

Mitochondria and Metabolism

Marjorie D. Shaw, Ph.D. OLLI Fall 2023 Study Group : 426 "Clandestine rulers of our world, masters of power, sex and suicide." Nick Lane

Powerhouses:

Transform food molecules into ATP, the energy currency of the cell



Double-Membrane-bound organelles



Enzymes for making ATP on the inner membrane





Dynamic

Change shape and numbers and locations according to how much and where energy is needed. Exercise increases # in muscle.





Green mitochondria changing shape during activation



Mobile

Mitochondria and vesicles get pulled along microtubules by motor proteins (dynein and kinesin)



ATP: energy currency of the cell



Energy

The energy we use to run our cells comes from the chemical bonds in food molecules. The bonds are broken in the cytosol by **glycolysis**, which yields small amounts of ATP, and by the **citric acid cycle**, in the mitochondria, which yields more ATP, and ETC.



ATP production

3 step process:

- 1) Glycolysis
- 2) Citric acid cycle (Krebs cycle)
- 3) Electrontransport chain (oxidative phosphorylation)

Note high-energy molecules NADH and FADH₂



Combustion

Combustion is a chemical reaction:

Fuel + $O_2 \rightarrow CO_2 + H_2O$ + Energy!

Energy Yields

Glycolysis doesn't need oxygen; used by anaerobic bacteria. Krebs cycle (citric acid cycle) and electron transport take place in mitochondria, need oxygen, and extract much more energy



Glycolysis

Takes place in cytoplasm, without oxygen (anaerobic). Produces 2 **ATP/**glucose and 2 NADH to send to the electron transport chain and 2 molecules of **pyruvate**.



Aerobic vs anaerobic

If oxygen is scarce (heavy exercise), pyruvate becomes **lactic acid**,

(fermentation). which enters blood (muscle fatigue). If oxygen is present, pyruvate enters the mitochondrion.



Matrix

If oxygen is present, pyruvate enters the **matrix** of the mitochondrion.



Matrix: citric acid cycle

Pyruvate crosses the inner membrane into matrix. Enzymes there break down pyruvate to Acetyl Coenzyme A. CoA enters Citric Acid Cycle and generates CO2, ATP and electron carriers NADH and **FADH**, (as well as molecules needed to build other cellular components)



Oxidative phosphorylation

Oxidative phosphorylation uses an **electron transport chain** to make more ATP and CO2

Note high-energy molecules NADH and FADH₂

NAD: electron carrier

Electrons carried to electron-transport chain by NADH will use released energy to make a proton gradient. The "proton motive force" drives ATP synthase to make many ATP.

FADH₂ works the same way

Proton gradient powers ATP production

NAD and FADH₂ donate electrons at high energy to proton pumps in the inner membrane. Protons concentrated in **intermembrane space**. Proton gradient powers **ATP synthase**.

Electron Transport Chain

Series of proteins embedded in the cristae that carry electrons from NADH and FADH₂. This generates high proton (H⁺) concentration in the intermembrane space and low proton concentration in the matrix. Proton gradient forces ATP synthase to produce ATP in the matrix.

Combustion

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ATP synthase

Proton gradient powers the ATP synthase. Water and **34** ATP/glucose, released back into cytosol !

Sex: production of steroid hormones

Cells that secrete steroid hormones (estrogen, testosterone etc.) have mitochondria with tubular (instead of shelf-like) cristae, which contain needed enzymes. Also rich in smooth ER and lipid droplets (cholesterol)

Mitochondria with **tubular cristae** are typical of steroid-producing cells –adrenal cortex (shown above), corpus luteum (ovary), Leydig cells (testis).

Suicide: apoptosis

Signals for **programed cell death** originate in mitochondria during embryonic development, ageing, cell damage and neurodegenerative diseases.

Different from necrosis; no inflammation.

Molecules released by mitochondria trigger the cascade.

Thermogenesis

Brown fat produces more heat than white fat because ATP synthase is *uncoupled*; protons flow through membrane produce heat, not ATP. Present in newborns and hibernating animals. (What if we could convert our white fat to brown fat?)

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Origins

Mitochondria contain their own DNA which is bacteria-like. Thought to originate as bacteria incorporated into other one-cell organisms. Divide like bacteria and have bacteria-like ribosomes. Can be used to trace maternal lineage since all are inherited from the mother (as are mitochondrial diseases).

Evolution of eucaryotic cells

First living cells (procaryotes) used food molecules in the environment and used glycolysis to generate ATP (fermentation). This led to high lactic acid concentrations inside the cell. Cells that evolved proton pumps to eject acid would survive better. As oxygen levels on the planet rose, aerobic bacteria developed, using oxygen to digest food in the citric acid cycle.

Mitochondria stem from engulfed aerobic bacteria.

Evolution of Membranes

Correcting mitochondrial defects

