topics, outlines, suggested readings (if any), and questions will be furnished in advance, and participants are expected to follow the news closely. It is emphasized that this is a discussion class. Thus, participants are expected to take an active role in the conversations. This study group is a repeat with revisions. **Class Format:** Discussion

#### **Reading:** Less than 1 hr/week. **Recorded:** Yes

**David Callet** practices product liability and consumer product safety law. He graduated from George Washington University Law School in 1973. After working as a federal government attorney, David was a partner in two DC law firms. In 2015, he established Callet Law, providing comprehensive client representation on all aspects of consumer product safety compliance and educating the product safety community so that they can understand and comply with their product safety obligations.

**Jeffrey Porter** is a graduate of the University of Wisconsin, where he earned both bachelor's and master's degrees. After moving to Washington, DC, he owned his own businesses for nearly 20 years. Following that, Jeff worked in the catering business at Whole Foods on P Street.

### **180:** Today's Supreme Court: A Course for Citizens

PENNY HANSEN Ten Tuesdays (1:45 PM - 3:15 PM) March 05 In-Person

This study group will explore the important cases and decisions that continue to be made by the Supreme Court under Chief Justice John Roberts. Presentation material and discussion will focus on the major constitutional issues being decided by a clearly activist and divided court on: elections, health care, gun control, diversity, equality, climate change, the environment, religion, and presidential power. We will focus on the historical and political background of these issues and the legal philosophies of the justices, along with the procedural mysteries of this, the least well known of our three branches of government. We will read *The Supreme Court: A Very Short Introduction* by Linda Greenhouse and *The Oath: The Obama White House and the Supreme Court* by Jeffrey Toobin, along with articles on more recent cases and other supplementary material. This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

Reading: 1-2 hrs/week.

Recorded: Yes

**Penelope Hansen** directed numerous programs at the Environmental Protection Agency during its first 30 years, implementing the country's first recycling, hazardous waste, Superfund, acid rain, and technology verification programs. She has devoted much of her retirement to studying the Supreme Court and has given OLLI classes on this and other subjects for the last eight years. She was educated at Skidmore College, Johns Hopkins University, and the Kennedy School at Harvard University.

# 187: Pivotal US Presidential Elections

BILL WOODWARD Ten Tuesdays (11:45 AM - 1:15 PM) March 05

#### In-Person

This course is an exploration of US history through the lens of pivotal presidential elections. Many of our current partisan struggles have their roots in earlier debates about the size and purpose of government, the distribution of wealth, the treatment of women and minorities, immigration, and the US global role. The elections studied will be those of 1800, 1828, 1860, 1876, 1912, 1932, 1980, 2000, and (collectively) 2004–2020. Classes will include an opening presentation of key facts followed by discussion. The goal: expand awareness of our republic's complex heritage while reflecting on the bewildering blend of courage, compassion, hypocrisy, skullduggery, truth-telling, and truth-denying that still shapes our public life. This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** No required reading.

**Recorded:** Yes

**Bill Woodward** has written for—and given (rarely-heeded) advice to—members of Congress, unsuccessful presidential candidates, UN ambassadors, and two US Secretaries of State. He has taught at George Washington University's Elliot School and collaborated on books that include Madeleine Albright's Prague Winter and Fascism: A Warning

# 200 PSYCHOLOGY, SOCIOLOGY, & CULTURE

# **200:** Neuroscience of Conflict

JEANINE HULL Eight Mondays (1:45 PM - 3:15 PM) March 04

#### In-Person

This course will explore the amazing new breakthroughs in understanding the neuroscience of trauma and apply it to the study of conflict. Both trauma and conflict are manifestations of the human threat response, and scientific understanding of that response has vastly deepened in the past 20 years with the introduction of new technologies like fMRIs, CT scans, and PET scans. The SGL will apply this new knowledge to our understanding of conflict, how to productively engage with and manage it, and in particular, identify the benefits that accrue from such engagement. This study group is a repeat with revisions. **Class Format:** Lecture and Discussion **Reading:** 1-2 hrs/week. **Recorded:** Yes

Jeanine Hull, author of the book Making Peace with Conflict: Using

Neuroscience to Ease Difficult Relationships, has been an attorney and mediator for the past 40 years. She has been counsel to a congressional committee, Assistant General Counsel of a Fortune 300 energy company, and partner at Cantor Fitzgerald during her career.

# 202: Genealogy: Hopping the Pond

#### ROBERT LAROSSA Seven Thursdays (11:45 AM - 1:15 PM) March 07

#### Online

Immigration stories are central to American mythology, perhaps best captured in the poem, "The New Colossus", inscribed within the Statue of Liberty. Our ancestors each contributed a patch that together form the American quilt. A guide to discovering your family story involves a common path, working backwards from oral history through census and other documents to discover ancestral homes; then each path diverges. We will illustrate the challenges to be overcome by investigating three 20th-century case studies: a pre-World War I Italian emigration, a Danish emigration between the two great wars, and a post-World War II emigration from Germany. Together they illustrate the adaptability required to find one's roots. This study group is a repeat.

**Class Format:** Lecture and Discussion **Reading:** 1 hr/week.

#### Recorded: Yes

**Bob LaRossa,** a retired DuPont and American Academy of Microbiology Fellow, is interested in American and family history. He trained in molecular biology at Johns Hopkins, Yale, and Stanford Universities. He previously taught Genealogical Fundamentals, Genealogy Computer Lab, and Interpreting Your DNA Results at the OLLI in Wilmington, DE.

#### 212: Race and Sexuality

#### BILL HADDEN RITA HADDEN Eight Wednesdays (11:45 AM - 1:15 PM) March 06

#### In-Person

Provocative and humorous films can sometimes help us learn about rarely discussed subjects. In this study group, we will see key clips of eight highly acclaimed films about race and sexuality. We will discuss what is exposed by these films, and why they matter in shaping our views on these topics. Possible films include: *The Crying Game, Gran Torino, The Wedding Banquet, Green Book, The Hate U Give, American Beauty, Boys Don't Cry,* and *Pushing Hands*. Members will see each week's film before the study group meets, so that we can devote our time to discussion. These films are available through Amazon, Netflix, Kanopy, Hoopla, and YouTube.

This study group is **NEW**. **Class Format:** Discussion **Reading:** No required reading. **Recorded:** No **Bill Hadden** was a medical sociologist with a career at the CDC and NIH.

**Rita Hadden** did management consulting for 40 years, and she was president of the Asian American Forum in Washington. Rita and Bill have lived, worked, and traveled widely around the world. They love OLLI, films, thrive in different cultures, and speak multiple languages.

## 232: Finding Your Family History

#### SUSAN GOODMAN Eight Thursdays (9:45 AM - 11:15 AM) March 07

#### **Online**

This workshop aims to help members begin finding and recording basic genealogy data (birth, death, and census material) using free resources from libraries and archives, as well as the internet. Members discuss user-friendly ways to share what they have found with their own families and others by creating DIY-printed booklets, as well as digital online photo albums, blogs, and audio recordings. Membership to Ancestry.com is suggested although not required. Members may opt to give the SGL access to their family trees for help during class and by email after the end of the course.

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

#### Recorded: Yes

**Susan Goodman** has been doing genealogy research as a hobby for 20 years. Before she retired, she worked as a journalist in print and radio, contributing features to NPR programs and news reports for WAMU.

### 240: Hearing Matters

#### JUDY ALDEN

Eight Mondays (11:45 AM - 1:15 PM) March 04

#### **Online**

Does hearing loss compromise your quality of life or that of a friend or loved one? We discuss hearing health and loss with a focus on communications accessibility and well-being. The National Institute on Deafness and Other Communications Disorders (NIDCD) reports 33% of those 65-74 years old and 50% of those 75-plus years old have difficulty hearing. Treating hearing problems early is important for cognitive health, making it a public health concern for all, according to the National Academy of Sciences. Too often, people with hearing loss become unnecessarily isolated. Rapidly emerging technology provides options for communications accessibility. Join us to learn about resources and communications strategies to improve quality of life with hearing loss! This study group is a repeat with revisions. **Class Format:** Lecture and Discussion **Reading:** Less than 1 hr/week. Recorded: Yes

Judy Alden has severe, genetic and age-related hearing loss, and she

uses bilateral-power hearing aids. She is President of the Hearing Loss Association of America, DC Chapter. She is a cohort with the Network of Consumer Hearing Assistive Technology Trainers. Judy's passion is to support those with hearing loss. She has a BS, MA, and MBA and is a former American University Kogod School of Business adjunct lecturer.

### 250: TED Talks

LYNN LEWIS CAROLINE MINDEL DIANE SWAN Nine Wednesdays (9:45 AM - 11:15 AM) March 06 Online

This course features TED Talk speakers who share their cutting-edge work across diverse fields; in short, their ideas are worth spreading. This course focuses on TED Talks spanning a wide range of issues, from personal growth and aging, to health and science, to society, community, and more. During our highly interactive sessions, we will view and discuss two talks weekly. Participants are welcome to preview the talks beforehand, but it isn't necessary as they will be viewed during class. Individual volunteers will be asked to prepare a brief background and discussion points for each presenter. Note that while the class format is a repeat, the talks are new each semester. This study group is a repeat with revisions.

**Class Format:** Discussion

**Reading:** No required reading.

#### Recorded: No

**Caroline Mindel** has a BA and an MSW from the University of Pennsylvania. She founded Mindel Management, Inc., a propertymanagement business in DC.

**Diane Swan** taught English, worked as a Defense Department analyst, and developed training courses for various federal agencies. **Lynn Lewis** has a BA from the University of Michigan and an MA in journalism from Ohio State University. She has been a writer and editor for more than four decades.

# **252:** Exploring Our Hidden Brain: How Emotions and Behaviors Shape Our Decisions

CARL WEICHEL KIM WEICHEL Seven Wednesdays (1:45 PM - 3:15 PM) March 20 Online

In this course we'll explore topics ranging from the history, theories, and science of emotions; our roles for social conformity and inner perspectives of our prejudices. Data-driven research has shown that most human decisions are triggered unconsciously through over 135 emotions, from falling in love to following a career path, even cultures going to war. The book and NPR radio series "The Hidden Brain" by Shankar Vedantam draw intriguing arcs from social psychology to our embedded cultural norms. During class, we listen to podcasts, view video clips, review weekly readings, research methods, and then engage in interactive discussions. A comprehensive study guide is sent with suggested weekly readings. This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

Recorded: Yes

*Carl Weichel* has held various positions internationally in marketing, design, and advertising.

*Kim Weichel* is a social entrepreneur and nonprofit leader in the fields of women's leadership, cross-cultural dialogue, citizen diplomacy, and peacebuilding, and is a published author.

# **260:** The Impact of the Great War on Western Culture and the Western Worldview

CHARLES O'CONNOR Ten Tuesdays (1:45 PM - 3:15 PM) March 05

#### In-Person

Intellectual and cultural historians generally consider World War I the turning point in modern Western civilization. This disastrous war shattered Enlightenment confidence in human reason, exposed the 19th-century myth of inevitable progress, challenged traditional belief in a divinely ordered universe, and fostered a postwar cosmic pessimism and materialist cosmology. To understand the war's effect on Western culture, we will compare prewar and postwar philosophy, theology, literature, art, and music, focusing on the evolving Western view of reality. We will end with a discussion of the continuing influence of the war on Western culture and cosmology. This study group is a repeat with revisions.

This study group is a repeat with revision:

**Class Format:** Lecture and Discussion

Reading: 1-2 hrs/week.

Recorded: Yes

After more than 40 years of environmental law practice, **Charles O'Connor** earned a Doctor of Liberal Studies from Georgetown, focusing on modern Western culture, including the cultural impact of World War I. He has served as a lecturer in the Georgetown Graduate Liberal Studies Program and has taught at OLLI since 2014.

### 289: Understanding Addiction

ROGER MEYER Eight Tuesdays (1:45 PM - 3:15 PM) March 05

#### In-Person

This course will focus on the past, present, and possible future of drug/alcohol addiction. It will include:

• A brief history of addiction and its consequences from ancient times to the present;

- Review of the neurobiological, genetic, political, and socioeconomic factors that contribute to the risk of drug and alcohol use and addiction;
- Successful and failed national community and personal efforts to address drug and alcohol use and addiction;
- Extant approaches to the treatment of alcohol and opioid dependence;
- Segments of films that highlight problems with alcohol, opioid, and other substance use disorders;
- Federal policies affecting drug epidemics, and a conversation with the first White House Drug Czar;
- A promising approach to prevention of substance use among young people; and
- Personal testimony from members of Alcoholics Anonymous This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

#### Recorded: No

Commencing at the National Institute of Health, **Roger Meyer** has had a long career in academic medicine, leading NIH-funded clinical research on cannabis in heavy and casual smokers at Harvard University, on opioid addiction at Harvard University and Pennsylvania State, and on alcoholism at the University of Connecticut, where he also served as Chair of Psychiatry. Roger also served as consultant to three White House Offices on addiction.

# **292:** How to Live Healthier, Happier, and Longer in Retirement: 8 Essential Pillars

#### **BRAD BICKFORD**

#### Nine Wednesdays (9:45 AM - 11:15 AM) March 06

#### In-Person

Do you want to live longer and experience life to its fullest? Do you want to have more energy and find fulfillment in retirement? First, we will discuss how/when/if one is ready to retire. Then you will learn what research has found about some of the key pillars to health, happiness, and longevity like exercise, a healthy diet, sleep, and socializing, and how these pillars and others will directly impact your brain to prevent or slow down the onset of dementia, depression/ anxiety, or high blood pressure. We will also discuss if there's sex in retirement, how being spiritual helps us, and some psychological/ emotional tools that can make us feel happier. Class members will learn some key communication skills to enhance family and personal relationships. We will have fun in class and use exercises, lectures, TED talks, and discussion to enhance learning. Hopefully you will laugh some and leave with a sense of enlightenment. This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

Recorded: Yes

Brad Bickford is a semi-retired therapist and grandpa who has studied

*improv, stand-up comedy, and the hammer dulcimer. He has taught classes in healthy living, sex education, grief work, and fly fishing. Brad enjoys playing pickleball, gardening, painting, and carpentry. He volunteers with EcoAction of Arlington, Sierra Club, and Widowed Persons Outreach at Sibley hospital.* 

# 300 ECONOMICS & PERSONAL FINANCE

#### **310:** Do Only the Rich Have Trusts? Key Strategies Using Trusts in Your Estate Plan

#### JOHN BURTON Four Tuesdays (11:45 AM - 1:15 PM) March 05 Online

Trusts are not just for the wealthy; trusts can handle any estate more efficiently than relying on a last will and testament alone. This course surveys the basics of implementing trusts and the new planning opportunities trusts can provide you in your own estate plan. Several topics will be covered: What is the difference between revocable and irrevocable trusts? Can trusts protect an estate against the costs of probate, state and federal estate taxes, creditor claims, and lawsuits? Do trusts protect you financially should you ever need nursing home care in the future? How do trusts impact wills, powers of attorney, real estate, investments, retirement accounts, and other assets? How does the field of elder law impact the use of trusts? **OLLI does not permit solicitation, marketing, or selling of financial products as part of this study group, and does not endorse particular products or financial advice from SGLs.** 

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

**Reading:** No required reading.

Recorded: Yes

**John S. Burton**, Esq., CEP, TEP, practices in the areas of estate planning, asset protection, business, and elder law. He is a Certified Estate Planner (CEP) and a Trust and Estate Practitioner (TEP). John is admitted to practice law in the Commonwealth of VA, US Federal Courts within the Fourth Circuit, and the US Tax Court.

# **350:** Protecting and Maximizing Your Retirement Income

#### DAVID HURWITZ Seven Thursdays (9:45 AM - 11:15 AM) March 07 Online

nline

During this study group, members will learn how to set up a retirement-income stream consistent with their retirement goals, understand tax treatments with their investment objectives, and

Register online at www.olli-dc.org

plan for inflation, economic challenges, and a potentially long retirement. Sessions will include insights on estate planning, tax planning, long-term care, social security planning, and how to utilize various investment vehicles. **OLLI does not permit solicitation, marketing, or selling of financial products as part of this study group, and does not endorse particular products or financial advice from SGLs.** 

This study group is a repeat with revisions. **Class Format:** Lecture and Discussion **Reading:** No required reading.

#### Recorded: No

**David Hurwitz** is a Certified Financial Planner Practitioner<sup>™</sup> as well as a Chartered Retirement Planning Counselor<sup>®</sup>, Chartered Retirement Plan Specialist<sup>®</sup>, Retirement Income Certified Professional<sup>®</sup>, and Accredited Portfolio Management Advisor<sup>®</sup>. David has been named "Best Financial Advisor" by the readers of Bethesda Magazine.

#### **360:** US International Trade Crises— You Make the Call

#### IRVING WILLIAMSON Nine Wednesdays (11:45 AM - 1:15 PM) March 06 Online

International trade is still important to the US economy, but many Americans believe that trade and trade agreements have hurt the economy and workers. In recent years, US decision-makers have faced a series of difficult trade cases, controversial trade agreements, and threats to US competitiveness from Chinese policies and companies. Many of the decisions have affected our everyday lives. This course will ask members to put themselves in the shoes of US decision-makers and decide how they would rule in some difficult cases, act on some controversial trade agreements, and respond to Chinese trade initiatives. Before addressing each issue, there will be a lecture reviewing the relevant US trade laws, World Trade Organization (WTO) agreements, and the conditions of competition in affected industries. The course does not require a prior knowledge of international trade.

This study group is a repeat with revisions. **Class Format:** Lecture and Discussion

Reading: Less than 1 hr/week.

#### Recorded: Yes

**Irving Williamson** has over 50 years of experience in the international affairs and trade policy fields. He was a Commissioner on the US International Trade Commission (USITC) for 12 years and served as Chairman for two and half years. He has worked on trade capacity building projects in Africa, the Middle East, the Caribbean, and Asia and has conducted training courses and advised countries on World Trade Organization (WTO) accession, compliance, and participation. He has been a trade policy manager for the Port Authority of New York and New Jersey and a Foreign Service Officer with the US Department of State for 18 years.

# 386: How Do Banks Lose So Much Money?

#### JAMES THETFORD

Eight Wednesdays (9:45 AM - 11:15 AM) March 06

#### **In-Person**

This course will cover the following topics: common themes and general observations as to why bank losses happen so frequently; brief evolution of the US banking system and its regulation; summary of the many risks that confront banks; recent systemic risks, including a brief discussion of securitization, which includes the 2007–2008 crisis; self inflicted wounds (with examples); the most interesting major losses, including Silicon Valley Bank; and other major bank risks.

This study group is a repeat.

**Class Format:** Lecture and Discussion

Reading: No required reading.

#### Recorded: Yes

James Thetford received a BA from the University of Illinois, and an MBA from Harvard Business School. He worked with Chase Manhattan Bank (Hong Kong covering Asia), with Sumitomo Bank (based in London as Regional Manager for Europe, the Middle East, and Africa), and was Managing Director for banks in Riyadh and Bahrain. He also taught finance at universities.

# **391:** Repercussions From Recent Financial Crises: A Global View

#### ROBERT MOTYKA Eight Tuesdays (9:45 AM - 11:15 AM) March 05

#### In-Person

How did two global crises (The Global Financial Crisis and Covid-19) transform national economies, financial markets, and industry sectors? This study group will explore how these crises either accelerated underlying trends, such as growing inequality, the rise of the non-bank sector, and debt accumulation (both personal and national) or halted others, such as globalization. We will use case studies, lecture notes, and recommended literature to explore the consolidation of the banking industry and the rise of the global non-bank sector. We will use case studies on countries and regions: lceland, Ireland, Euroland (particularly Greece), Japan, and China, to discuss the future of globalization and financialization.

#### This study group is **NEW**.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

#### Recorded: Yes

**Robert Motyka** has experience in the financial sector as both a bank regulator (Federal Reserve Board from 1988–1997, and from 2009 until retirement in 2021) and as a global investment banker (1997–2008) working in London, Connecticut, and New York. He has a keen interest in geopolitical and financial contemporary issues.

# 400 STEM: SCIENCE, TECHNOLOGY, ENGINEERING & MATH

# **403:** Water, Water (Isn't) Everywhere JOSEPH COTRUVO

Eight Thursdays (1:45 PM - 3:15 PM) March 07

#### In-Person

Water is necessary for all life and is essential for economic progress and survival of the world's people. Sometimes there isn't a drop to drink or it is too contaminated to drink. This course will describe issues and results providing safe water in the developed and developing world, as well as Washington-area drinking water. The course will describe water's origin and accessibility, causes of reported worldwide water shortages, water quality, and public health. We will also discuss: how the quality of drinking water and ambient water is regulated; the federal, state, and local responsibilities and breakdowns; comparisons between public drinking water, bottled water, and home-treated water; and recent issues such as lead in Flint Michigan and Jackson Mississippi; PFAS in water and foods; and Chromium +6 (Erin Brokovich), among other topics.

This study group is a repeat.

Class Format: Lecture and Discussion Reading: Less than 1 hr/week.

#### Recorded: Yes

Joseph Cotruvo was the first Director of EPA's Drinking Water Standards Division after passage of the Safe Drinking Water Act and Director of EPA's Toxics Risk Assessment Division. He is an international consultant on water, the environment, and public health. He holds a PhD in physical organic chemistry and is board-certified in environmental science. He serves on the World Health Organization's Drinking Water Guidelines Committee.

### 426: Introduction to Cell Biology

#### MARJORIE SHAW Nine Mondays (11:45 AM - 1:15 PM) March 18 In-Person

This course is a simple introduction to cell structure and function, describing cell components with a minimum of biochemistry. There is no need for a biology background. *This study group has a high* 

#### class size capacity

This study group is a repeat with revisions. **Class Format:** Lecture **Reading:** No required reading. **Recorded:** Yes *Marjorie Shaw* has a PhD in anatomy, which includes the anatomical science of histology (cell and tissue structure and function). She has retired from teaching anatomical sciences at Howard University College of Medicine, and still teaches a summer course for graduate nurses at Uniformed Services University.

#### **441:** Technologies That Make Life Better VICTOR REZMOVIC Nine Fridays (9:45 AM - 11:15 AM) March 08 In-Person

Technological innovation has been moving at a rapid pace. We often use older technologies even when a newer device or application might have more features and cost less. The landline is a good example of a device that can be replaced by Voice over Internet Protocol at substantial savings while retaining our old phone number. We will review many of today's innovations that may not be widely known such as mesh Wi-Fi solutions; the newest cellular options to provide whole house Internet; devices such as cameras and doorbells; cloud applications including private clouds, streaming TV, and music; and the newest recommendations for staying safe online. We will also provide an introduction to practical uses of AI.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

#### Recorded: Yes

**Victor Rezmovic,** PhD, is a technology educator who has spent the last 30 years in academic, corporate, and government settings. He was a faculty member at the University of Illinois and he trained network administrators at the Department of Justice. He currently teaches cyber security at Montgomery College.

# **444:** The Manhattan Project JACQUES READ

Ten Thursdays (11:45 AM - 1:15 PM) March 07 Online

In August 1942, Colonel Kenneth Nichols of the Army Corps of Engineers left his office and walked down Broadway to the last office of a Belgian chemical company that owned a disused uranium mine in Africa. There he obtained the ownership of 1,250 tons of uranium oxide in a warehouse in Staten Island and the rights to reopen the African mine; at that time the only sources of uranium not under Nazi control. These he paid for with a purchase order from the corps' Manhattan Engineer District (MED). Over the next three years, billions of dollars of equipment of every imaginable kind would bear a metal MED tag. This course will discuss what the Manhattan Engineer Division did with that uranium. This study group is **NEW**.

Class Format: Lecture and Discussion Reading: 1-2 hrs/week. Recorded: Yes Jacques Read has taught at Fairleigh Dickinson and the University of California, performed research at Oak Ridge and Lawrence Livermore National Laboratories, and been employed by the Atomic Energy Commission, the Nuclear Regulatory Commission, and the Department of Energy. He has been a Study Group Leader since 2013.

#### **452:** Energy and Climate Change **ALBERT CHEH RON EDELSTEIN** Nine Wednesdays (1:45 PM - 3:15 PM) March 06

#### **Online**

We begin with why global temperature rise needs to be kept below 1.5°C by the end of this century. Achieving that will require a massive shift from fossil fuels to non-carbon-emitting renewable energy, plus substantial gains in energy efficiency. We will examine the status and future prospects of solar, wind, biomass, geothermal, ocean, and nuclear technologies, including any dependence on critical materials and energy storage. We also will explore means of reducing energy consumption in industrial processes, buildings, and transportation. We will briefly discuss geoengineering and simulate the future with the En-ROADS climate model. No scientific background is required. This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

Reading: No required reading.

#### Recorded: Yes

**Albert Cheh** has a BA in chemistry from Columbia and a PhD in biochemistry from the University of California at Berkeley. He retired as Professor Emeritus in environmental science and in chemistry at American University in 2017 and continues to teach sustainable energy to mostly non-science majors.

Ron Edelstein has almost 50 years of experience as an engineer, first at Pratt & Whitney working on aircraft engines, then as a consultant for the Department of Energy, and then in senior R&D positions at the Solar Energy Research Institute and the Gas Research Institute. Ron in his retirement is a "climate ambassador" for the Climate Interactive En-ROADS climate simulation model. Ron has three engineering degrees: aerospace engineering, engineering science: solid mechanics, and engineering science: environmental science and technology.

### **476:** Practical Primary Care Medicine

#### **ARTHUR RUBIN** Five Mondays (1:45 PM - 3:15 PM) March 04 In-Person

This course will share some practical aspects and approaches to primary care medicine through sharing the SGL's experiences as a primary care physician and administrator. We will discuss some medical coverage and physician selection issues as well as some changes that have come about in health care delivery. Some simple cases will be presented and worked through with the group in order to convey an approach to diagnosing and treating a presenting medical complaint. The course will be participatory, educational, and fun. Physicians and health professionals should not take this course as it would likely be redundant to their knowledge base. This study group is **NEW**.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

#### Recorded: Yes

**Arthur Rubin** grew up in New Jersey and attended University of Pennsylvania undergraduate and Georgetown Medical School and George Washington Internal Medicine program. He practiced primary care medicine in Arlington and Fairfax counties for 38 years. He was also extensively involved in the formation and management of medical groups, IPAs, PPOs, and HMOs.

#### 480: The Ups and Downs of Weather **PAUL BROWN** Ten Mondays (9:45 AM - 11:15 AM) March 04

#### **Online**

This is a beginner's guide to weather and climate, for which at least a rudimentary familiarity with science will be helpful, but not required. The first half of the course will focus on the principal elements that underlie weather—heat, wind, and water—and the second half will show how they interact to produce the major types of bad weather: frontal storms, thunderstorms, supercells, tornadoes, derechos, and hurricanes. The course will conclude with single sessions devoted to the environment (especially global warming) and to atmospheric optics (blue sky, rainbows, halos, auroras, etc.). A profusely illustrated booklet created for the course can be purchased from Amazon for *\$36, and is highly recommended both as a quide to the lectures and* as a useful work of reference. Class members will be instructed how to purchase the booklet in advance of the first class. This study group is a repeat.

**Class Format:** Appreciation

Reading: 1-2 hrs/week.

#### Recorded: Yes

Paul Brown is a Harvard College- and Johns Hopkins-trained MD with an NIH research career focused on transmissible dementia. He has had a mini-career as meteorology instructor to both college students (Montgomery College and Berea College) and adults (including OLLI) since his retirement in 2004.

#### 481: Having Fun with Native Plants **SHARI WILSON** Four Tuesdays (9:45 AM - 11:15 AM) March 05

#### **Online**

Native plants are the food insects and birds living here in the Chesapeake watershed need. Native plants are already adapted to our climate, soils, and ecosystems, don't require fertilizer or other controls (translation: less work), and are just beautiful. You'll see more insects, butterflies, and birds the more native plants you use! We will talk about the whys of native plants, how to get started, the wide array of plant choices, and different design styles. Whether you garden on a balcony, a community plot, or a large estate, you will leave this study group with a plan for adding native plants to your garden space. **This** 

study group has a high class size capacity.

This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** No required reading.

#### Recorded: Yes

**Shari Wilson** is a self-taught gardener who loves native plants and authors the blog and website "Nuts for Natives." Shari has worked in environmental policy and management at the local, state, and federal level and served as Maryland's Secretary of Environment. She is currently the interim Executive Director of a small nonprofit.

# 500 MUSIC & VISUAL ARTS

# **501:** Beginning/Intermediate Folk Guitar

Ten Tuesdays (9:45 AM - 11:15 AM) March 05

#### In-Person

Do you have a guitar lying around that you've been meaning to learn to play but have never gotten around to it? Did you play guitar years ago, but would like a refresher course? This course is an introduction to folk guitar, i.e., learning to play chords, mainly to accompany singing (as opposed to classical guitar which involves reading music). Class members are learning a skill, so they should practice at least an hour a week. Please think about a few songs that you would like to learn.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

Reading: 1-2 hrs/week.

#### Recorded: No

**Art Siebens** has been playing the guitar and writing songs since college. He taught biology, mainly Advanced Placement, at Woodrow Wilson (now Jackson-Reed) High School in DC. As "Dr. Art the Singing Scientist," he modified lyrics to popular songs (e.g., Beatles, Motown) to teach key concepts. He has a PhD in human physiology.

# **505:** English Composers Bringing Romanticism Into the 20th Century

# DAVID FLAXMAN

Ten Mondays (1:45 PM - 3:15 PM) March 04 Hybrid

We continue our exploration of the great composers. This semester, having just talked about the early days of Romanticism in the

19th century, we will study the great English composers who brought Romanticism into the 20th and then helped to evolve it into something new and different. To that end, we will look at Edward Elgar, Gustav Holst, Ralph Vaughan Williams, and Benjamin Britten. Consistent with the many predecessors to this class, we will take some time on the biographies of the composers, consider their epochs, listen to many musical excerpts typically in videos of performances, and dip lightly into music theory at times. **This study** 

group has a high class size capacity.

This study group is **NEW**. **Class Format:** Appreciation **Reading:** No required reading. **Recorded:** Yes

**David Flaxman** is a popular OLLI instructor of music and Italian. He is a musician, computer scientist, and linguist. He currently performs with the Washington Douglass Chorale, the City Choir of Washington, the Georgetown Chorale, and the Choral Arts Society of Washington.

# 510: Songs of Sex, Part 2

#### LARRY GONDELMAN Ten Thursdays (11:45 AM - 1:15 PM) March 07

#### Hybrid

This class is a follow-up to a prior class—Songs of Sex, Drugs and Rock 'n' Roll. Each week will focus on songs about one topic. The topics to be explored are: the universe, the soul, the future, war and peace, America, oceans and rivers, murder, breakups, family and friends, and happiness. (Sex was covered last time. It was included in the title to catch your attention). Artists to be covered include: The Righteous Brothers, Sam and Dave, Santana, The Doors, Laura Nyro, Buffalo Springfield, David Bowie, The Beatles, Neil Young, Bruce Springsteen, Sam Cooke, Cat Stevens, Bob Dylan, The Impressions, The Band, Paul Simon, The Beach Boys, Chuck Berry, Dion, Donovan, Otis Redding, The Kingston Trio, and many more. *This study group* 

has a high class size capacity.

This study group is **NEW**. **Class Format:** Appreciation **Reading:** No required reading.

#### Recorded: Yes

*Larry Gondelman* has loved rock 'n' roll his whole life. He has previously led the study groups: A History of Rock 'n' Roll; Iconic Albums; Songs of Sex, Drugs and Rock 'n' Roll; Cover Me: Tales of Songwriters and Their Songs; Black Godmothers of Rock 'n' Roll; A Look at Lyrics; and Deeper Dive Into Lesser Knowns.

### **517:** Music Festivals

LARRY GONDELMAN, OLLI COORDINATOR Nine Wednesdays (11:45 AM - 1:15 PM) March 06 Online Music festivals are magical. The problem is that festivals don't have seats, can be very crowded, and the weather is unpredictable. Come experience some of the most iconic festivals from the comfort of your own home. Each week, a different presenter will talk about a particular festival. Some of the classes will focus on a particular year's festival (1965 Newport Folk Festival, 1967 Monterey International Pop Festival, 1969 Summer of Soul, 1971 Concert for Bangladesh, 2022 and 2023 Monterey Jazz Festival) while others will give an overview of a festival (Newport Jazz Festival, Montreux Jazz Festival, Glastonbury Festival). In addition, one class will cover 1976's The Last Waltz, the final concert by The Band. *This study group has a high class size capacity.* 

This study group is **NEW**. **Class Format:** Appreciation **Reading:** No required reading. **Recorded:** Yes

Marcia Clemmit, Garey Eakes, Keary Kincannon, Mark Stevens, Larry Gondelman, and Robert Seasonwein presented in the spring 2023 class, And The Grammy Goes To. Kimberly Weichel has previously taught classes at OLLI at AU as well.

# 522: The Harlem Renaissance

#### MARK STEVENS, OLLI COORDINATOR Eight Thursdays (1:45 PM - 3:15 PM) March 07

#### Online

Join us as we take a comprehensive look at the Harlem Renaissance, one of the most creative and influential movements in African American history. Centered in Harlem and spanning the 1920s and 1930s, the renaissance introduced African American literature, music, dance, art, fashion, theater, and politics to the world. You will learn about Harlem Renaissance greats, such as writer Zora Neal Hurston, poet Langston Hughes, jazz musician Louis Armstrong, actor Paul Robeson, singer/actress Ethel Waters, artist Aaron Douglas, activist leader Marcus Garvey, and many others. Each class will be led by a different presenter who has a special interest in a particular category of the renaissance. This group effort will make for a wide variety of informative and entertaining classes. *This study group has a high* 

*class size capacity.* This study group is **NEW**. **Class Format:** Appreciation **Reading:** No required reading.

Recorded: Yes

Presenters include Shelley Brody, Marcia Clemmit, Fran Grigsby, Eleanor Heginbotham, Mark Stevens, Dan Moskowitz, Karen Stewart, and a Professor of Art History guest lecturer.

# **524:** Sound Revolutions—A Brief History of Recorded Sound

SAMUEL BRYLAWSKI Seven Mondays (1:45 PM - 3:15 PM) March 04

#### In-Person

The course will review the history of commercial sound recording, with emphasis on music recorded in the pre-rock era and the intersections of commerce, technology, and art. Among the specific topics to be explored: the birth of commercial recording (arguably, centered in Washington); maturation of the medium in the acoustic (pre-microphone) era; copyright; the musicians union; the influence of radio and the movies; jazz, blues, folk, classical, and ethnic music on record; and the ongoing transformation of all aspects of sound recording brought about by digital technologies. The course will include audition and discussion of recordings contributed or suggested by class members.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

Reading: No required reading.

Recorded: Yes

**Sam Brylawski** is the retired head of the Library of Congress Recorded Sound Section. He is the founding editor of the University of California, Santa Barbara, Discography of American Historical Recordings.

# **533:** Music, Media, and the Counterculture 1950–1980

JAMES PAGLIASOTTI Five Tuesdays (1:45 PM - 3:15 PM) March 05

#### Online

This class examines music, media, and culture at a time of profound social upheaval. The intersection where they met in postwar America was pivotal and the effect they had on each other was unprecedented and altered them in ways that still impact society today. At its core is a classic struggle between art and commerce, innovation and orthodoxy, and freedom and control. And it's only rock 'n' roll. With a mix of lecture, audio-visual, music, and discussion, we study why it's a story worth remembering and retelling through our personal narrative of the time. *This study group has a high class size capacity.* 

This study group is **NEW**.

**Class Format:** Lecture

**Reading:** No required reading.

Recorded: Yes

*James Pagliasotti* was the first rock 'n' roll columnist for The Denver Post, where he covered music and the counterculture from 1968–1974. He worked on-air for two freeform radio stations, has written for Rolling Stone magazine and numerous other publications, created the website www.radicalradio.media, and is the author of three books.

## 550: Washington Color Painters: 1940 to 1990

#### **ERICH KEEL**

#### Nine Wednesdays (1:45 PM - 3:15 PM) March 06

#### In-Person

The nation's capital entered international art dictionaries when the Washington Gallery of Modern Art opened an exhibition on June 25, 1965 featuring six artists, Kenneth Noland, Morris Louis, Gene Davis, Howard Mehring, Thomas Downing, and Paul Reed. It named the group show "Washington Color Painters." In this course, we will trace the origins of this group, discuss its breakthrough in the Sixties, and include Washington artists such as Sam Gilliam, Alma Thomas, and Anne Truitt who made significant contributions to the exploration of color but were, for various reasons, not included in the legendary show of 1965. We will also look at critical writings that gave the "movement" theoretical gravitas.

This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** 1 hr/week.

#### Recorded: No

Born and raised in Zurich, Switzerland, **Erich Keel** served as the Kreeger Museum's Head of Education from 1999 to 2013. He graduated from Emory University with a dissertation on critical theory. His current studies focus on selected themes in European and US art history, including symbolism, color theory, and abstraction.

### 555: The Silent Clowns

JEFFREY GORSKY

Seven Tuesdays (1:45 PM - 3:15 PM) March 05

#### In-Person

This course covers the careers of the great comedians of the silent film era—Charlie Chaplin, Buster Keaton, Harold Lloyd, Harry Langdon, and Laurel and Hardy, illustrated by clips from their greatest short and feature films. Films covered include Chaplin's *The Gold Rush*, Keaton's *Sherlock Jr.* and *The General*, and Lloyd's *Safety Last* and *The Freshman*.

This study group is **NEW**. **Class Format:** Appreciation **Reading:** No required reading. **Recorded:** Yes

**Jeffrey Gorsky** is a lifetime silent film buff. Alex Trebek once told him his wife let him watch too many movies. He is the author of Exiles in Sepharad: The Jewish Millennium in Spain and has taught many classes at OLLI on the history of the Jews of Spain. He is a retired diplomat and immigration lawyer.

### 561: Preserve Your Treasures: Make a Book

#### **BEVERLY LOGAN**

Seven Fridays (11:45 AM - 1:15 PM) March 08

#### **In-Person**

Look around you. You have stuff. Treasured items that together tell the story of your life: heirlooms, gifts, travel souvenirs, photos, recipes. Ever wonder what will happen to these treasures someday? Who will want them? Your loved ones are collecting their own treasures. Here's a solution: self-publish a book in which you photograph and tell the stories of the things you love. In this class you will learn how to photograph your items like a professional, write stories or captions about them, and produce a coffee-table book that may live on for generations. Indeed, the book may even be more appreciated than a houseful of stuff. Participants should be comfortable using a camera or smart phone and a laptop. No other technical skills are required. Self-publishing will cost between \$35 and \$100 depending on number of pages, cover, and paper quality. This study group is **NEW**.

Class Format: Appreciation Reading: No required reading. Recorded: No

Recorded: No

**Beverly Logan** has been an award-winning photographer for over 40 years and received her MFA from Bard College in 2020. Prior to the shutdown from Covid, Beverly taught the "Make a Book" course at the 92nd Street Y in New York City. In addition to this course, she teaches photography using smart phones.

# **565:** Seeing More, Enjoying More at the Ballet **ILSA BUSH**

Eight Thursdays (1:45 PM - 3:15 PM) March 07

#### In-Person

This class will enrich your experience of watching ballet and dance in general. We will view many videos and photographic materials to demonstrate information given in the lectures. The course will present the history of ballet and its defining features including technique, use of pattern, musical accompaniment, storytelling, character development, and stagecraft. We will look at the changes in ballet over time and the connections between traditional and contemporary ballet that has absorbed elements of modern dance, hip hop, and other dance forms. The class will include time for discussion and encourage participants to enhance the discussion with their knowledge of dance, history, or other art forms. This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

#### Recorded: No

**Ilsa Bush,** a retired lawyer, received teaching credentials from American Ballet Theatre's teacher training program, taught ballet

technique and dance history at DC area universities and studios for 20 years, worked for dance history preservation with Dance Heritage Coalition, and assisted dance organizations with funding proposals.

## **574:** "A Painter Always Paints Himself": A History of Self-Portraits [Part One]

#### CHRIS WITH Eight Thursdays (11:45 AM - 1:15 PM) March 07

#### In-Person

This platitude originated in the 14th century. If it has any validity, it certainly does for self-portraits. Portraits have been created since ancient times. But, self-portraits only became common during the Renaissance. The first dedicated collection of self-portraits was formed by Cardinal Leopoldo de Medici (1617–1675) beginning in 1664. At his death, he owned 79 self-portraits. Each class will focus on one self-portrait. The work will be discussed; the artist's biography elucidated; the works relevance contextualized; and, its inference for future generations speculated. Part one will cover the 14th through the 17th centuries. Part two will bring the discussion up to the present day.

This study group is **NEW**.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

Recorded: Yes

*Christopher With* worked in the Education Department of the National Gallery of Art for 32 years. He received his PhD from UCLA in modern European history.

# 588: Travels with Xuanzang

#### DELRIE HOBBS Eight Thursdays (1:45 PM - 3:15 PM) March 07 Online

Monk, traveler, diplomat, scholar, translator. Xuanzang was a seventh-century Chinese Buddhist monk who undertook a 17-year journey from China to India and back. His purpose was to study Buddhism firsthand in India and gather sutras for translation; however, he has left a lasting legacy beyond his contributions to Buddhist study in China. Historians have relied on his astute observations and descriptions of the various kingdoms he passed through on his 10,000-mile journey. Others have romanticized his travels in movies and books such as *Journey to the West*. We will trace his footsteps from Tang Dynasty China to India and back, along the famed Silk Roads, examining the cultures he encountered. We'll discuss the impact of Buddhism as it spread from India to China and delve into the development of the Buddha image. *This study group has a high class size capacity*.

This study group is a repeat with revisions. **Class Format:** Lecture

#### Reading: No required reading. Recorded: Yes

**Delrie L. Hobbs** has been teaching at OLLI at California State University at Long Beach since 2015. She is an Emeritus Docent at Smithsonian's National Museum of Asian Art (active docent 1999–2014) and an Adjunct Faculty member at Anne Arundel Community College in Maryland. She has an MA in Asian art from the University of London.

# **589:** American Colonial and Federal Furniture: 1650–1840

OSCAR FITZGERALD Eight Tuesdays (11:45 AM - 1:15 PM) March 05

#### In-Person

This course will answer the question of why furniture in the Golden Age of American cabinetmaking before 1840 looks the way it does. American furniture styles evolved from the Jacobean in the 17th century through William and Mary, Queen Anne, and Chippendale in the 18th century to Federal and Empire in the early 19th century. Each style will be placed in its historical and cultural context, and regional differences will be explained. Special topics will include Windsor chairs, the idiosyncratic work of country cabinetmakers, both northern and southern, and a brief introduction to 18th-century cabinetmaking. A tour of the 18th- and early 19th-century Kaufman furniture at the National Gallery summarizes the class.

This study group is a repeat. **Class Format:** Lecture

**Reading:** Less than 1 hr/week.

#### Recorded: Yes

**Oscar Fitzgerald,** PhD, taught all the American furniture history classes of the Smithsonian and the George Washington University MA program in decorative arts. His American Furniture: 1650 to the Present is the standard textbook in the field. He lectures widely, including presentations to appraisers, collectors, museums, and colleges.

### **592:** 20th-Century Modernist Architects— In Washington and Beyond

DAVID HENSLER ANNE GAROFALO PATERNO Eight Mondays (11:45 AM - 1:15 PM) March 04 Hybrid

This course will focus on major modernist architects of the 20th century who have works in the Washington area, including Frank Lloyd Wright, Mies van der Rohe, Eero Saarinen, Walter Gropius, Richard Neutra, I.M. Pei, and William Lescaze. In each case, we will begin with the architect's work in the Washington area, such as Mies' MLK Library, the Hechinger/England on Chain Bridge Road designed by Walter Gropius, and Saarinen's Dulles Airport. We will then review the architect's background and most notable works and will assess the architect's significance in the development of modernist architecture. This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** No required reading.

#### Recorded: Yes

**David Hensler** is a trial lawyer who has spent much of his spare time over the past 30 years studying modernist architecture and visiting modernist architectural icons in the US and elsewhere. He has also served as an Adjunct Professor at Georgetown University Law School and Catholic University's Columbus School of Law.

**Anne Garofalo Paterno** is an award-winning TV producer and showrunner with nearly 30 years experience. Her work has appeared on a number of networks including Discovery, Smithsonian, Oxygen, and Peacock.

# **596:** Comedy—Selected Origins and Highlights

#### ABE VORENSKY Five Mondays (9:45 AM - 11:15 AM) March 04 Online

Through the ages, what are the many things that have made us laugh? This course highlights the subject of comedy, dating back to ancient Greece and the Hebrew Bible. Topics will include theories on what makes us laugh, vaudeville, film, radio, and television, along with a class detailing stand-up comedians who learned the craft entertaining in nightclubs and hotels. *This study group has a high* 

#### class size capacity.

This study group is **NEW**. **Class Format:** Lecture and Discussion **Reading:** No required reading.

#### Recorded: Yes

**Abe Vorensky** possesses a lifelong love and depth of knowledge of comedy, specifically of its diverse history. This love began when Abe worked as an MC in a Catskill Mountain hotel where he sang, told jokes, and introduced other entertainers. Through the years, Abe has remained an enthusiastic humor and comedy historian, focusing on how comedy has played a role in our personal, social, and political thought.

### 598: Film Analysis (Mostly Great Directors)

#### ELIZABETH KING LEONARD KING Ten Fridays (11:45 AM - 1:15 PM) March 08 In-Person

Through a selection of ten films (which members will see before each class), we will analyze and discuss different methods to view cinema:

history, themes, techniques, psychology, major directors, and what the films say about contemporary issues to us individually. Although this list is subject to change, probable films and themes are: *The Gold Rush* and *Modern Times* (Chaplin's critique of capitalism), *Battleship Potemkin* (Russian Revolutionary films), *To Live*, and *Seven Samurai* (Asian films), *JoJo Rabbit* (Nazism through the eyes of a child), *Gandhi* (nonviolence), *The Conversation*, and *A.I.–Artificial Intelligence* (contemporary issues), *Fences* (family drama), and *Barbie* (feminism). This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** No required reading.

#### Recorded: Yes

**Betty King** taught science, mathematics, and computer education for 31 years at Maret School before co-teaching with Leonard. After teaching 43 years at Maret School, **Leonard King** has taught study groups at OLLI on film history and analysis, European history and ideology, history of China, nonviolence, and moral dilemmas.

#### 599: Color Theory

#### MARY FRAN MIKLITSCH Eight Mondays (9:45 AM - 11:15 AM) March 04

#### In-Person

In 1704, Isaac Newton published Opticks, outlining his studies on light and color. Splitting light with a prism, he identified the spectrum of visible colors. In the centuries since, numerous artists and scientists, including Goethe, Van Gogh, and Kandinsky, have expanded upon Newton's ideas or developed their own theories of color. We'll examine and test several of these theories. In the process, we'll learn the language of color: primary, secondary, tertiary; hue, saturation, value; complementary; color in light vs. print, RGB, CMYK, Pantone; and more. To underscore our color studies, we'll explore some general art principles: highlights and shadows; symmetry; negative space. Your world will never look the same! This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

#### Recorded: Yes

*Mary Fran Miklitsch* has a BA in psychology from The Catholic University of America and has taken multiple courses from the Corcoran School of Art, Massachusetts College of Art, and the Maryland Institute College of Art. Her works have appeared in numerous juried shows.

# 600 LANGUAGE & LITERATURE

#### 600: Intermediate Italian

ELISA EVANGELISTA LOUIS EVANGELISTA DAVID FLAXMAN Ten Wednesdays (1:45 PM - 3:15 PM) March 06 In-Person

We continue our Intermediate Italian series. In this class we read a book together, taking turns doing some reading out loud in class, discuss the book, offer brief stories of activities in our lives, and have a short grammar lesson each week in which we use many examples to demonstrate the grammar. Last semester we read the delightful, *I segreti di Miriam* and some of *I gatti di Roma*. We will be using similar books this semester.

#### This study group is **NEW**.

**Class Format:** Reading and Discussion **Reading:** 1 hr/week.

#### Recorded: No

*Elisa* and *Lou Evangelista* are both native Italians with significant teaching experience. Elisa has taught Italian at the high school level and is also a poet. Lou worked for years for NATO in Luxembourg. *David Flaxman*, computer scientist, musician, and linguist, has been teaching music and Italian at OLLI for several years.

# **601:** Étude de la Culture Quotidienne Française

MICHÈLE SPITTLER Ten Wednesdays (11:45 AM - 1:15 PM) March 06

#### In-Person

Ce groupe d'études est pour des étudiants qui ont un niveau d'université intermédiaire/ avancé. Une participation intensive des étudiants est très importante. L'objectif est de développer le vocabulaire courant et d'être capable de s'exprimer dans des phrases courtes mais correctes grammaticalement de façon à parler presque couramment.

Sessions 1 à 3: Sujets: Argent, Habitat, Écoles primaires et secondaires, Enseignement supérieur

Session 5: Film

Sessions 6 à 8 Sujets: Travail, institutions et citoyens, Media Session 9: Film

Session 10: Déjeuner chez moi

Une partie de la lecture sera faite en classe. Mais nous passerons du temps à réviser la grammaire en effectuant des exercices qui font appel à toutes les connaissances de grammaire. Celle-ci sera expliquée en corrigeant les exercices. On aura une base pour parler de différents sujets présentés dans le livre et les films. **La participation** 

#### des étudiants est fortement recommandée. Les étudiants

pourront aussi effectuer des recherches sur certains thèmes et présenter leurs résultats à la classe (pas plus de cinq minutes) en français naturellement.

This study group is **NEW**.

**Class Format:** Reading and Discussion

**Reading:** 1-2 hrs/week.

Recorded: Yes

**Michèle Spittler** est née à Besançon. Elle a été professeur à National Cathedral School pendant 47 ans. Puis elle a enseigné à Washington Latin Charter Public school pendant quarte ans. Maintenant elle est disponible pour des leçons particulières. Ses étudiants varient entre cinq ans et 93 ans! Elle a aussi enseigné des classes d'adultes le soir à l'Alliance française et à USDA Graduate school pendant 35 ans.

#### **602:** French Conversation Advanced CAROLINE FARRELL JOY OBADIA Seven Wednesdays (1:45 PM - 3:00 PM)

March 06

#### Online

This class features conversation with attention to mastering complex structures and increasing vocabulary. The class presupposes a fairly high level of French. Members registering for this course for the first time are kindly requested to contact Caroline Farrell before the lottery at caroline67bling@gmail.com. This study group meets for an hour and 15 minutes from 1:45-3:00 PM. This study group is a repeat with revisions.

Class Format: Discussion

**Reading:** 1 hr/week.

Recorded: No

*Caroline Farrell* holds an honors BA from the University of Toronto in French, German, and history and an MA (ABD) in French literature from Princeton University. She has taught French at the University of Kansas, within the Canadian government, the Department of National Defense, and at the Royal Military College, Kingston. For the past 13 years, Caroline has taught French at the Kingston Senior Center. Joy Obadia has a BA in French and Linguistics from McGill University with additional training in teaching French immersion. She has her MA in French literature from Queen's University and her work experience has been in French training in the Canadian government and at Queen's University. Joy is active in local French theatre and choir. She also speaks Spanish.

# **603:** Cours de Lecture et Conversation en Français

#### ELAINE FÉRAT Ten Mondays (1:45 PM - 3:15 PM) March 04

#### In-Person

Ce cours est conçu pour les étudiants qui possèdent un niveau de compétence orale déjà avancé. Il est composé d'éléments divers, par example, des discussions sur les événements de la semaine, des visites culturelles, voyages, critiques de films et de livres; opinions personnelles sur une variété de sujets; présentations PowerPoint; des exercices de grammaire et vocabulaire; puis d'autres activités de groupe. Les devoirs hebdomadaires sont envoyés par email. **Avant de s'inscrire, ceux qui postulent pour la première fois doivent me contacter à ecferat1@gmail.com.** 

This study group is a repeat.

**Class Format:** Reading and Discussion

**Reading:** 1 hr/week.

#### Recorded: No

*Elaine Férat* has over 30 years of experience in teaching French. She is a retired member of the language faculty at Johns Hopkins University SAIS, offers private lessons, tutors all levels, and is a freelance translator.

### 605: Ponts Culturels

#### CATHERINE SANDIFER Ten Thursdays (11:45 AM - 1:15 PM) March 07

#### In-Person

Une nouveauté! Cette année j'ai choisi de vous présenter ces académiciens français qui viennent d'ailleurs mais qui ont choisi la France pour y vivre et y écrire. Francois Cheng, Amin Maalouf, Andrei Makine et Denis Lafferière. Ils vous enchanteront tous. La surprise ce sera la participation de Catherine Gouarné, enseignante de profession, qui nous parlera des artistes femmes Nikki de Saint Phalle et Louise Bourgeois.

This study group is **NEW**.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

Recorded: Yes

**Catherine Sandifer** a un BA et MA de La Sorbonne ainsi qu'une agrégation d'anglais. Elle a enseigné dans plusieurs établissements parisiens dont Sciences-Po.

# **606:** Intermediate German: Building Vocabulary

#### MARTHA CUTTS Ten Tuesdays (11:45 AM - 1:15 PM) March 05

**In-Person** This course is designed for those with an understanding of German grammar but who need to increase their vocabulary before reading at a more advanced level. We will read short texts designed for this level and use a German vocabulary workbook to help expand vocabulary. Throughout the course we will practice putting our knowledge of grammar and vocabulary to use in speaking German.

This study group is **NEW**.

**Class Format:** Reading and Discussion **Reading:** 1-2 hrs/week.

Recorded: Yes

**Martha Cutts** majored in German at Mount Holyoke College. After teaching English in a German school for a year, she earned a Master of Arts in teaching (German) at Yale University. She taught German for decades before becoming a full-time school administrator.

# 613: Latin for Developing Translators

DIANA SMITH Ten Wednesdays (11:45 AM - 1:15 PM) March 06 In-Person

A follow-up to the previous semesters of Latin for Curious Beginners, this session is designed for those who have been studying Latin at OLLI. We will continue our journey through Wheelock's Latin, 7th Edition, and we will apply our new grammatical knowledge to increasingly complicated translations from the ancient and medieval worlds. For those who have not been in the previous OLLI Latin classes, but who have had some Latin in days of yore, please contact Diana Smith at desdian@gmail.com for permission to join in the fun!

This study group is a repeat with revisions. **Class Format:** Reading and Discussion

Reading: 1-2 hrs/week.

#### Recorded: No

**Diana Smith** worked as a teacher and administrator for 35 years in secondary schools. Most recently, she served as the principal of Washington Latin Public Charter School since 2008. She has a BA in classics from Princeton and a PhD in English from the University of Virginia.

# 615: Deutsch fuer Fortgeschrittene

#### HANNE CARAHER Eight Thursdays (9:45 AM - 11:15 AM) March 07

#### Online

Koennen Sie sich auf deutsch unterhalten? Kennen Sie die Grundregeln der deutschen Grammatik? Wenn ja, dann sind Sie ein guter Kandidat fuer diese Klasse. Wir werden uns auf deutsch unterhalten, Audios hoeren, ausgesuchte Texte uebersetzen, und auch manchmal Grammatik ueben. **Hausaufgaben jede Woche** eine oder zwei Stunden. Neue Teilnehmer: Bitte senden Sie vor Semesteranfang eine E-mail an hcaraher@verizon.net mit Ihrer Telefonnummer. This study group is a repeat with revisions. Class Format: Reading and Discussion Reading: 1-2 hrs/week.

#### Recorded: No

**Hanne Caraher** graduated from the University of Heidelberg, Germany, with the equivalent of a master's degree in conference interpreting and translation.

# 619: Le Polar: Le Genre Policier Francais

LISA HARPER Eight Fridays (11:45 AM - 1:15 PM) March 08 In-Person

L'objectif de ce cours est de présenter le "polar," le genre policier français par une approche historique et culturelle. Ce genre littéraire et cinématographique met en scène des enquêtes policières dans le contexte social de la France. En classe, les participants apprendront à discerner les tendances, codes et thèmes qui régissent le genre policier en général, et les romans et films policiers français en particulier. Le genre policier sera examiné grâce à des présentations "power point", des discussions, des lectures, et des documents sonores et audiovisuels. Une connaissance intermédiaire du français est souhaitable. Il n'y aura pas de travail à faire en dehors des cours. This study group is **NEW**.

**Class Format:** Lecture and Discussion

Reading: No required reading.

#### Recorded: Yes

**Lisa Harper** grew up in Paris during the 1950s and spent most of her career in Francophone countries. She started reading French detective fiction as a child and has continued to read and watch mysteries and police procedurals in English and French.

### 621: Enjoying The New Yorker Together

DELBERT SPURLOCK Nine Thursdays (11:45 AM - 1:15 PM) March 07

#### Online

The New Yorker's audience beyond New York enjoys reportage, commentary, essays, short stories, satire, poetry, and cartoons with provocative covers; book, theater, and movie reviews; and articles on medicine and law, world politics, and social issues. For 40 minutes of each session, a class member chooses an item from a *New Yorker* issue and adds something from his/her experience, knowledge, or research, followed by class discussion. Individual OLLI members have taken the course multiple times. Enjoy an open, friendly atmosphere where true conversation occurs. Each class member will register a date for her/his presentation at the first class.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion **Reading:** 1-2 hrs/week.

#### Recorded: No

**Delbert Spurlock** has spent many years in government service, and from 1993 to 2010, was Associate Publisher/Executive Vice President of the New York Daily News.

### 622: Memoir Bootcamp

CATHY ALTER LISA K. FRIEDMAN Six Mondays (9:45 AM - 11:15 AM) March 04

#### In-Person

The best way to decipher the truth about yourself is by setting about the sometimes grueling, always revealing, usually embarrassing task of putting pen to paper (or fingers to keyboard). This course on the essentials of memoir writing is a continuation of the fall workshop. You will learn how to frame a narrative, find a unique voice, reflect on the past through the present and much more. As a group, we will discuss the hallmarks of all good memoir and personal essays, take time for a short writing prompt, engage in discussion of work in progress, and, because good writing demands good reading, we will take a look at other fine examples in this genre.

This study group is a repeat with revisions.

**Class Format:** Discussion

Reading: Less than 1 hr/week.

#### Recorded: No

**Cathy Alter's** articles and essays have appeared in the Washington Post, Washingtonian, The Atlantic, and WIRED. She is the author of Virgin Territory: Stories From the Road to Womanhood, Up for Renewal, and CRUSH: Writers Reflect on Love, Longing, and the Lasting Power of Their First Celebrity Crush.

**Lisa K. Friedman** is an award-winning essayist, author, and educator whose work appears in newspapers and magazines around the country. She holds a MA degree in fiction from Johns Hopkins University and a BA in American literature from George Washington University.

# 630: Little Dorrit is NOT Another Little Nell

LINDA FREEMAN Eight Mondays (11:45 AM - 1:15 PM) March 04

#### Online

We will read and discuss *Little Dorrit*, one of Charles Dickens's superb novels, written in 1857 during his full maturity as a writer. It is about Little Dorrit, a hard-working young woman trying to support her family, headed by her proud and complex father imprisoned for debt in the Marshalsea. A wide diversity of characters, including a recently returned adult son to his demanding mother with a dark secret, rounds out busy Victorian London. The book is famous for its Circumlocution Office, a devastating satire of officious bureaucracy, and for its overriding sense of prisons, both real and psychological. It is powerful, quiet, funny, masterful ... a sentimental, flowery deathof-Little-Nell it is not! *This study group has a high class* 

#### size capacity.

This study group is a repeat with revisions. **Class Format:** Lecture and Discussion **Reading:** More than 3 hrs/week.

#### Recorded: Yes

**Linda R. Freeman**, PhD, a retired University of Maryland lecturer in Victorian literature, has led OLLI study groups for over 20 years. For years she assumed Little Dorrit was another over-sweet Little Nell. Avoiding the book for years, she finally read Little Dorrit and was blown away by its power.

# 631: Understanding Families Through Plays

#### KAREN GAIL LEWIS Eight Mondays (1:45 PM - 3:15 PM) March 04

#### In-Person

Participants will read four plays, starting with Ghosts, by Henrik Ibsen, followed by The Profane, by Zayd Dohrn, about two Muslim families. Apropos for spring, our third play will be The Last Seder, by Jennifer Maisel. We end with an unknown play, If I forget, by Steven Levenson, about adult children celebrating father's 75th birthday. We discuss each play for two weeks focusing on themes, i.e., family/ sibling relationships, gender roles, multi-generational patterns, and gender issues. This is an entertaining, interactive class. Reading each play beforehand will enrich participation.

This study group is **NEW**.

**Class Format:** Reading and Discussion **Reading:** 1 hr/week.

#### Recorded: Yes

*Karen Gail Lewis* has been practicing family therapy for over 50 years and has authored numerous books and professional articles about marriage, gender relationships, singles, and adult siblings.

#### 639: Appreciating Children's Picture Books as an Adult

#### KAREN BUGLASS Eight Thursdays (9:45 AM - 11:15 AM) March 07

#### Online

In this course, we'll explore literary themes and hear from authors and illustrators via recorded interviews, while enjoying the rich language and beautiful illustrations that make these books so special. See how stories spark the imagination and give readers—of all ages—the opportunity to connect with characters and events that are part of the universal human experience.

This study group is a repeat.

**Class Format:** Appreciation

Reading: No required reading.

Recorded: Yes

Karen Buglass is an award-winning elementary educator who enjoys

connecting with others through literature. She previously taught Appalachian dulcimer classes at OLLI.

#### 640: Poems about Paintings GERRY HENDERSHOT Eight Fridays (9:45 AM - 11:15 AM) March 08

#### **Online**

Poems about paintings (ekphrastic poetry) are poetic responses to works of art, sometimes thoughtful, sometimes playful. We will ask: how do poetry and painting interact? We will read such poems as W.H. Audens'"Musee des Beaux Arts" about Pieter Brugel's painting, "Fall of Icarus." Other painters include Caravaggio, Renoir, Hopper and others; poets include William Carlos Williams, Anne Sexton, and others. The class is mostly discussion; one short poem or paragraph about a painting of choice is invited, not required. Poems and links to paintings will be supplied in advance. No prior poetry or art knowledge is necessary.

This study group is a repeat with revisions.

**Class Format:** Discussion

Reading: 1 hr/week.

Recorded: Yes

**Gerry Hendershot** is a retired health statistician turned poet. He has moderated OLLI study groups on reading a poem, African American poets, women poets, ekphrastic poetry, and has published in The Ekphrastic Review and other journals. Donna Jonte, an Art Educator at the Phillips Collection, is invited to join some sessions.

### 645: After the War, II

#### MARY POOLE Ten Wednesdays (9:45 AM - 11:15 AM) March 06

#### In-Person

The five novels we will read and discuss in this study group were all written many years after World War II. They take the reader back to the time after the conflict has ended and to the following countries: Japan after the bomb, depressed Britain (postwar London), Hungary (three households in Budapest), and America (two couples joined by friendship, during the war years, before and after.) Each of these works is grounded in what the writer Martin Amis called, "literature's dewy little secret. Its energy is the energy of love."

This study group is **NEW**.

**Class Format:** Reading and Discussion

**Reading:** 2-3 hrs/week.

#### Recorded: No

*Mary Winslow Poole* has an MSL from Georgetown University. She had a Fulbright Teaching Fellowship in Florence, Italy, and two grants from the NEH for the Teaching Shakespeare Institutes at the Folger. She taught English Literature in the International Baccalaureate program at Washington International School for 23 years.

### **646:** Poetry Craftshop: Quietings and Arousals—The Poems Of Lucille Clifton and Jane Kenyon

#### JENNY PIERSON Ten Tuesdays (9:45 AM - 12:30 PM) March 05

#### In-Person

For poets who are serious about their craft, this workshop will consider how the uses of light and darkness helped generate the poetry of these two distinct women poets. Working from weekly reading and writing assignments, we will examine voice, form, audience, and struggle within the lives and words of Clifton and Kenyon. In class, we listen to and discuss poems individually, engage in dialogue, and critique one another's work ... a semester devoted to harmony. **This study group meets from 9:45 AM to 12:30 PM.** This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** More than 3 hrs/week.

#### Recorded: No

*Jenny Pierson* has taught poetry workshops at OLLI for over 20 years. She writes daily and holds an MFA. She advocates for the unwanted, reads obsessively, and has been a farmer and a traveler.

### 648: Science Fiction and Fantasy Writing Workshop

#### **ANDREW HILLER**

Seven Fridays (11:45 AM - 1:15 PM) March 08

#### In-Person

When writing genre fiction how do you create a world that feels real and grounded enough to excite not only imagination, but empathy? How do you create characters who don't exist in our lives that our readers can relate to? In this interactive workshop, we will focus on writing speculative fiction (science fiction, fantasy, and horror). Each session will be divided into three parts: 1) Lecture/Discussion, 2) Writing, and 3) Sharing/Critique. Participants may work on new pieces inspired by prompts or their own ongoing projects. Particular attention will be paid to what makes opening pages compelling, characterization, and world-building.

This study group is **NEW**.

**Class Format:** Discussion

Reading: Less than 1 hr/week.

#### Recorded: No

Driven by curiosity, **Andrew Hiller's** stories always begin with a "huh?" or a "ha!" A longtime reporter and producer for public radio and an award-winning author, Andrew won Escape Pod's 2022 Flash Fiction Contest and placed second in Amazing Stories 2023's Reader Choice Awards. His novel, A Halo of Mushrooms was selected 2019 Best Book by BFF.

# 655: Greek Tragedy

#### RONALD PARLATO Ten Mondays (9:45 AM - 11:15 AM) March 04

#### In-Person

The study group will read, analyze, and discuss the major plays of three Ancient Greek tragedians—Aeschylus, Sophocles, and Euripides—and will focus on theme, character, plot, style, and historical, mythical, and literary origins. The plays are noteworthy not only because they begin the historical cycle of the representation of classic human drama, but because of their early, innovative understanding of the dramatic form—how plays illustrate the human condition in a compelling way. Understanding Greek drama is to understand the form of drama itself. The course, therefore, will make ample reference to classical and modern plays which have derived ideas and inspiration from the Greeks.

This study group is **NEW**.

**Class Format:** Lecture and Discussion

Reading: 2-3 hrs/week.

#### Recorded: Yes

**Ron Parlato** has taught literature at OLLI for ten years. He is a graduate of Yale University with a double major in English and French literature. His graduate degree is in Urban Planning, but his principal career was in International Development where he worked in over 60 countries.

### 668: Fiction Writers' Bootcamp

SOPHIA NASH Nine Tuesdays (1:45 PM - 3:15 PM)

#### March 05

#### In-Person

Jumpstart your book project by delving into plot structure, the hero's inner and outer conflicts, character development and growth arcs, world-building, high concept ideas, theme, voice, tone, genre, narrator types, point of view tips, the writer's toolbox, and much more. We will also discuss insider secrets to getting published by traditional NYC publishing houses, working with an agent, and selfpublishing. This workshop will challenge both novices and pros alike to reexamine their ideas on how to write a bestseller. Participants should bring a notebook and index cards to class, as this is an interactive workshop.

This study group is **NEW**.

**Class Format:** Lecture and Discussion

Reading: No required reading.

#### Recorded: No

**Sophia Nash's** 13 novels published by Penguin Putnam or Morrow at Harper Collins have garnered 17 national awards, including the prestigious RITA Award, and two spots on the American Library Association's Booklist "Top Ten of the Year." Her literary fiction and historical romances are translated/published in 15 countries.

### 671: Shakespeare by Barker—As He Liked It

#### **ANDREW WHITE**

Ten Mondays (1:45 PM - 3:15 PM) March 04

#### In-Person

We are approaching the centennial of the publication of one of the most influential books on Shakespearian performance ever: Harley Granville Barker's series of "Prefaces" to the Bard's plays. Barker's work literally set the stage for how we see and hear and understand Shakespeare today. Join Andy White as we explore Barker's ideas, and Shakespeare, as we now know him!

This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** 2-3 hrs/week.

#### Recorded: Yes

**Andrew Walker White** has been teaching at OLLI for a few years now—quite a few. He is an actor, playwright, theatre critic, and a scholar of theatre history as well—ask him about Byzantium, too, when you get the chance! He is also a frequent reviewer of performances at the American Shakespeare Center in Staunton, Virginia, where Shakespeare's original practices are the rule.

# 675: Poets on Their Work: Ars Poetica Poems

#### CLAIRE PETTENGILL Eight Wednesdays (11:45 AM - 1:15 PM) March 06

#### Online

Ars Poetica, "poetry about poetry," encapsulates poets' understanding of their art, encouraging reflection on a range of issues, such as: what compels poets to write? What guides the poetic process? Are there rules for evaluating poetry? Should there be? Aiming to construct a map of traditions and trends, we will explore works by well known poets (Archibald McLeish and Adrienne Rich, for example) and newer voices (such as Layli Long Soldier and Jon Lee Clark) offering fresh ideas in new forms. Discussions will include the parsing of words and images and reflection on more abstract, philosophical issues. Short, informal writing assignments will provide discussion material. No special expertise or experience is required.

This study group is **NEW**.

Class Format: Discussion

**Reading:** 1 hr/week.

#### Recorded: Yes

**Claire Pettengill** was formerly Chair of the Humanities Department at Maret School, where she taught literature, history, and religious studies for 23 years. She has loved poetry from a young age and enjoys exploring it with and learning from fans of all ages. This will be her third study group at OLLI.

# **677:** Emily Dickinson: "Unto [Her] Books So Good to Turn"

#### ELEANOR HEGINBOTHAM Nine Tuesdays (11:45 AM - 1:15 PM) March 05

### Online

Now that the complex genius of Emily Dickinson has become fodder for popular consumption and pricey sleepovers in her room, this class seeks to turn to the poet herself in her own framing of her work, her publishing project, her "fascicles." Although her life will be part of the class, most of the first eight sessions will focus on some of those manuscript collections and the poems within them—read closely and discussed with vigor. My own brief book on the subject (with an author discount) and the Franklin edition of the complete poems will shape discussions online; a ninth session, a marathon reading in person or online will complete the focus on the linked, echoing, reverberating poems in her own context. **This study group has a** 

#### high class size capacity.

This study group is **NEW**. **Class Format:** Lecture and Discussion **Reading:** 1 hr/week.

#### Recorded: Yes

**Eleanor Heginbotham** has led OLLI classes on many American authors for almost 20 years, but Dickinson, about whom she has published two books and many articles, is closest to her heart. Her teaching career of six decades included a Fulbright year in Hong Kong, classes in four other countries, and, most recently, Concordia Saint Paul.

# 681: What's New in the Essay

SUSAN WILLENS Eight Tuesdays (9:45 AM - 11:15 AM) March 05

#### Online

In 2024, the essay has new interest and power. The essay now explores many places to publish, many subjects, and many young writers with much to share. In this course, we will read, discuss, and possibly write a variety of new essays.

This study group is **NEW**.

**Class Format:** Reading and Discussion

Reading: 2 hrs/week.

#### Recorded: Yes

*Susan Willens* has been an instructor at OLLI for several years, her topics ranging from essays to stories, to plays. A native Detroiter, Dr. Willens has lived in Washington, DC for many years, teaching literature at The Edmund Burke School, George Washington University, and several universities in foreign countries.

# 685: August Wilson's American Century Cycle

#### **RAYMOND MAXWELL**

#### Ten Mondays (11:45 AM - 1:15 PM) March 04

#### Online

In this course, we will do a collaborative reading of all ten of August Wilson's ten-cycle plays. Class members will be required to acquire each play in the order written, beginning with Jitney in week one and ending with Radio Golf in week ten. The cycle includes such popular plays as *Fences*, Ma Rainey's *Black Bottom*, and *The Piano Lesson*, all recently adapted to film. The discussion will be enriched by the recent publication of Wilson's first full length biography by Patti Hartigan. Also included will be weekly emails to group members of my previous notes on each play, and lots of supplementary readings (not required) and YouTube videos.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion **Reading:** 2-3 hrs/week.

Recorded: Yes

**Raymond Maxwell** has been an SGL for August Wilson's American Century Cycle annually since 2018. He is a retired foreign service officer who retrained as a librarian and archivist.

# 690: Everybody's Protest Novel

#### ELLEN MOODY Ten Fridays (9:45 AM - 11:15 AM) March 08 Online

This course in American literature will include readings in protest masterworks from the Civil War era to today, along with two films. The class will begin with *A Narrative of the life of Frederick Douglass Written by Himself*, and Louisa May Alcott's short story, *My Contraband*, and Harriet Beecher Stowe's *Journalism* (PDFs). We'll discuss Chicago muckrakers, literary naturalism, and pre- and post-WWI writers (e.g., Dreiser, Kay Boyle, and Hemingway via PDF and online excerpts from short stories, plays, and poetry). The class will cover the first half of the 20th century with Steinbeck's *Of Mice and Men*, John Ford's *Grapes of Wrath*, then Ann Petry's *The Street*, then Baldwin's journalism, e.g., *Stranger in the Village* (PDFs). For the second half of the century, the class will look at Didion's *Salvador* (slender journalistic book), *Play It like It Lays* (novella), and will conclude with a 21st-century film, Baldwin's *If Beale Street Could Talk*.

This study group is **NEW**.

**Class Format:** Reading and Discussion **Reading:** 2 hrs/week.

Recorded: Yes

*Ellen Moody* has taught for over 40 years: in senior colleges between 1972 and 2012, and nine years at two OLLIs. She is a published scholar, with specialties in 18th- to 20th-century literature, film and women's

studies, and post-colonial writing. She also taught courses in American literature at American University.

# 700 HISTORY & GEOGRAPHY

# **Pivotal US Presidential Elections**

BILL WOODWARD Ten Tuesdays (11:45 AM - 1:15 PM)

March 05

In Dorcov

In-Person

For study group description and Study Group Leader's bio, see 187. This study group is **NEW**.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

Recorded: Yes

#### 700: Florence—City of Science, Political Theory, Economics, Philosophy, and Oh, Yes, Art

GEORGE LESSER Ten Thursdays (9:45 AM - 11:15 AM) March 07

#### Online

Forget the art. Forget Michelangelo. Forget Leonardo, Botticelli, Giotto, and Donatello—at least for the moment. Forget them because the pivotal role played by Florentines in Western art is so self-evident, so overwhelming, that people often are fooled into thinking that the only reason to pay any attention to the town is because of the art. In fact, Florentines played equally vital if less appreciated roles in the development of science, philosophy, historiography, literature, political theory, economics, the age of discovery, and the establishment of the basic vocabulary of Western civilization. And the essential fact is that everything was all wrapped up together. *This study group has a high class size capacity.* This study group is a repeat.

**Class Format:** Lecture and Discussion **Reading:** No required reading.

Recorded: Yes

**George H. Lesser** is a retired journalist based, at various times, in Washington, New York, London, and Brussels. During his career he was a copy boy, reporter, editor, managing editor, and publisher. He has experience teaching English and English history in London, as well as teaching journalism.

### 701: War and Remembrance: Flim

### MARY MULLIGAN

#### Six Tuesdays (9:45 AM - 11:15 AM) March 05

#### In-Person

Films, novels, memoir, poetry, art, and monuments are different ways of remembering a past event. Through a process of selection, they shape how we remember the event. This course will look at three specific instances of war and remembrance in film: World War I in *All Quiet on the Western Front* (2022), World War II in *Saving Private Ryan* (1998), and The Vietnam War in *The Deerhunter* (1978). The key questions we will explore are: What narrative of the war does this film construct? Does the narrative fit with how we think about that war? Does it shift how we think about it? Does "the truth" about an event change over time, and if so, why? Participants will watch each film on their own prior to our discussion of it.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 1-2 hrs/week.

#### Recorded: No

With undergraduate and graduate degrees in history and a law degree, **Mary Mulligan** spent three decades teaching American and European history at Phillips Academy in Andover, MA. She taught seminars on the birth of modernism, World War I, the inter-war years, World War II, and the Holocaust.

### 702: The Ancient Mediterranean

NICK GLAKAS Ten Fridays (9:45 AM - 11:15 AM) March 08

#### In-Person

The Mediterranean is the great historic cauldron of ancient civilizations. Many have disappeared, but others linger on as both historical high points and modern day states. The following lectures will take us from 1250 BC into the Middle Ages: The Ancient Mediterranean—Before the Greeks and the Romans, The Search for Ancient Troy, The Grandeur of Ancient Egypt, The Golden Age of Classical Greece, In the Footsteps of Alexander the Great, The Roman Republic, The Roman Empire, The Byzantine Empire, The Viking Age, and The Great Towns of Medieval England.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

#### Recorded: Yes

**Nick Glakas** is a former naval officer, international lawyer, corporate executive, college association president, and cruise ship lecturer. He has been a visiting fellow at Wolfson College, Cambridge, an adjunct professor at George Washington University's Graduate School of Political Management, and a lecturer at Georgetown University's International Law Institute.

# 707: The Rise and Fall of Napoleon Bonaparte

DAVID COFFMAN Ten Mondays (11:45 AM - 1:15 PM) March 04

#### In-Person

This course follows the career of Napoleon Bonaparte, who prior to his defeat and exile, rose from relative poverty in Corsica to rule France from 1799 to 1815 and build a European empire ranging from Spain to Poland. Particular focus is placed on the question of whether Napoleon bears primary responsibility for the ruinous wars fought during his reign or whether those wars were the fault of the European monarchs who continued to declare war on him. The course describes his military campaigns, his restructuring of France and Europe, his spread throughout Europe of institutional changes wrought by the French Revolution, his personal traits, and the steps that brought about his downfall.

This study group is **NEW**.

**Class Format:** Lecture and Discussion

Reading: No required reading.

#### Recorded: No

**David Coffman** is a retired federal administrative law judge with a lifelong interest in European history. Judge Coffman is a graduate of Southern Methodist University, where he was inducted into Phi Beta Kappa, and of Harvard Law School. He served in the US Army where he attained the rank of first lieutenant and received a Bronze Star with Oak Leaf Cluster for meritorious service as Commander of a detachment of Army Correspondents in Vietnam.

### 715: Jewish History: Patriarchs to Israel

#### JONATHAN (JOSH) BERMAN Eight Wednesdays (9:45 AM - 11:15 AM) March 06

#### In-Person

Judaism has been present for 4,000 years. We will survey Judaism from the Patriarchs to the State of Israel, with the aim of understanding how Judaism was able to survive 40 centuries and be part of our present world. Equal emphasis will be placed on historic events and Jewish life during those periods of history. The Scheindlin text will be supplemented by original source handouts, and videos from Ori Soltes'"Jewish Art" series. This overview of a vast swath of history is intended for Jews who wish to have a firmer understanding of their heritage and orientation to the Land of Canaan, and for non-Jews interested in the Jewish story.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** More than 3 hrs/week.

#### Recorded: Yes

**Jonathan (Josh) Berman**, MD, PhD, FAAP, FASTMH, is presently Vice-President for Clinical Affairs, Fast Tract Drugs and Biologics LLC. Josh is not a professional historian, rather is a Jewish-American with a lifelong interest in his religious heritage.

## 724: Manifest Destiny and US Expansion

#### JOE BELDEN Eight Wednesdays (1:45 PM - 3:15 PM) March 06

#### **In-Person**

Manifest destiny was the 19th-century belief that the US should expand to the Pacific. This study group will emphasize Indian land seizure; the LA Purchase; the War of 1812; the acquisition of Florida, Oregon, and Hawaii; Texas annexation and the US-Mexican War; filibustering expeditions; and the Spanish-American War. Was expansion motivated by mission, land lust, or both? Were Indians, Mexicans, and the buffalo just in the way? How did manifest destiny relate to the Monroe Doctrine? Was the US justified in seizing half of Mexico in 1848? Why did a young Ulysses Grant later say it was "a wicked war"? How did conflicts over slavery play a role? What were the roles of Lincoln, Jefferson, Jackson, Tyler, Polk, Henry Clay, Theodore Roosevelt, and others?

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

**Reading:** 1 hr/week.

Recorded: Yes

**Joe Belden** is of Mexican ancestry, lives part-time in Mexico, and has led other OLLI study groups.

## 739: China's Early History

HOWARD SPENDELOW Ten Wednesdays (11:45 AM - 1:15 PM) March 06

#### In-Person

This course presents a basic introduction to the often conflicting, even contradictory, traditions and legacies of China's history and its political, economic, social, intellectual, and artistic culture(s), beginning with the earliest origins through the collapse of the Ming state in the early 17th century. In addition, it explores the historical roots of several claims made by today's People's Republic of China in the 21st century, including linkages with Xinjiang, Central Asia, and Tibet; the "Silk Road" origins of the 2013 "Belt and Road Initiative"; and China's aspirations for a blue-water navy.

This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** 1 hr/week.

Recorded: Yes

**Howard Spendelow** earned a BA in government from Oberlin College, an MA in Chinese regional studies, and a PHD in history and East Asian languages from Harvard University. He taught history at Georgetown University from 1979 to 2023, and from 1980 to 2014 he also served as Chair of the Advanced Area Studies Seminar on China at the State Department's Foreign Service Institute.

## 741: Slavery and the Growth of the Nation

KAREN STEWART Nine Mondays (9:45 AM - 11:15 AM) March 04

#### In-Dorco

**In-Person** This course will a

This course will present eight topics in the history of our nation seen through a lens that includes Europeans and Africans in a single view. Topics will include dealings with Native Americans, building economically viable colonies, railroads and westward expansion, gaining independence, abolition, creating an American culture, wartime service, and engaging in centuries-long conflict between white supremacy and racial equality. In each of the classes we will examine the impact of historiography that excludes the experience of enslaved Africans and later free African Americans from mainstream American history texts.

This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** Less than 1 hr/week.

Recorded: Yes

**Karen Stewart** has offered classes on African American history at OLLI for over five years. She graduated from Barnard College in the turbulent class of 1968, and then served in the Peace Corps for two years in Malawi and one year in Congo (Zaire) working in public health. She retired from her career in public health research in 2017.

## **770:** A Brief History of Washington, DC ROBERT SOMERS

Ten Fridays (11:45 AM - 1:15 PM) March 08

#### In-Person

Born out of compromise, Washington, DC, was envisioned as a grand capital city and commercial center for the new American republic. Burned by the British in 1814, bitterly divided by the Civil War, and overshadowed by larger cities, Washington gradually began to come into its own by the turn of the 20th century. The city remains a work in progress as it deals with its unique political status and serves as the center stage for American history. This study group will highlight the history of the city, from its visionary origins to its current dual status as the capital of the free world and a place that more than half a million people call home.

This study group is a repeat.

**Class Format:** Lecture

Reading: No required reading.

#### Recorded: Yes

**Robert Somers** is a retired Federal government attorney and has been a licensed Washington, DC tour guide since 1989. He is a history buff and has been a docent with the Historical Society of Washington, DC, the National Building Museum, and the National Park Service.

### 777: Aviation Trailblazers, Early Non-Stops, and Airlines Flying the Atlantic

#### DONALD STANTON Seven Thursdays (9:45 AM - 11:15 AM) March 07

#### Online

We will discuss: aviation trailblazers like Theodore Ellison, John Alcock, Amy Johnson, Beryl Markham, and others who risked their lives; the historic development of aircraft ranging from the Navy NC-4, Pan Am Clipper, Lockheed Constellation to the Boeing 707 and 747; how aircraft and engines were developed and the lessons learned to enable non-stop flights to Europe; how Trippe, Hughes, Six, Smith, Woolman, and Kelleher built their companies; and how elegant flying was during the Golden Age and the many effects of airline deregulation: I will describe how pilots fly the North Atlantic Tracks to Europe and will share my experiences flying the Atlantic as a Navy anti-submarine patrol and as a B-747 and B-767 pilot. *This study* 

#### group has a high class size capacity.

This study group is **NEW**. **Class Format:** Lecture and Discussion **Reading:** No required reading.

#### Recorded: Yes

**Don Stanton** was commissioned at Cornell NROTC, served on ships off Vietnam, flew as P-3C Patrol Plane Commander, B747,757 &767 airliners, was Deputy Assist Secretary of Defense & chair-Colorado Transportation Commission. Don has a Georgetown MA-National Security Studies & wrote Looking Back at the Cold War; 30 Vets & a PPC Remember.

## **782:** Conflict Resolution, Justice, and Reconciliation

#### SY ROTTER Nine Wednesdays (1:45 PM - 3:15 PM) March 06

#### In-Person

Regional wars pitting neighboring countries, or people within a country, against each other are stark reminders of the unreconciled historical legacies of religious, ethnic, or racial differences that become the tinder for politically facilitated conflagrations. Viewing a series of nine one-hour documentary films, (one per week at home), of recent and current examples of such events in Europe, Africa, Asia, and in the Middle East, will serve as background for class discussions highlighted by guest participants with knowledge of the events portrayed.

This study group is **NEW**. **Class Format:** Lecture and Discussion **Reading:** No required reading. **Recorded:** Yes **Sy Rotter** has produced a series of documentary films focused on "Moral Courage" which served as the basis for a just completed OLLI course. His formal education led to degrees in agriculture, social work, and public health; military service in US Army Psychiatric hospitals during the Korean War; State Department assignment in Bolivia; executive and board member of foundations; and Founder and Managing Director of the Washington Liaison Office, a financial advisory service for European based companies and banks.

## **786:** A Cinematic Look at America in the Fifties

#### CANDACE THURMAN Nine Tuesdays (11:45 AM - 1:15 PM) March 05

#### **In-Person**

This study group reviews that decade's significant historical events and trends, popular culture, politics, and fads. A thematic approach is augmented with optional materials—selected readings, audio, and video. The course introduces eight different movies from or about themes covered in class (Marty, Being the Ricardos, Vertigo, The Long Walk Home, Quiz Show, October Sky, The Founder, and The Buddy Holly Story). Part of the session will be spent discussing the previous week's film and introducing the next movie. Note: The assignment is to complete the designated movie at home, so class members must have access to Amazon Prime.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

Recorded: Yes

**Candace Thurman** holds a master's degree in liberal studies from Georgetown University and a bachelor's degree in history and education from American University. For 35 years, she taught high school social studies in Montgomery County. As a retired teacher, she remains active in MCPS as an assistant field hockey coach at Winston Churchill.

## 788: Fateful Documents

#### HELEN SCHWARTZ Eight Wednesdays (11:45 AM - 1:15 PM) March 06 Online

In 1942, FDR read Albert Einstein's letter about the military potential of atomic energy, and the Manhattan Project was born. Not so simple. Einstein didn't write the letter. How was the huge project vetted for FDR's decision? The workplaces spanned the nation, under two presidents and finally targeted Japan, not Nazi Germany. The impact of documents arises not only from their words, but who writes them, for what purpose and to what audience? To solve or inflame what problem? Lectures will explore the context, and discussions will debate their impact; for example of Lincoln's Emancipation Proclamation and Margaret Sanger's 1914 publication of "Family Limitation." This study group is a repeat with revisions. Class Format: Lecture and Discussion Reading: Less than 1 hr/week.

#### Recorded: Yes

**Helen Schwartz** has taught OLLI classes on Shakespeare, American literature, and Year Zero: a history of 1945. With a PhD in English literature, now retired from Indiana University, she has recently published a World War II thriller Thieves of Paris about resisting Nazi art theft and saving Jewish children from Gestapo capture.

## 790: Off the Beaten Path in the DC Area

## RALPH BUGLASS

#### Ten Tuesdays (11:45 AM - 1:15 PM) March 05

#### In-Person

As the nation's capital, our area is replete with well-known historical attractions tourists swarm to. But there are many other lesser known yet equally interesting landmarks and spots worth visiting—or at least knowing about. Come hear about, and experience through lavishly illustrated slides; some of these little-known gems and the fascinating stories behind them. Examples include presidential monuments and commemoratives in unexpected places; reminders of World War II and the area's rich African American history; Gilded Age mansions around DuPont Circle; buildings by Frank Lloyd Wright and other noted architects; early mills that still work; cemeteries that come to life with stories of those interred; and more.

This study group is a repeat.

Class Format: Lecture Reading: No required reading.

Recorded: Yes

**Ralph Buglass** is a Washington-area native and lifelong history buff who enjoys sharing lesser-known aspects of the wonderful area we call home. A frequent speaker for Montgomery History, the neighboring Maryland County historical society, he is a retired communications professional with a history BA from Cornell and a journalism MA.

# 800 PHILOSOPHY, RELIGION & SPIRITUALITY

### 805: Meditation Class

JOSEPH REO Eight Mondays (9:45 AM - 11:15 AM) March 04

#### In-Person

The primary goal of this course is the systematic, on-going commitment that we come together, weekly, at this same time, with the simple intention to regularly practice the discipline of meditation. It doesn't matter if you've never meditated in your life, or if you've done it for 20 years with your own lovely mantra and years-long routine. I'll guide us through various "styles," some perhaps leading us somewhere, some taking us potentially to a quiet nowhere. We will practice several short meditations each class, or just one. We'll debrief at the end of the session to talk about what worked, what didn't, what was helpful/useful, and what wasn't. We'll be open to attendees who may wish to take the lead and guide us through a session towards the end. Anyone, and all forays or experimentation into leading, will be welcome.

This study group is a repeat with revisions. Class Format: Lecture and Discussion Reading: 1-2 hrs/week.

#### Recorded: No

Joseph Reo holds a bachelor's degree from Arizona State University and was an adjunct instructor at George Washington's School of Exercise Science where he taught Meditation, Massage, and Sports Massage for over 10 years. He currently teaches Meditation and Massage with various adult-education companies and is a licensed massage therapist with an active, 20-year practice in Northwest DC.

### 806: Medical Qigong

#### JOSEPH REO Eight Fridays (9:45 AM - 10:45 AM) March 08

#### **In-Person**

In Asia, for thousands of years, overall health, fitness, and well-being have always considered mind, body, and spirit as a whole. This class will introduce the practice and medical benefits of Chinese Qigong, or Chi Kung, the centuries-old method of "healing movement." We will exercise together, blending action, breathing, and imagination, to physically energize the body, and promote overall well-being. Through rhythmic movement, relaxed breathing, and mental focus, we'll practice simple forms together as a group, to stimulate and heal specific organs and organ-systems in the body. The easy-to-perform, simple "mudras" will gently release tight muscles, soften ligaments, and coax the lengthening of tendons, which can diminish joint pain and improve balance. Exercise modifications will be shown, when requested. Note: before participating in any exercise program, participants should check with their doctors to ensure that there are no contraindications, special considerations, or limitations from a medical standpoint. This study group meets for one hour, from 9:45 to 10:45 AM.

This study group is a repeat. Class Format: Lecture and Discussion

**Reading:** 1 hr/week.

#### Recorded: No

**Joseph Reo** holds a bachelor's degree from Arizona State University and was an adjunct instructor at George Washington's School of Exercise Science where he taught Meditation, Massage, and Sports Massage for over 10 years. He currently teaches Meditation and Massage with various adult-education companies and is a licensed massage therapist with an active, 20-year practice in Northwest DC.

### 831: Mastering Skills of Mindfulness Meditation

#### JEFFREY DROBIS SUSAN DROBIS Ten Tuesdays (9:45 AM - 11:15 AM) March 05

#### Online

In this study group you will learn mindfulness skills to rewire your brain to help make you a happier and more compassionate person. Mindfulness enhances our capacity for managing anxiety, stress, intense emotions, and uncertainty and increases our capacity to experience deep fulfillment. We will primarily practice techniques that we have learned from Shinzen Young to use both in sitting meditation practice and in ordinary life. Sessions will include instruction, guided meditations, and group discussion. Although there is no required reading, participants should plan to practice meditation on their own for at least ten minutes on most days. This study group is appropriate for both beginners and experienced meditators.

This study group is a repeat.

**Class Format:** Lecture and Discussion **Reading:** No required reading.

#### Recorded: Yes

*Jeffrey Drobis,* a retired MD, and *Susan Drobis,* a retired psychotherapist, have practiced meditation for over 25 years. Their teacher, Shinzen Young, draws on traditional Asian practices but is consciously secular and contemporary. Both are experienced meditation teachers.

### 834: Mastering Skills of Mindfulness Meditation: Intermediate Level JEFFREY DROBIS

### Ten Tuesdays (11:45 AM - 1:15 PM) March 05

#### Online

This study session is similar to another offering, Mastering the Skills of Mindful Awareness Practice. It is intended for persons who have taken other study groups with me. **If you have not worked with me but have significant experience with meditation and are interested in this offering, please contact me at jeffdrobis@ gmail.com.** Classes will include instruction, extensive guided meditations, and discussions. In addition, we will devote about 10 minutes to discuss videos and readings from featuring various meditation teachers.

This study group is a repeat with revisions. **Class Format:** Lecture and Discussion

#### Reading: No required reading. Recorded: Yes

**Jeffrey Drobis,** a retired MD, has practiced meditation for more than 25 years. He has led OLLI meditation study groups since 2015 and leads regular group meditations on the telephone throughout the year. The mindfulness techniques that he teaches draw on traditional Asian practices, but are consciously secular.

### 838: She Who Must Be Obeyed: Great Mother Goddesses of the World

ROBERT CROOG Ten Mondays (11:45 AM - 1:15 PM) March 04

#### **In-Person**

From primordial times, Mother Goddesses have been worshipped all over the world. She is both revered and feared. She can be a kindly, nurturing figure—Isis, Demeter, Parvati, Mary—the loving parent who protects and cares for her children. But she also has a very dark side—Kali, Cybele, Lilith—the terrible one who demands blood, castrates her followers, and devours souls. This course explores the many faces of the Great Mother, her colorful legends, and what she reveals about the cultures she inhabits.

This study group is a repeat.

**Class Format:** Lecture

Reading: No required reading.

Recorded: Yes

**Robert Croog** received a BA from Harvard and a JD from Columbia. He is a retired intellectual property lawyer and former professor of communication, writing, media law, and ethics. At OLLI he has taught courses on skepticism and truth denial, war and morality, the underworld, the Trickster, tragic love stories and the trojan war.

### 860: Plotinus, Eriugena, and David of Dinant

DON ROSS Ten Fridays (9:45 AM - 11:15 AM) March 08 In-Person

n-Person

This course will cover three philosophers who are rarely taught but deserve better. Plotinus (204–270), founder of Neoplatonism and probably the most underrated philosopher of all time, developed a religious synthesis that underlay most Medieval systems. John Scotus Eriugena (c. 810–c. 877) wrote a work titled the *Division of Nature*. Many attempts were made to stamp it out, because it advocated a Byzantine Christian theology, which was anathema in the West; and of David of Dinant (c. 1160–c. 1217) actually whose writings were stamped out. Until recently, we were dependent on Albert the Great's and Thomas Aquinas's "refutations" for information on his ideas. But we now have excerpts from his Quaternuli.

This study group is **NEW**. **Class Format:** Lecture and Discussion **Reading:** 1-2 hrs/week.

#### Recorded: Yes

**Don Ross** received his BA in philosophy from Wake Forest University, his MA from the University of Iowa, and his PHD from the University of Chicago. His publications include articles on ancient and medieval philosophy. Ross has also done work in Asian and modern European philosophy.

#### 861: Spinoza

#### DON ROSS Ten Fridays (11:45 AM - 1:15 PM) March 08 In-Person

This is a course on Baruch Spinoza, a Jewish philosopher who lived in Holland from 1632 to 1677. Expelled from the synagogue for his heretical views, he was centuries ahead of his time in his scholarly approach to the Bible. He was a passionate defender of a political order which would secure individual freedoms. But by far his most valuable contribution to Western philosophy was his work Ethics, in which he saves Cartesian dualism by subsuming it into a monistic, pantheistic metaphysics. In the first half of the course, we will examine his early philosophical explorations and then move on to his more mature theological and political investigations. The second half of the course will focus entirely on the Ethics.

This study group is **NEW**.

**Class Format:** Lecture and Discussion **Reading:** 1-2 hrs/week.

#### Recorded: Yes

**Don Ross** received his BA in philosophy from Wake Forest University, his MA from the University of Iowa, and his PHD from the University of Chicago. His publications include articles on ancient and medieval philosophy. Ross has also done work in Asian and modern European philosophy.

SP	SPRING ASSIGNED BOOKS	S				
#	Study Group	Book Title	Author	ISBN	Publisher	Notes
180	Today's Supreme Court: A Course for Citizens	The Oath: The Obama White House and The Supreme Court	Jeffrey Toobin	978-0307390714	Anchor	Required
		The U.S. Supreme Court: A Very Short Introduction (Very Short Introductions) 2nd Edition	Linda Greenhouse	978-0190079819	Oxford University Press	Required
200	Neuroscience of Conflict	Making Peace with Conflict: Using Neuroscience to Ease Difficult Relationships	Jeanine Hull	978-1649701909	Jeanine Hull	Recommended
260	The Impact of the Great War on Western Culture and the Western Worldview	The Great War and the Death of God: Cultural Breakdown, Retreat from Reason, and Rise of Neo- Darwinian Materialism in the Aftermath of World War I	Charles A. O'Connor III	978-0989916998	New Academia Publishing/ The Spring	Required
292	How to Live Healthier, Happier, and Longer in Retirement: 8 Essential Pillars	How to Live Healthier & Happier & Longer in Retirement: 8 Essential Pillars	Brad Bickford	978-1667888613	BookBaby	Required
391	Repercussions From Recent Financial Crises: A Global View	Crashed: How a Decade of Financial Crises Changed the World	Adam Tooze	978-0143110354	Penguin Books	Recommended
		Crash Landing: The Inside Story of How the World's Biggest Companies Survived an Economy on the Brink	Liz Hoffman	978-0593239018	Crown	Recommended
		Emerging Domestic Markets: How Financial Entrepreneurs Reach Underserved Communities in the United States	Gregory Fairchild	978-0231173223	Columbia Business School Publishing	Recommended
426	Introduction to Cell Biology	The Cell: A Very Short Introduction	Terrence Allen and Graham Cowling	978-0199578757	Oxford University Press	Recommended
444	The Manhattan Project	The Manhattan Project: The Birth of the Atomic Bomb in the Words of Its Creators, Eyewitnesses, and Historians	Cynthia Kelley	978-0762471270	Black Dog & Leventhal	Required
480	The Ups and Downs of Weather	The Ups and Downs of Weather: An Introduction to Meteorology	Paul Brown and Terry Dyroff	979-8413001806	Independently published	Required
481	Having Fun with Native Plants	Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard	Douglas Tallamy	978-1604699005	Timber Press	Recommended
589	American Colonial and Federal Furniture: 1650–1840	American Furniture: 1650 to the Present	Oscar Fitzgerald	978-1442270381	Rowman & Littlefield Publishers	Recommended
599	Color Theory	What Is Color?: 50 Questions and Answers on the Science of Color	Arielle Eckstut and Joann Eckstut	978-1419734519	Abrams; Illustrated edition	Recommended
601	Étude de la Culture Quotidienne Française	La France au quotidien: 5e édition	Roselyne Roesch and Rosalba Rolle- Harold	978-2706147128	PU GRENOBLE	Required

#	Study Grain	Rook Titla	Author	ICRN	Dublichar	Notac
ŧ				Naci		INUTES
909	Intermediate German: Building Vocabulary <u>German Short Stories for Beginners</u>	German Short Stories for Beginners	Lingo Mastery	978-1797643267	Lingo Mastery	Required
		Practice Makes Perfect German Vocabulary (Practice Makes Perfect Series) 2nd Edition	Ed Swick	978-0071763011	McGraw Hill	Required
613	Latin for Developing Translators	Wheelock's Latin, 7th Edition (The Wheelock's Latin Series)	Frederic M. Wheelock and Richard A. LaFleur	978-0061997228	Collins Reference	Required
630	Little Dorrit is NOT Another Little Nell	Little Dorrit	Charles Dickens	978-0141439969	Penguin Classics	Recommended
645	After the War, II	A Pale View of Hills	Kazuo Ishiguro	978-0679722670	Vintage	Required
		The Great Fire	Shirley Hazzard	978-0312423582	Picador	Required
		Warlight	Michael Ondaatje	978-0525562962	Vintage	Required
		Katalin Street	Magda Szabó (Author), Len Rix (Translator)	978-1681371528	NYRB Classics	Required
		Crossing to Safety	Wallace Stegner	978-0375759314	Modern Library	Required
646	Poetry Craftshop: Quietings and Arousals—The Poems Of Lucille Clifton and Jane Kenyon	How to Carry Water: Selected Poems of Lucille Clifton (American Poets Continuum Series, 180)	Lucille Clifton (Author), Aracelis Girmay (Editor)	978-1950774159	BOA Editions Ltd.	Required
		Generations: A Memoir (New York Review Classics)	Lucille Clifton	978-1681375878	NYRB Classics	Required
		Collected Poems	Jane Kenyon	978-1555974787	Graywolf Press	Required
		A Hundred White Daffodils: Essays, Interviews, The Akhmatova Translations, Newspaper Columns, and One Poem	Jane Kenyon	978-1555973087	Gray wolf Press	Required
655	Greek Tragedy	Agamemnon (any edition)	Aeschylus			Required
		The Libation Bearers (any edition)	Aeschylus			Required
		Eumenides (any edition)	Aeschylus			Required
		Oedipus Rex (any edition)	Sophocles			Required
		Oedipus at Colonus (any edition)	Sophocles			Required
		Antigone (any edition)	Sophocles			Required
		Electra (any edition)	Sophocles			Required
		Electra (any edition)	Euripides			Required
		Helen (any edition)	Euripides			Required
		The Trojan Women (any edition)	Euripides			Required
		Mourning Becomes Electra (any edition)	Eugene 0'Neill			Required

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
677	Emily Dickinson: "Unto [Her] Books So Good to Turn"	The Poems of Emily Dickinson: Reading Edition	Emily Dickinson (Author), R. W. Franklin (Editor)	978-0674018242	Belknap Press: An Imprint of Harvard University Press; 1st edition	Required
		Reading the Fascicles of Emily Dickinson: Dwelling in Possibilities	Eleanor Elson Heginbotham	978-0814255698	Ohio State University Press	Required
069	Everybody's Protest Novel	Narrative of the Life of Frederick Douglass, an American Slave, Written by Himself: A New Critical Edition by Angela Y. Davis (City Lights Open Media)	Angela Y. Davis and Frederick Douglass	978-0872865273	City Lights Publishers	Required
		Of Mice and Men	John Steinbeck	978-0140186420	Penguin Classics	Required
		Salvador	Joan Didion	978-0679751830	Vintage; Reprint edition	Required
		Play it As it Lays	Joan Didion	978-0374529949	Farrar, Straus and Giroux	Required
		The Street	Ann Petry	978-0358187547	Mariner Books Classics	Required
707	The Rise and Fall of Napoleon Bonaparte	Napoleon: A Life	Andrew Roberts	978-0143127857	Penguin Books	Recommended
		Napoleon	Paul Johnson	978-0143037453	Penguin Books	Recommended
715	Jewish History: Patriarchs to Israel	A Short History of the Jewish People	Raymond P. Scheindlin	978-0195139419	Oxford University Press	Required
724	Manifest Destiny and US Expansion	A Wicked War: Polk, Clay, Lincoln, & the 1846 US Invasion of Mexico	Amy Greenberg	978-0307475992	Vintage Books	Recommended
		Manifest Destiny and American Territorial Expansion: A Brief History with Documents (Bedford Series in History and Culture)	Amy Greenberg	978-1319087944	Bedford/St. Martin's; Second edition	Recommended
		Manifest Destiny: American Expansion & the Empire of Right	Anders Stephanson	978-0809015849	Hill and Wang; First Edition	Recommended
		The End of the Myth: From the Frontier to the Border Wall in the Mind of America	Greg Grandin	978-1250214850	Metropolitan Books	Recommended
739	China's Early History	The Open Empire: A History of China to 1800	Valerie Hansen	978-0393938777	W. W. Norton & Company	Recommended
806	Medical Qigong	The Healing Art of Qi Gong: Ancient Wisdom from a Modern Master	Master Hong Liu and Paul Perry	978-0446673471	Grand Central Publishing	Recommended
860	Plotinus, Eriugena, and David of Dinant	The Essential Plotinus (Hackett Classics)	Plotinus (Author), Elmer O'Brien S.J. (Trancheor)	978-0915144099	Hackett Publishing Company, Inc.; 2nd edition	Required
	(continued on next page.)					

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
860	860 Plotinus, Eriugena, and David of Dinant	Periphyseon on the Division of Nature	John the Scot (Author), Myra	978-1610976305	Wipf and Stock	Required
	(Continued from previous page.)		Uhlfelder (Translator)			
861	861 Spinoza	Spinoza: Complete Works	Baruch Spinoza (Author), Michael L. Morgan (Editor), Samuel Shirley	978-0872206205	Hackett Publishing Company, Inc.	Required
			( Iranslator)			

## FEBRUARY SHORTS DESCRIPTIONS

### 9100: 2022-2023 Russo-Ukrainian War

#### **PETER WILSON**

#### February 5-7 from 9:45 AM to 11:15 AM Online

The 2022-2023 Russo-Ukrainian war is a world historic moment that will likely upend the pre-war geo-strategic and geo-economic order. Further, the outcome of this first two-sided high-technology war of the 21st century will have a profound effect on US defense planning and programs. Peter Wilson will provide a strategic and military analysis of these momentous events. *This study group has a high class size capacity.* 

This short course is a repeat with revisions.

Class Type: Lecture and Discussion

Reading: No reading

Recorded: Yes

**Peter A. Wilson** is an adjunct senior national security researcher at the RAND Corporation and teaches courses on the history of military technological innovation and contemporary national security issues for OLLI.

## 9101: Anatomy of a Murder

#### **RUSSELL CANAN**

#### February 5-8 from 11:45 AM to 1:15 PM Online

This course will explore the sensational Colonel Brooks Tavern triple homicide in DC through the lens of the key actors in the trial. A separate class will be devoted to the detective who investigated the case, former Detective Mitch Credle; the lead prosecutor at the trial, former US Attorney Deborah Sines; a prominent defense attorney, Professor Brandi Harden; and the trial judge of the case, Judge Robert I. Richter. Judge Russell F. Canan will lead the discussion. *This study* 

#### group has a high class size capacity.

This short course is **NEW**.

**Class Type:** Reading and Discussion

Reading: No reading

Recorded: Yes

Presenters include former Detective **Mitch Credle**, former US Attorney **Deborah Sines**, Professor **Brandi Harden**, and Judge **Robert I. Richter**. Judge **Russell F. Canan** will lead the discussion.

## **9102:** An Introduction to Critical Race Theory EDWARD INGEBRETSEN

#### February 15-16 from 9:45 AM to 11:15 AM Online

Session one will introduce Critical Race Theory's origins, key concepts like intersectionality, its primary history in legal academy, and its extension—as discipline—into education. In session two, we will advance to topics such as interest convergence in a historical context; for example, when racial changes are deemed out of line

with the interests of those in power. We will consider miseducation, particularly how "CRT" becomes a media tab and political deflection to stave off social change or understanding that threatens social power. *This study group has a high class size capacity.* 

This short course is **NEW**. **Class Type:** Discussion

**Reading:** 1-2 hours/session

Recorded: No

**Edward Ingebretsen** holds a PhD from Duke University. He teaches animal and culture justice issues at Georgetown University and philosophy and ethics at the University of Maryland, Montgomery College, and OLLI at American University. His current project is a series of webinars, "Enslaved," that can be found on the DC Culture and History website.

### 9200: How Martin Luther King Jr. got "Woke": Emmitt Till, The March on Washington, and The Vietnam War

#### EDWARD INGEBRETSEN February 12-13 from 9:45 AM to 11:15 AM Online

Martin Luther King Jr.'s awakening, often considered his "woke" moment, unfolded through pivotal events. The brutal murder of Emmett Till in 1955 heightened King's awareness of racial injustice and galvanized his commitment to civil rights. The 1963 March on Washington further fueled his dedication, culminating in the iconic "I Have a Dream" speech. King's awakening expanded beyond domestic issues as he criticized the Vietnam War in 1967, linking racial and economic injustices. These transformative moments, from Till's tragedy to the anti-war stance, showcase King's evolution into a visionary leader deeply attuned to the interconnected struggles for justice. **This study group has a high class size capacity.** This short course is **NEW**.

Class Type: Lecture and Discussion Reading: Less than 1 hour/session Recorded: No

**Edward Ingebretsen** holds a PhD from Duke University. He teaches animal and culture justice issues at Georgetown University and philosophy and ethics at the University of Maryland, Montgomery College, and OLLI at American University. His current project is a series of webinars, "Enslaved," that can be found on the DC Culture and History website.

## **9201:** Can We Talk ... About Your Health Care Wishes?

#### **JULIE BUYON**

#### February 14 and 16 from 11:45 AM to 1:15 PM In-Person

Get comfortable discussing your healthcare wishes with your loved ones. Explore what matters most to you (using videos, games, humor, and discussion) and learn how to talk to your loved ones (and doctors) about what you do and don't want should others have to make medical decisions for you. Prevent family disagreements and distress about who should make decisions and what those decisions should be; provide a guide for your loved ones so they can be your voice when you can't tell your doctors what's important to you. Leave with an advance directive for healthcare, a clearer understanding of what matters most to you, and peace of mind!

This short course is **NEW**.

**Class Type:** Lecture and Discussion **Reading:** Less than 1 hour/session

#### Recorded: No

Trained in health advocacy (MA, Sarah Lawrence) and bioethics (Einstein-Cordozo Medical Humanities), **Julie Buyon** is a palliative care patient advocate who has worked in hospitals, foundations and community organizations since 2005 to assist seriously ill patients and improve the end-of-life experience for patients and families.

## **9202:** Lacrosse: More Than a Game ROBERT LAROSSA

#### February 12-14 from 1:45 PM to 3:15 PM Online

Lacrosse is a sport long popular in Maryland: five Maryland institutions, The University of Maryland, Loyola; The Naval Academy; Johns Hopkins University; and St. Johns College, have all won the Collegiate National Championship. We will explore the game, concentrating its origin, history, equipment, techniques, traditions, people, and its expansion from the St. Lawrence and Mohawk River Valleys to a game played throughout the world.

This short course is **NEW**.

Class Type: Lecture and Discussion Reading: No reading Recorded: Yes

**Bob LaRossa,** a retired DuPont Fellow, is interested in sports, science, and history. He trained in molecular biology at Johns Hopkins University, Yale University, and Stanford University. He previously taught Genealogical Fundamentals, Genealogy Computer Lab, Hopping the Pond and Interpreting Your DNA Results at various OLLIs.

## 9203: Create an Advance Directive With a Physician

#### ELEANOR TANNO February 7-9 from 1:45 PM to 3:15 PM Online

Creating an advance directive can be intimidating! Learn the process of creating one with a local, practicing, board-certified physician who is passionate about advance directives. This course will provide an overview of advance directives, considerations in choosing a medical power of attorney, how to define your "medical wishes," and how to initiate meaningful conversations with your families.

This short course is a repeat with revisions.

**Class Type:** Lecture and Discussion **Reading:** Less than 1 hour/session

#### Recorded: Yes

**Eleanor Tanno** is a practicing, Maryland board-certified, family physician, who is passionate about all people having an advance directive. She obtained her Medical Doctorate from the University of Maryland and holds a degree in biomedical engineering from the University of Virginia.

### **9204:** What Do You Want To Tell Your Grandchildren ... and Their Grandchildren?

#### ROGER MEYER February 5-8 from 1:45 PM to 3:15 PM In-Person

This course will follow the very successful June 2023 study group in which seven participants shared their (and their family's) life stories in preparation for eventual self-publishing. The course will also highlight some of the print, visual, and sound technologies available to us as we seek to tell our family stories to those generations that follow. The course will be limited in size to give each person the opportunity to share their stories and to welcome commentary. This short course is a repeat with revisions.

Class Type: Discussion

### Reading: No reading

#### Recorded: No

Commencing at the NIH, **Roger Meyer** has had a long career in academic medicine, leading NIH-funded clinical research on opioid addiction at Harvard and, more recently, at Penn State, and on alcoholism at the University of Connecticut, while also Chair of Psychiatry. He also served as consultant to three White House offices on addiction.

## **9205:** Generations, Our Differences, and the Forces That Have Shaped Us

#### WILLIAM DANEY

#### February 5-8 from 9:45 AM to 11:15 AM In-Person

We will study the key shifts in attitudes and lifestyle choices that have defined each American generation from the "Silent Generation" through "Generation Z." Jean Twenge, in her data-based book *Generations*, has documented her study on 39 million people to show the changes that have become apparent in marriage, income distribution, mental health, race, sexuality, politics, use of technology, and much more. Upending the conventional theory that generational differences are caused by major events, Twenge argues that changes in technology have become the dominant factor driving change. We will review her findings and consider her conclusions. This short course is **NEW**.

Class Type: Lecture and Discussion **Reading:** Less than 1 hour/session **Recorded:** Yes

**William Daney** has a background in science and engineering and a lifelong interest in the social sciences. He has taught economics, political science, and history at OLLI at AU and Anne Arundel Community College since his retirement in 2005.

### **9300:** Do Only the Rich Have Trusts? Key Strategies Using Trusts in Your Estate Plan

#### JOHN BURTON February 5-6 from 1:45 PM to 3:15 PM In-Person

Trusts are not just for the wealthy; trusts can handle any estate more efficiently than relying on a last will and testament alone. This course surveys the basics of implementing trusts and the new planning opportunities trusts can provide you in your own estate plan. What is the difference between revocable and irrevocable trusts? Can trusts protect an estate against the costs of probate, state and federal estate taxes, creditor claims, and lawsuits? Do trusts protect you financially should you ever need nursing home care in the future? How do trusts impact wills, powers of attorney, real estate, investments, retirement accounts, and other assets? How does the field of elder law impact the use of trusts? **OLLI does not permit solicitation, marketing, or selling of financial products as part of this study group, and does not endorse particular products or financial advice from SGLs.** 

This short course is a repeat with revisions. **Class Type:** Lecture and Discussion **Reading:** No reading **Recorded:** Yes John S. Burton, Esq. practices in the areas of estate planning, asset protection, business, and elder law. He is a Certified Estate Planner (CEP) and a Trust and Estate Practitioner (TEP). John is admitted to practice law in the Commonwealth of Virginia, US Federal Courts within the Fourth Circuit, and the US Tax Court.

#### **9301:** Solving Social Security MARTIN SILFEN February 12-15 from 9:45 AM to 11:15 AM In-Person

The Social Security Trust Fund is projected to be exhausted by 2033 according to the 2023 Trustees Report. What should we as a nation do about that? Should we increase taxes? Reduce benefits? Both? Do nothing? Change the nature of the Social Security system? Scrap the system? This short course will describe our Social Security system and explore alternative policy options. We hope everyone in the class will participate and express their own views. There is no required reading, but you will have two homework assignments: watch a specific episode of The West Wing and come up with your own plan for the future of the Social Security system.

This short course is a repeat with revisions.

Class Type: Discussion

Reading: No reading

Recorded: Yes

*Martin Silfen* was a practicing tax attorney for 21 years, specializing in retirement planning and estate planning, and a wealth planner with a wealth management firm for 14 years. He is the author of The Retirement Plan Distribution Advisor (2002). He has previously led OLLI courses on tax policy and financial planning.

## 9400: The Mathematics of Symmetry, the Alhambra, and MC Escher

#### GRAHAM ATKINSON February 5-7 from 11:45 AM to 1:15 PM Online

This course will explore the use of mathematics to define, describe, and classify symmetry. After defining symmetry and group theory we will look at some examples of symmetry in art. The first examples will be from the Alhambra Palace in Granada. After background on the history of the Alhambra, we will look at the symmetries included in the various decorations on its floors, walls, and pillars. This discussion will segue into a look at the symmetries and other mathematical aspects of the art of MC Escher. The mathematical theory underlying symmetry and group theory has resulted in applications in crystallography, elementary particle physics, and art. *This study group has a high class size capacity.* 

This short course is **NEW**.

**Class Type:** Lecture

Reading: No reading

Recorded: Yes

**Graham Atkinson** has a doctorate in mathematics from Oxford University. He has taught the OLLI courses Mathematics in Fiction, Mathematics in Art, Mathematics in Poetry, and Mathematics

## *Elsewhere, as well as courses on the ancient Maya hieroglyphic language.*

## 9401: The Amazon Rainforest RICHARD SCHUBERT

#### February 5-8 from 1:45 PM to 3:15 PM In-Person

Of tropical rainforests, Darwin said: "Epithet after epithet was found too weak to convey ... the sensation of delight which the mind experiences." Indeed! This course will provide an overview of the biology and ecology of the Amazon rainforest. We will start with the great river itself and proceed to the land it serves. This is not a bird, frog, or plant identification course per se, although they will make frequent "guest appearances" throughout. The instructor hopes to share and impart some of his enthusiasm for this marvel of evolution. This short course is **NEW**.

Class Type: Lecture

Reading: No reading

#### Recorded: Yes

A retired physician, **Richard Schubert** has been studying tropical rainforests for nearly 50 years. He has traveled over much of the world to see and study them, most extensively in the Amazon and Central America. Richard has never met a rainforest he didn't like.

## 9402: Understanding Arthritis

#### MATTHEW SWARTZ February 5-9 from 9:45 AM to 11:15 AM In-Person

With over 105 different types of arthritis, everyone will experience musculoskeletal problems in their lifetime. The sheer number of diagnoses and the volume of patients they affect creates much confusion in proper diagnosis and management. We will discuss a straightforward approach to the field of rheumatology, organized so that anyone with a basic understanding of the principles, can assist their providers in avoiding diagnostic and therapeutic mistakes and erase the common misconception that symptoms are "just arthritis" and "you'll have to learn to live with it." This study group will introduce basic musculoskeletal physiology and cover the more common problems that afflict all ages.

This short course is a repeat with revisions.

Class Type: Lecture and Discussion Reading: Less than 1 hour/session Recorded: Yes

*Matthew 0. Swartz*, *MD*, is a board-certified internal medicine and rheumatology physician. He retired after 35 years of clinical and research practice.

## 9403: Air We Breathe

#### CLAIRE WILLIAMS February 5-9 from 9:45 AM to 11:15 AM Online

We breathe without thinking, even as we navigate tides and rivers

of air without notice. So what are the particles we inhale? This course will examine this question from several vantage points. To start, participants review a science fiction story in order to prompt questions; once these are answered, participants will survey the atmosphere's role as a conveyance and as a habitat for microbial life. Next, participants will identify what air particles arrive in a breath from global, regional, local, and indoor sources. Together, the atmosphere and its particle load serve as a foundation for discussing pandemics and contagion spread, air quality, national security, allergy season, and indoor health. We end with best practices for how to live better in a humid temperate climate and its seasonal change. This course is taught from the perspective of the atmosphere and its airborne particles, rather than healthcare.

This short course is a repeat with revisions.

Class Type: Lecture and Discussion

Reading: 1-2 hours/session

#### Recorded: Yes

*Claire Williams* is a research professor in the Department of Environmental Sciences at American University. She earned a doctorate from North Carolina State University. Although her career has been mostly academic, she has worked in federal government, Fortune 50 corporate research, and international consulting. Author of more than 100 papers and three books, her research recognition includes the John Simon Guggenheim award and several Fulbright awards, among others.

### 9404: Good, Bad, or Benign?: Genetically Modified Foods

#### KENNETH HINGA February 14-16 from 9:45 AM to 11:15 AM In-Person

Should we be afraid to eat foods made from plants or animals that were developed through genetic manipulations? Are they safe? Should we be worried about the effects genetically modified organisms may have on the environment? Does big agri-business trap farmers into being dependent on their genetically modified seeds? This course will address how we can engineer organisms with new properties, and how prior techniques of plant breeding have changed the foods we eat. We will take a quick look at the ways genetic engineering is used to modify non-food organisms.

This short course is a repeat with revisions.

Class Type: Lecture and Discussion Reading: No reading

Recorded: Yes

**Ken Hinga** is recently retired from ten years at the USDA Foreign Agricultural Service, and the US FDA Center for Food Safety and Applied Nutrition. He was a science advisor for both agencies, providing technical analysis of a wide variety of food safety and agriculturalenvironmental topics.

### 9405: Cutting the Cord: Streaming Alternatives to Cable TV

#### **VICTOR REZMOVIC** February 15-16 from 11:45 AM to 1:15 PM In-Person

Broadcast TV and cable TV have traditionally provided in-home media to US households. We are experiencing a new paradigm in home entertainment where households are discontinuing their cable TV contracts in favor of streaming options where content is delivered by companies such as Netflix, Hulu, Amazon Prime Video, and YouTube TV, using streaming devices such as Roku, Firesticks, Apple TV, and Chromecast.

This short course is a repeat with revisions.

**Class Type:** Lecture and Discussion Reading: Less than 1 hour/session

Recorded: Yes

Victor Rezmovic, PhD, is a technology educator who has spent the last 30 years in academic, corporate, and government settings. Since taking apart his first PC in the mid-1980s, he has followed the technology revolution as email, the internet, digital music, Netflix, and Amazon have become part of our everyday lives.

### 9406: Introduction to the Cloud

#### **VICTOR REZMOVIC** February 12-14 from 1:45 PM to 3:15 PM **In-Person**

We use it every day, but we're not sure what it means. The Cloud has slowly become part of our lives and touches much of the technology we use today. You can't understand the world of your children and grandchildren unless you spend some time exploring the Cloud. During this course, we will use lectures and demonstrations to examine the terminology that explains the mechanics of how the Cloud functions. We will review the major players that dominate the Cloud such as Google, Apple, and Microsoft. We will also review the primary applications that are being used such as file storage, and how to stay safe while using the Cloud.

This short course is a repeat with revisions.

**Class Type:** Lecture and Discussion Reading: Less than 1 hour/session Recorded: Yes

Victor Rezmovic, PhD, is a technology educator who has spent the last 30 years in academic, corporate, and government settings. He currently teaches cyber security at Montgomery College and has offered technology classes at OLLI since 2016.

#### 9407: Al vs. What Makes Us Human **CAROLYN JEW**

#### February 12-16 from 11:45 AM to 1:15 PM Online

This course covers the following topics about what makes us human: 1. Intellect (accumulation, propagation of knowledge);

2. Emotion (love/emotional intelligence); 3. Consciousness; 4. Selfconsciousness; 5. Intuition (subconscious/dreams/oracles/prophecy); 6. Complexity (some combo of #1-11); 7. Creativity (a. Generativity, invention, innovation OR b. Artistry, expression, beauty, meaning); 8. Community/sacrifice; 9. Social sophistication (stories, lies, manipulation, perspective, construction/contestation of "reality"); 10. Social order (nation-state: law, rulers, corporations, courts, military); 11. Manipulation/transformation of physical environment; 12. Turing and more recent tests; 13) Will Al become more human than humans? Or something entirely unrecognizable? This study group

### has a high class size capacity.

This short course is **NEW**. **Class Type:** Discussion

Reading: Less than 1 hour/session Recorded: No

**Carolyn Jew** attended Stanford University and the University of *Chicago, covering business, philosophy, sociology, and neuroscience.* She researches the impact of data, social media, the internet, and Al on business and society for universities and Fortune 500 companies.

### **9408:** Creating a Local Healthy Ecosystem by **Incorporating Native Plants Into** Your Garden

#### **JANET ENTWISTLE** February 15-16 from 11:45 AM to 1:15 PM **Online**

Why is it important to incorporate more native plants into your garden? How can you do this in a practical and affordable way? In this short course, we will discuss those topics, as well as why it is important to help protect biodiversity in our own backyards; how incorporating more native plants into our gardens protects local ecosystems; and native plants that provide the most ecological impact, color throughout the growing season, attract pollinators and birds, and are best suited to the environmental conditions in your garden and to your interests. Join us to learn about native plants and the local resources available to help you integrate them into your garden!

This short course is a repeat with revisions.

**Class Type:** Lecture and Discussion

**Reading:** No reading

Recorded: Yes

Janet Entwistle is a retiree from the World Bank where she led country programs in Latin America and Africa. She is a lifelong gardener and also a master gardener. She is converting her own garden to incorporate more native plants and is also helping others in the community do the same.

## 9410: Comets and the Legacy of the Rosetta Mission

#### BONCHO BONEV February 12-15 from 1:45 PM to 3:15 PM Online

This class focuses on exploration of comets—cosmic remnants from long ago preserving invaluable clues about the origins of our solar system. Class members will be presented with discoveries from the Rosetta spacecraft mission to comet 67P/Churyumov—Gerasimenko. The Rosetta spacecraft followed this comet along its orbit around the Sun for over two years and interpretations of mission data continue. New results from ground-based telescopes will also be presented in synergy with mission findings. The class will celebrate the life of Dr. Claudia Alexander, the US Project Scientist leading the NASA involvement in Rosetta, and connect the (unfinished) legacy of this mission with future exploration of comets.

This short course is **NEW**.

Class Type: Lecture and Discussion Reading: Less than 1 hour/session Recorded: No

**Boncho Bonev** is an astronomer studying comets and planetary system formation. The instructor is genuinely passionate about teaching and has developed a curriculum for physics and astronomy classes with undergraduate students and for continuing education of STEM teachers.

## **9500:** Winter Studio: Painting from References

#### KATE MCCONNELL February 12-14 from 1:45 PM to 3:15 PM In-Person

What's next in the "studio" can be a conundrum, and plein air days are on hold. Come explore various painting approaches using your own reference materials as subject. Whether working representationally or abstractly, students will develop new ways to think about their work by simplifying elements to build a solid composition, observation of light and values, color mixing, and paint application. Instruction includes discussion, critiques, and personal attention. Painting experience is useful, however all levels welcome. Class members work in water media only (watercolor or acrylic paint, no oils on campus). For the first class, come prepared with several reference samples of subjects important to you to paint from.

This short course is **NEW**.

Class Type: Lecture and Discussion Reading: No reading Recorded: No

**Kecoraea:** No Kata McConnoll i

**Kate McConnell** is a visual artist who lives and works in Washington, DC, and Provincetown, MA. Before painting full time, Kate was a noted book designer with Time Warner and Smithsonian Press, and was an instructor in book arts and typography and publication design at the Corcoran College of Art and Design in Washington, DC.

## **9501:** 21st-Century Art ARLETTE JASSEL

#### February 5-7 from 9:45 AM to 11:15 AM Online

Let's get out of the classroom and out of your living room to see some vibrant and challenging 21st-century art in the flesh. We will learn about the artists, their techniques, and their vision. There will be references to past art, particularly 20th-century art and the changes we now experience. We will explore many different expressions of art that reflect the diversity of our world in a way we have not seen before: through the eyes of the people who live and work in the different countries and not by foreign art historians. We will be asked to be openminded in our views when confronting challenging art and hopefully, we will emerge more aware and definitely more amazed at the variety of art expressions. **Two sessions of the course will be online; the other session will take place in-person at the Rubell Museum in DC.** Class members will receive information about meeting at the museum.

This short course is a repeat with revisions.

Class Type: Lecture and Discussion

Reading: No reading

Recorded: Yes

**Arlette Jassel** was born in Havanna, Cuba. She has a BFA from Hunter College and a MAT from the University of Chicago. She is an exhibiting artist with drawings in the Smithsonian Archives' 1977 and 2020 "What is Feminist Art?" exhibits and published Daily Dance, an adult coloring book. She is a retired MCPS art teacher and has taught at the Smithsonian, Georgetown University Continuing Ed, and Marymount University.

## **9502:** Confronting the Lost Cause Myth: Current Case Studies

#### February 12-16 from 11:45 AM to 1:15 PM Online

This course will be a cross-cutting one dealing with art, religion, politics, history, culture, psychology, and other aspects. Starting with the removal of the Jefferson-Jackson windows from the Washington National Cathedral in 2018 and their recent replacement by social justice ones, we will be exploring the reasons behind this: the Civil War and the Lost Cause myth that still powerfully exists today. We will look at the recent taking down of statues, changing of school, military base, and street names, and the issues related to them. These include the persistence of myth, what is art, the impact on political narrative, the disposition process, and others. Class participation is encouraged.

This short course is **NEW**. **Class Type:** Discussion **Reading:** Less than 1 hour/session **Recorded:** Yes *Kent Watkins has been involved in key civil rights and social justice*  issues intersecting art, politics, history, sociology, law, and other domains for more than half a century. He served on staff in the House, Senate, White House, HUD, and also in the private and non-profit sectors. He has recently published a book on this subject.

## **9600:** Expanding Your German Vocabulary MARTHA CUTTS

#### February 5-9 from 11:45 AM to 1:15 PM In-Person

This course is designed for those with a foundational knowledge of German grammar but who need to expand their vocabulary before tackling more advanced texts. We will use a workbook that focuses on acquiring vocabulary as well as a text with short stories that will also help to increase vocabulary.

This short course is NEW.

**Class Type:** Reading and Discussion

Reading: 1-2 hours/session

#### Recorded: Yes

*Martha Cutts* majored in German at Mount Holyoke College. After teaching English in a German school for a year, she earned a Master of Arts in teaching (German) at Yale University. She taught German for decades before becoming a full-time school administrator.

## 9601: Biblical Narratives and Literary Theory

#### MARC RAPHAEL

## February 5-7 from 1:45 PM to 3:15 PM

#### In-Person

This course will be a close reading (verse by verse) of selected narratives from Genesis, Judges, Samuel, or Kings in the Bible. We will discover that the narrators of biblical stories are as sophisticated as the best short story writers today.

This short course is **NEW**.

**Class Type:** Discussion

**Reading:** No reading

#### Recorded: No

*Marc Lee Raphael* is Emeritus Professor of Religious Studies at the College of William and Mary and Emeritus Rabbi of Congregation Bet Aviv in Columbia, Maryland.

## **9602:** Experience Poems and Pictures: Poetry that Paints; Pictures that Speak

#### **ANNA ROSEBORO**

#### February 12-16 from 11:45 AM to 1:15 PM Online

Participants in the class will view paintings by African American artists or those that evoke experiences that reflect Black history and then write poems in a variety of genres to share those viewing experiences. The conversations and feedback in small-group and full-class settings enhance the experience for students and their instructor as students share their self-selected pictures and drafts of poems written during class and for homework. The two-fold goal of experiencing poems and painting will help inspire writing that can be self-published as an electronic booklet of poems generated during the five-day course that participants can share with family and friends.

This short course is a repeat with revisions.

**Class Type:** Reading and Discussion **Reading:** Less than 1 hour/session

Recorded: Yes

**Anna J. Small Roseboro**, (NBCT) is a wife, mother, and published author, with four decades of experience teaching in public, parochial, and private schools and colleges; mentoring early career educators; facilitating leadership institutes; and chairing her English department. Anna represented Rotary International in a group-study exchange.

### **9700:** The Angkor Temples of Cambodia in the Modern Era: War, Pride, and Tourist Dollars

#### JOHN BURGESS February 12-15 from 1:45 PM to 3:15 PM In-Person

This course will have four parts, each illustrated with photos. Part one will present the history, culture, and architectural feats of the empire that ruled much of Southeast Asia from roughly 800 to 1450 AD. Part two will explore efforts to recover Angkor's lost history through archaeological digs, and the decoding of inscription stones. Part three will explore work to protect the temples from invasive foliage, design shortcomings, and art theft and recent returns of stolen sculpture will be examined. Part four will examine Angkor's temples as a symbol of the Cambodian nation, military conflict around them during the country's three-decades-long war, and their recent transformation into a magnet for tourists.

This short course is a repeat with revisions.

Class Type: Lecture and Discussion

Reading: No reading

Recorded: No

John Burgess is the author of five books about Cambodia's Angkor civilization and builder of the world-famous Angkor Wat and other stone monuments. He first saw the temples as a teenager in 1969. Following a career at The Washington Post, he researched the ancient and modern history of Angkor in Cambodia, France, and the United States.

### 9701: Slavery and Units of the National Park Service

#### JENNY MASUR February 5-8 from 11:45 AM to 1:15 PM

#### **In-Person**

This course will touch on slavery in the United States (North, South, and Caribbean), by looking at the history revealed in various units of the National Park Service. This history includes cross-cultural

systems of enslavement, the domestic slave trade, and forms of resistance to slavery. The course will start with the introduction of African American labor to the colonies and end with massive escapes and military recruitment during the Civil War, using the lens of parks permits inclusion of landscapes and architecture. Throughout the class there will be discussion of the difficult role of the "public historian" in even-handedly educating the park visitor. This short course is **NEW**.

Class Type: Lecture and Discussion Reading: Less than 1 hour/session Recorded: Yes

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**Jenny Masur** has a doctorate in anthropology and worked for the National Park Service for 25 years. She had the good fortune to work for two national programs, permitting an overview of the agency, its units, and its responsibility to allow for education and public enjoyment while preserving and protecting public resources.

## **9702:** State Capitols: Iconic Symbols of our Nation

#### ELLEN STANTON February 12-14 from 1:45 PM to 3:15 PM

#### Online

Which state capitols have you visited? Do you have a favorite and why? This will be an interactive course in which we look at state capitols from different constructs, noting unique aspects as well as commonalities among capitol buildings. Beginning with the US Capitol, which although not the earliest, did strongly influence state capitols. We will consider their history, architectural styles, architects, political symbolism, and governmental functions. We will study several capitols and elicit comments about additional state capitols. Finally, we will discuss what meaning the state capitols hold for us today.

This short course is **NEW**.

**Class Type:** Lecture and Discussion

Reading: No reading

Recorded: Yes

**Ellen Stanton** worked as lead historic interpreter at Mount Vernon Estate and as public programs coordinator at the US Capitol Visitor Center where she currently volunteers. While residing in Denver, Colorado, she facilitated several classes for OLLI at the University of Denver, including ones on historic forts and the city's beautification movement.

## **9703:** Who Was the Real King Arthur? JERRY LEACH

#### February 5-8 from 1:45 PM to 3:15 PM In-Person

This class will include talks and discussions on 1) Celts, Germanic Peoples, and Romans; 2) historical context of Arthurian events and a review of Arthurian legend over 1,500 years; 3) main errors in the historical pursuit of the real Arthur, the end of Roman occupation, places that claim Arthurian association, the period that Arthur lived, and incoming Anglo-Saxons; 4) Celtic leadership practices, locating Camelot, 12 Arthurian battles, the last battle and Arthur's death, and Arthur's burial. We will discuss what parts of the Arthurian legend relate to what really happened and what parts are add-ons by monks and scholars.

This short course is a repeat.

Class Type: Lecture and Discussion Reading: 1-2 hours/session

Recorded: Yes

Jerry W. Leach earned an MA and a PhD from Cambridge University, an MA from Berkeley, and a BA from Emory. He was lecturer at the following schools: Turkish Teachers Institute, University of Papua New Guinea, Cambridge University, and American University in Cairo. Dr. Leach also served in the Peace Corps in Turkey, was a US Diplomat with the State Department, and worked at the National Security Council and World Affairs Councils of America.

### **9704:** The Bloodless Implosion of East Germany in 1989—The Open and Hidden Driving Forces

#### EDUARD BRAU February 5-7 from 9:45 AM to 11:15 AM In-Person

Only ruthless violence against citizens, by Soviet and East German security forces, sustained East Germany for many years. What then explains the fact that the fall of the Berlin Wall in 1989 and the dissolution of East Germany occurred without bloodshed? The course will explore the well-known and the lesser known influences and

events, both inside and outside of East Germany that contributed to this peaceful revolution in 1989.

This short course is **NEW**.

**Class Type:** Lecture and Discussion **Reading:** No reading

Recorded: Yes

**Eduard Brau,** PhD, is a German citizen and economist who retired from the International Monetary Fund in 2004. He studied in West Berlin in the early 1960s, has kept contact with friends in East Germany since, and only learned important but little known facts about the East German implosion from autobiographies of contemporary actors.

#### 9705: Negro League Baseball: History, Heroes, and Legends KAREN STEWART

#### February 5-8 from 9:45 AM to 11:15 AM In-Person

Black Americans may have been introduced to baseball in Union military camps in the Civil War. The game became very popular after the war; elite black players played with white players in professional teams. By the turn of the 20th century, Jim Crow laws and pervasive racism forced black players off professional teams. They then formed their own teams and barnstormed across the country, playing with whoever would play with them. In the 1920s, professional leagues were formed and teams became part of Black life in cities and towns across the country. This course will cover the history, the stars, the rogues, and the heroes of this era.

This short course is **NEW**.

**Class Type:** Lecture and Discussion

Reading: No reading

#### Recorded: Yes

**Karen Stewart** has been teaching courses in black American history at OLLI for seven years. She grew up in Philadelphia and went to Barnard College and the University of North Carolina School of Public Health. She has had a career as a public health researcher. Everything she knows about Negro League baseball she learned in her retirement.

## **9800:** The Case of Aaron: High Priest or High Crimes? How to Serve an Irrational God

#### **DIANE SHARON**

#### February 12-13 from 9:45 AM to 11:15 AM Online

While Moses is at the peak of Sinai receiving the ten Commandments from God, his brother Aaron accedes to the people's request to create an image of molten gold. This act of idolatry merits the death penalty, yet Aaron is soon inaugurated as Israel's first high priest. On that very day, two of Aaron's sons are snuffed out in the midst of dedicating the Tabernacle and the priesthood to God's service. The reason for their deaths is a mystery, and their father is forbidden to mourn. These two episodes offer a case study about the nature of leadership, about the slippery slope between righteousness and apostasy, and about how to live a sacred life when the God we worship appears to be irrational and unpredictable. **This study aroun has a high class size canacity**.

#### group has a high class size capacity.

This short course is **NEW**. **Class Type:** Lecture and Discussion

Reading: No reading Recorded: Yes

**Diane M. Sharon** is a scholar and teacher of the Hebrew bible in its ancient Near Eastern context. She has lectured and published extensively in the Hebrew bible, comparative religion, literary analysis, and women's studies. Her commentary on the Book of Judges is forthcoming from JPS.

## **9801:** Four Paths of Yoga Philosophy KARUNA SRIMATI

#### February 8-9 from 11:45 AM to 1:15 PM Gandhi Memorial Center

Karma, Bhakti, Jnana, and Raja Yoga: these four paths correlate to the qualities of will, love, wisdom, and subjective revelation. Regardless of one's cultural and spiritual heritage, anyone may fully understand the meaning, significance, and beauty of these qualities of consciousness. This short course is **NEW**. **Class Type:** Lecture **Reading:** 1-2 hours/session **Recorded:** No *Srimati Karuna* is Director of the Gandhi Memorial Center.

## **9802:** The Ethics of Democracy **BRAD SHINGLETON**

#### February 5-7 from 1:45 PM to 3:15 PM In-Person

Is there an ethics of democracy? What, if anything, do members of a democracy owe to each other? Respect? Truthfulness? Civility? Tolerance? Is there, in fact, an ethics of democracy that binds its participants? Are constitutions and laws alone enough to secure a democracy, or are other ethical, historical, and cultural elements also necessary? We will explore these questions through a reading of portions of Reinhold Niebuhr's mid-century classic, The Children of Light and The Children of Darkness: A Vindication of Democracy and a Critique of Its Traditional Defense (1947) along with other supplemental readings.

This short course is a repeat.

Class Type: Reading and Discussion

**Reading:** 1-2 hours/session

Recorded: No

A retired attorney, **Bradley Shingleton** has authored the book Modern Protestantism and Positive Law and several articles on law, ethics, and religion. He is a graduate of Duke University Law School and Harvard Divinity School.

## SHORTS ASSIGNED BOOKS

Books should only be purchased after members receive the final class assignment letter post-lottery. Books will be available at Politics and Prose Bookstore. Order online at

**www.politics-prose.com** or visit the store at 5015 Connecticut Ave. NW, Washington, DC. 202-364-1919.

Politics and Prose is offering OLLI members a 10% discount on books for study groups.

#### 9201: Can We Talk ... About Your Health Care Wishes?

Reading: Less than 1 hour/session Atul Gawande, *Being Mortal*. Metropolitan, 2017, ISBN: 978-125007622.

## 9205: Generations, Our Differences, and the Forces That Have Shaped Us

Reading: Less than 1 hour/session Jean M. Twenge, *Generations*. Atria Books, 2023, ISBN: 978-198218161.

#### 9408: Creating a Local Healthy Ecosystem by Incorporating Native Plants Into Your Garden

Reading: No reading required Douglas W. Tallamy, *Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard*. Timber Press, 2020, ISBN: 978-160469900.

#### 9600: Expanding Your German Vocabulary

Reading: 1-2 hours/session Lingo Mastery, *German Short Stories for Beginners*. Lingo Mastery, 2019, ISBN: 978-179764326. Ed Swick, *Practice Makes Perfect German Vocabulary (Practice Makes Perfect Series)* 2nd Edition. McGraw Hill, 2011, ISBN: 978-007176301.

#### 9601: Biblical Narratives and Literary Theory

Reading: No reading required The Jewish Publication Society (Editor), JPS TANAKH: The Holy Scriptures (blue): The New JPS Translation according to the Traditional Hebrew Text. Jewish Publication Society, 1985, ISBN: 978-082760366.

#### 9602: Experience Poems and Pictures: Poetry that Paints; Pictures that Speak

Reading: Less than 1 hour/session

Anna J. Small Roseboro, *Experience Poems and Pictures: Poems that Paint Pictures that Speak*. Kindle Direct Publishing, 2019, ISBN: 978-109678475.

#### 9701: Slavery and Units of the National Park Service

Reading: Less than 1 hour/session John Michael Vlach, *Back of the Big House: The Architecture of Plantation Slavery*. The University of North Carolina Press, 1993, ISBN: 978-080784412. Unknown, *Guidebook to African American History in the National Parks*. Eastern National, 2023, ISBN: 978-159091115. Clint Smith, *How the Word Is Passed: A Reckoning with the History of Slavery Across America*. Little, Brown and Company, 2022, ISBN: 978-031649292. Horton (Editor), *Slavery and Public History: The Tough Stuff of American Memory*. The University of North Carolina Press, 2008, ISBN: 978-080785916. Robert Kent Sutton, John A. Latschar, and Rick Beard, *Slavery in the* 

United States: A Brief Narrative History. Eastern National, 2013, ISBN: 9781590911549.

#### 9703: Who Was the Real King Arthur?

Reading: 1-2 hours/session Graham Phillips, *The Lost Tomb of King Arthur: The Search for Camelot and the Isle of Avalon*. Bear and Company, 2016, ISBN: 978-159143181.

#### 9802: The Ethics of Democracy

Reading: 1-2 hours/session

Reinhold Niebuhr, *The Children of Light and the Children of Darkness: A Vindication of Democracy and a Critique of Its Traditional Defense.* University of Chicago Press, 2011, ISBN: 978-022658400.

## **OLLI AT AU REGISTRATION FORM**

#### TWO WEEKS OF FEBRUARY SHORTS: FEBRUARY 5–9 & FEBRUARY 12–16

Please complete all parts of the form. You also can pay and select study groups online at www.olli-dc.org.

#### **CONTACT INFORMATION**

FIRST NAME	LAST NAME
STREET ADDRESS	APARTMENT NUMBER
CITY STATE ZIP	E-MAIL ADDRESS
HOME PHONE NUMBER	CELL PHONE NUMBER
EMERGENCY CONTACT NAME	RELATIONSHIP TO EMERGENCY CONTACT
EMERGENCY CONTACT PHONE NUMBER	

#### **COVID ATTESTATION**

By checking this box, I attest that I will be fully vaccinated and boosted against Covid-19 if attending any OLLI-related classes or events in-person, and I will adhere to American University's current mask policy. If I need a medical or religious exemption, I will contact the OLLI office.

#### **CHOOSE YOUR LOTTERY SELECTIONS**

- 1. SELECT whether you want 1, 2, or 3 study groups: 1 2 3 3
- 2. List up to 12 study groups in priority order.

Number	Format	Study Group Name	
1. 953	In-Person	"Made You Look, Made You Think:" The Early Pioneers of Abstraction	
2. 912	Online	Tough Cases	
3			
4.			
Number	Format	Study Group Name	VOLUNTEER TO BE STUDY GROUP
1			
			You will be contacted, if chosen, as there may
3			be multiple volunteers
			for each study group. See page 3 for a list of
			☐ SGR duties.
6			
7			
8			

#### Continued on other side.

Number	Format	Study Group Name
10		□
11		□
12		

#### PAYMENTS

Please make checks payable to **OLLI at AU**. Payment must accompany your form. You can also use a credit card online at: www.olli-dc.org. Financial assistance is available. Contact the OLLI office for information.

\$ <b>\$100:</b> February Shorts Membership Fee
\$ <b>\$90:</b> February Shorts Membership Fee with AU 10% discount. <b>Please check one of the below.</b>
Alumna/Alumnus Current/Former Staff Current/Emeriti Faculty
Other (Please describe, e.g., "trustee" or "spouse of alumnus")
(The names of members using the AU discount are shared with the AU Alumni Office for data-tracking purposes only.)

### **DIRECTORY LISTING**

Please check the boxes below if you do NOT want your contact information included in our Membership Directory, which is produced as a courtesy to our members and is intended for internal use only.

**DO NOT** include the following in the OLLI Membership Directory.

□ My Phone Number □ My Street Address □ My E-mail Address

#### **BECOME A STUDY GROUP LEADER**

Check this box if you are interested in becoming a Study Group Leader at OLLI.
 Topic(s) of interest for leading a study group: \_\_\_\_\_\_
 An OLLI staff member or Curriculum Committee member will contact you shortly. Please visit the website below for more information: https://www.olli-dc.org/become an instructor

### VOLUNTEER

If y ou're interested in volunteering, please let us know by selecting your areas of interest on the volunteer page of the website: https://www.olli-dc.org/get\_involved

Contact the office by email at **olli@american.edu** or by phone at **202-895-4860** if you have any questions or would like more information.

#### **RETURN COMPLETED FORM**

MAIL completed form to: Osher Lifelong Learning Institute 4400 Massachusetts Ave. NW Washington, DC 20016