

## HELPFUL LINKS

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# Newsletter



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## May 8, 2026

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## UPDATES

### SUMMER AU SHUTTLE SCHEDULE

Starting **Monday, May 11**, OLLI members will have access to AU's OnDemand transportation vans due to the Red Express Shuttle pausing services over summer break. Whether you are arriving at Tenleytown Metro or leaving your OLLI class from the Spring Valley Building, look for the white vans with the AU logo stationed at both stops during the dedicated times below. Give the driver your name to be signed in as a walk-on. This service will be available for the remainder of the spring semester, both May lectures, and the June Minis, and July Shorts.

If you need an OnDemand van outside of these dedicated times, please call AU Shuttle Services at **(202) 885-3631** or **(202) 534-7077**. More information can be found on the [AU Shuttle Services Website](#).

|  |                     |
|--|---------------------|
| Arriving: Tenleytown Metro Station (Albemarle St. & Fort Dr. NW)         |                     |
| Leaving: Spring Valley Building (D96 bus stop, on 48th St., on SVB side) |                     |
| <b>Monday-Thursday</b>   | <b>Friday</b>       |
| 9:00 – 10:00 AM  | 9:00 – 10:00 AM     |
| 11:00 AM – 12:00 PM  | 11:00 AM – 12:00 PM |
| 1:00 – 2:00 PM   | 1:00 – 3:30 PM      |
| 3:00 – 4:00 PM   | -                   |

## ACADEMIC PROGRAMMING



### SUMMER REGISTRATION IS OPEN!

The June Minis and July Shorts registrations are OPEN! Click the applicable button below to register!

#### June Minis (June 1-26)

June Minis meet once a week for four weeks, either in-person or online. Members can select up to three courses before the lottery for \$100. After the lottery, members can add a fourth class. **The June Minis lottery will be held on May 20.**

[REGISTER](#)

#### July Shorts (July 6-10)

July Shorts meet 2-5 times during one week, either in-person or online. Members can select up to three courses before the lottery for \$100. After the lottery, members can add however many classes fit in their schedule. **The July Shorts lottery will be held on June 24.**

[REGISTER](#)

#### NEW MEMBER 10% DISCOUNT

Are you new to OLLI or thinking about coming back after taking a break? Use one of the buttons below to register for either summer session. A 10% discount

will be applied for those who are new or who have not taken classes in five or more years. Click "Choose Lottery Selections" and then log in or create an account. You will see the discount when paying for the semester.

**JUNE MINIS DISCOUNT**

**JULY SHORTS DISCOUNT**

### **OLLI AT CMU JUNE CLASSES**

We are excited to continue our joint program with the OLLI at Carnegie Mellon University in Pittsburgh. Susan Hansen's "Taxation And Democracy" and Kathleen Dixon Donnelly's "Such Friends: The Stein Family Salons In Paris" courses from CMU will be available to OLLI at AU members. Members interested in the courses can register for them as part of the typical June Minis registration process.

#### **1110: Taxation And Democracy**

**Susan Hansen**

**2 Tuesdays (10:45 AM-12:15 PM)**

**June 23 & June 30**

**Online**

[View more info.](#)

#### **1580: Such Friends: The Stein Family Salons In Paris**

**Kathleen Dixon Donnelly**

**2 Wednesdays (12:45 PM-2:15 PM)**

**June 24 & July 1**

**Online**

[View more info.](#)

### **BE AN AMBASSADOR FOR OLLI!**

Membership growth is an important part of keeping OLLI strong, and word of mouth is our most effective recruiting tool. As we get ready for June, July, and fall registration, the OLLI membership committee encourages members to tell their friends and neighbors all about OLLI! Encourage them to check out the OLLI website and listen to our podcast series, "[Curiosity Never Retires,](#)" where they can learn about our wonderful courses and SGLs. Another way to spread the word is wearing the OLLI jacket; you would be surprised how many people ask you about OLLI. If you know of an apartment complex, village, or

community group that might be interested in OLLI, please contact the office. We will provide you with materials you can use to promote our program!

## **SPRING FINAL FEEDBACK & SGL GIFTS**

### **Spring Final Feedback**

The spring [final feedback form](#) is available on the OLLI website under "Classes" and then "Semesters/Minis." As always, feedback is anonymous. If you have suggestions for improvement, please be mindful of stating them in a constructive and respectful manner.

Paper copies are still available to be picked up outside the OLLI office and dropped back off when you're finished.

**Final feedback will be accepted through Friday, May 15.**

### **SGL Gifts**

All of OLLI's study group leaders are volunteers. Each academic session, members are invited to give them a gift in honor of all of the work they do to prepare and deliver their courses. This is completely voluntary.

[SGL gifts](#) can be made on the OLLI website under "Give" and then "SGL Gifts." **You must log into your account on the website to see the gift form.** SGL gifts can also be made by mailing or dropping off a check made payable to **OLLI at AU** with the course number(s) listed in the memo field. The OLLI office will write and mail a check to each SGL.

**SGL Gifts will be accepted through Friday, May 15.**

## **LECTURES**



**TODAY'S LECTURE -**

**REGISTRATION FULL**

**Marian Flaxman, *Food as Medicine*  
—the Microbiome and How it  
Impacts All Aspects of Our Well-  
Being**

**May 8**

**1:30 PM**

**In-Person at OLLI**

Marian Flaxman is the Communications and Advocacy Lead and host of *Conversations from the Precision Nutrition Kitchen* at the

[Cornell Joan Klein Jacobs Center for Precision Nutrition and Health](#). Inspired by her childhood experience with obesity and her daughter's severe food allergies, she has dedicated nearly two decades to advancing nutrition and health policy.

## MAY LECTURES

**The two upcoming end-of-May lectures will be held at OLLI: 4801 Massachusetts Ave. NW, in Room A on the first floor. They are on **Wednesday, May 27 and Friday, May 29 from 1:30-2:30 PM.****

Lectures are **free and open to the public, but registration is required.** You must have an OLLI account to register. If you do not have one, you can create an account when going to register. Each registrant may reserve up to two seats. Your name must be on the list of registrants to enter the lecture and you must be in your seat five minutes before the lecture starts to guarantee your seat.



### MAY 27 LECTURE

**David Stewart, *The Democracy We Must Keep: Seven Founders, Nine Documents, and the Ideas That Shaped America***

**Wednesday, May 27**

**1:30 PM**

**In-Person at OLLI**

After many years as a trial and appellate lawyer, David O. Stewart has published eleven award-winning and best-selling books of history and historical novels. In 2023, he received the Lifetime Achievement Award of the *Washington Independent Review of Books*. His most recent fictional series, *the Overstreet Saga*, is inspired by family stories his mother told. He lives in Maryland with the light of his life, Nancy Floreen; they

have three children and six grandchildren.

Stewart's new book, *The Democracy We Must Keep: Seven Founders, Nine Documents, and the Ideas That Shaped America* will be available for purchase and signing immediately following the lecture.

**REGISTER**



**MAY 29 LECTURE**

***Robert Greenstein, Poverty and the U.S. Safety Net Over the Past Half-Century and Where to Go from Here***

**Friday, May 29**

**1:30 PM**

**In-Person at OLLI**

Robert Greenstein founded and led the Center on Budget and Policy Priorities for 40 years, focusing on federal fiscal policy and programs for people with low and moderate incomes. He is now a Visiting Fellow at the Brookings Institution's Hamilton Project. He previously served as Administrator of the Food and Nutrition Service at the US Department of Agriculture under President Carter, where he oversaw federal food assistance programs and helped design the Food Stamp Act of 1977. He also served on a bipartisan federal commission and led the budget team for President Obama's transition. A MacArthur Fellow, Greenstein has received numerous

national awards for his policy work.

He is a graduate of Harvard College.

[REGISTER](#)

## OLLI EVENTS



### HAPPY HOUR

A final spring semester happy hour will take place at Pizzeria Paradiso today, May 8, after the lecture at approximately 2:30 PM. There is space for up to 25 people. Each person pays their own way. Registration is encouraged, but not required.

[REGISTER](#)

Share Your Favorite

**BOOK TITLES**

with OLLI at AU



### LOOKING FOR A GOOD BOOK TO READ?

If you are missing the *Washington Post Book Review* or just can't commit to a monthly book club, think about attending one of OLLI at AU's "Share Your

Favorite Book Titles” events. Two weeks before each of Politics & Prose’s four annual member sales when all books are 20% off, we will get together and share our favorite titles with one another.

The first meeting will take place on **Thursday, May 21 from 11:00 AM–12:00 PM in Room 3**. Please bring (at least) four titles to share! Those who register will receive an email with further information closer to the meeting date.

**REGISTER**

## AU EVENTS



### 250+ AT AMERICAN UNIVERSITY

The 250+ at American initiative offers a year of multidisciplinary programs that invite AU's community to reflect on the nation’s past, engage in the present, and imagine the future. [More Info/Events.](#)

### Osher Lifelong Learning Institute at American University

The Osher Lifelong Learning Institute at American University is an association of, by, and for the people in the Washington, DC area who wish to continue to study and learn. OLLI at AU is dedicated to the proposition that learning is a lifelong process and that *curiosity never retires*.

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