# Reading the Fascicles of Emily Dickinson

Dwelling in Possibilities

## Sumptuous Destitution

#### RICHARD WILBUR

AT SOME POINT Emily Dickinson sent her whole Calvinist vocabulary into exile, telling it not to come back until it would sub-

serve her own sense of things.

Of course, that is not a true story, but it is a way of saying what I find most remarkable in Emily Dickinson. She inherited a great and overbearing vocabulary which, had she used it submissively, would have forced her to express an established theology and psychology. But she would not let that vocabulary write her poems for her. There lies the real difference between a poet like Emily Dickinson and a fine versifier like Isaac Watts. To be sure, Emily Dickinson also wrote in the metres of hymnody, and paraphrased the Bible, and made her poems turn on great words like Immortality and Salvation and Election. But in her poems those great words are not merely being themselves; they have been adopted, for expressive purposes; they have been taken personally, and therefore redefined.

The poems of Emily Dickinson are a continual appeal to experience, motivated by an arrogant passion for the truth. "Truth is so rare a thing," she once said, "it is delightful to tell it." And, sending some poems to Colonel Higginson, she wrote, "Excuse them, if they are untrue." And again, to the same correspondent, she observed, "Candor is the only wile"—meaning that the writer's bag of tricks need contain one trick only, the trick of being honest. That her taste for truth involved a regard for objective fact need not be argued: we have her poem on the snake, and that on the hummingbird, and they are small masterpieces of exact description. She liked accuracy; she liked solid and homely detail; and even in her most exalted poems we are surprised and reassured by buckets, shawls, or buzzing flies.

But her chief truthfulness lay in her insistence on discovering the facts of her inner experience. She was a Linnaeus to the phenomena of her own consciousness, describing and distinguishing the states and motions of her soul. The results of this "psychic reconnaissance," as Professor Whicher called it, were several. For one thing, it made her articulate about inward matters which poetry had never so sharply defined; specifically, it made her capable of writing two such lines as these:

### A perfect, paralyzing bliss Contented as despair.

We often assent to the shock of a paradox before we understand it, but those lines are so just and so concentrated as to explode their meaning instantly in the mind. They did not come so easily, I think, to Emily Dickinson. Unless I guess wrongly as to chronology, such lines were the fruit of long poetic research; the poet had worked toward them through much study of the way certain emotions can usurp consciousness entirely, annulling our sense of past and future, cancelling near and far, converting all time and space to a joyous or grievous here and now. It is in their ways of annihilating time and space that bliss and despair are comparable.

Which leads me to a second consequence of Emily Dickinson's self-analysis. It is one thing to assert as pious doctrine that the soul has power, with God's grace, to master circumstance. It is another thing to find out personally, as Emily Dickinson did in writing her psychological poems, that the aspect of the world is in no way constant, that the power of external things depends on our state of mind, that the soul selects its own society and may, if granted strength to do so, select a superior order and scope of consciousness which will render it finally invulnerable. She learned these things by witnessing her own courageous spirit.

Another result of Emily Dickinson's introspection was that she discovered some grounds, in the nature of her soul and its affections, for a personal conception of such ideas as Heaven and Immortality, and so managed a precarious convergence between her inner experience and her religious inheritance. What I want to attempt now is a rough sketch of the imaginative logic by which she did this. I had better say before I start that I shall often seem demonstrably wrong, because Emily Dickinson, like many poets, was consistent in her concerns but inconsistent in her attitudes. The following, therefore, is merely an opinion as to her main drift.

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Emily Dickinson never lets us forget for very long that in some respects life gave her short measure; and indeed it is possible to see the greater part of her poetry as an effort to cope with her sense of privation. I think that for her there were three major privations: she was deprived of an orthodox and steady religious faith; she was deprived of love; she was deprived of literary recognition.

At the age of 17, after a series of revival meetings at Mount Holyoke Seminary, Emily Dickinson found that she must refuse to become a professing Christian. To some modern minds this may seem to have been a sensible and necessary step; and surely it was a step toward becoming such a poet as she became. But for her, no pleasure in her own integrity could then eradicate the feeling that she had betrayed a deficiency, a want of grace. In her letters to Abiah Root she tells of the enhancing effect of conversion on her fellow-students, and says of herself in a famous passage:

I am one of the lingering bad ones, and so do I slink away, and pause and ponder, and ponder and pause, and do work without knowing why, not surely, for this brief world, and more sure it is not for heaven, and I ask what this message *means* that they ask for so very eagerly: you know of this depth and fulness, will you try to tell me about it?

There is humor in that, and stubbornness, and a bit of characteristic lurking pride: but there is also an anguished sense of having separated herself, through some dry incapacity, from spiritual community, from purpose, and from magnitude of life. As a child of evangelical Amherst, she inevitably thought of purposive, heroic life as requiring a vigorous faith. Out of such a thought she later wrote:

The abdication of Belief
Makes the Behavior small—
Better an ignis fatuus
Than no illume at all—(1551)

That hers was a species of religious personality goes without saying; but by her refusal of such ideas as original sin, redemption, hell, and election, she made it impossible for herself—as Professor Whicher observed—"to share the religious life of her generation." She became an unsteady congregation of one.

Her second privation, the privation of love, is one with which her

poems and her biographies have made us exceedingly familiar, though some biographical facts remain conjectural. She had the good fortune, at least once, to bestow her heart on another; but she seems to have found her life, in great part, a history of loneliness, separation, and bereavement.

As for literary fame, some will deny that Emily Dickinson ever greatly desired it, and certainly there is evidence mostly from her latter years, to support such a view. She did write that "Publication is the auction/Of the mind of man." And she did say to Helen Hunt Jackson, "How can you print a piece of your soul?" But earlier, in 1861, she had frankly expressed to Sue Dickinson the hope that "sometime" she might make her kinfolk proud of her. The truth is, I think, that Emily Dickinson knew she was good, and began her career with a normal appetite for recognition. I think that she later came, with some reason, to despair of being understood or properly valued, and so directed against her hopes of fame what was by then a well-developed disposition to renounce. That she wrote a good number of poems about fame supports my view: the subjects to which a poet returns are those which vex him.

What did Emily Dickinson do, as a poet, with her sense of privation? One thing she quite often did was to pose as the laureate and attorney of the empty-handed, and question God about the economy of His creation. Why, she asked, is a fatherly God so sparing of His presence? Why is there never a sign that prayers are heard? Why does Nature tell us no comforting news of its Maker? Why do some receive a whole loaf, while others must starve on a crumb? Where is the benevolence in shipwreck and earthquake? By asking such questions as these, she turned complaint into critique, and used her own sufferings as experiential evidence about the nature of the deity. The God who emerges from these poems is a God who does not answer, an unrevealed God whom one cannot confidently approach through Nature or through doctrine.

But there was another way in which Emily Dickinson dealt with her sentiment of lack — another emotional strategy which was both more frequent and more fruitful. I refer to her repeated assertion of the paradox that privation is more plentiful than plenty; that to renounce is to possess the more; that "The Banquet of abstemiousness/Defaces that of wine." We all know how the poet illustrated this ascetic paradox in her behavior — how in her latter years she chose

to live in relative retirement, keeping the world, even in its dearest aspects, at a physical remove. She would write her friends, telling them how she missed them, then flee upstairs when they came to see her; afterward, she might send a note of apology, offering the odd explanation that "We shun because we prize." Any reader of Dickinson biographies can furnish other examples, dramatic or homely, of this prizing and shunning, this yearning and renouncing: in my own mind's eye is a picture of Emily Dickinson watching a gay circus caravan from the distance of her chamber window.

In her inner life, as well, she came to keep the world's images, even the images of things passionately desired, at the remove which renunciation makes; and her poetry at its most mature continually proclaims that to lose or forego what we desire is somehow to gain. We may say, if we like, with some of the poet's commentators, that this central paradox of her thought is a rationalization of her neurotic plight; but we had better add that it is also a discovery of something about the soul. Let me read you a little poem of psychological observation which, whatever its date of composition may logically be considered as an approach to that discovery.

Undue Significance a starving man attaches
To Food —
Far off — He sighs — and therefore — Hopeless —
And therefore — Good —

Partaken — it relieves — indeed — But proves us That Spices fly In the Receipt — It was the Distance — Was Savory — (439)

This poem describes an educational experience, in which a starving man is brought to distinguish between appetite and desire. So long as he despairs of sustenance, the man conceives it with the eye of desire as infinitely delicious. But when, after all, he secures it and appeases his hunger, he finds that its imagined spices have flown. The moral is plain: once an object has been magnified by desire, it cannot be wholly possessed by appetite.

The poet is not concerned, in this poem, with passing any judg-

ment. She is simply describing the way things go in the human soul, telling us that the frustration of appetite awakens or abets desire, and that the effect of intense desiring is to render any finite satisfaction disappointing. Now I want to read you another well-known poem, in which Emily Dickinson was again considering privation and possession, and the modes of enjoyment possible to each. In this case, I think, a judgment is strongly implied.

Success is counted sweetest By those who ne'er succeed. To comprehend a nectar Requires sorest need.

Not one of all the purple Host Who took the Flag today Can tell the definition So clear of Victory

As he defeated — dying — On whose forbidden ear The distant strains of triumph Burst agonized and clear! (67)

Certainly Emily Dickinson's critics are right in calling this poem an expression of the idea of compensation — of the idea that every evil confers some balancing good, that through bitterness we learn to appreciate the sweet, that "Water is taught by thirst." The defeated and dying soldier of this poem is compensated by a greater awareness of the meaning of victory than the victors themselves can have: he can comprehend the joy of success through its polar contrast to his own despair.

The poem surely does say that; yet it seems to me that there is something further implied. On a first reading, we are much impressed with the wretchedness of the dying soldier's lot, and an improved understanding of the nature of victory may seem small compensation for defeat and death; but the more one ponders this poem the likelier it grows that Emily Dickinson is arguing the *superiority* of defeat to victory, of frustration to satisfaction, and of anguished comprehension to mere possession. What do the victors have but victory, a victory

which they cannot fully savor or clearly define? They have paid for their triumph by a sacrifice of awareness; a material gain has cost them a spiritual loss. For the dying soldier, the case is reversed: defeat and death are attended by an increase of awareness, and material loss has led to spiritual gain. Emily Dickinson would think that the better bargain.

In the first of these two poems I have read, it was possible to imagine the poet as saying that a starving man's visions of food are but wish fulfillments, and hence illusory; but the second poem assures us of the contrary — assures us that food, or victory, or any other good thing is best comprehended by the eye of desire from the vantage of privation. We must now ask in what way desire can define things, what comprehension of nectars it can have beyond a sense of inaccessible sweetness.

Since Emily Dickinson was not a philosopher, and never set forth her thought in any orderly way, I shall answer that quotation from the seventeenth-century divine Thomas Traherne. Conveniently for us, Traherne is thinking, in this brief meditation, about food — specifically, about acorns — as perceived by appetite and by desire.

The service of things and their excellencies are spiritual: being objects not of the eye, but of the mind: and you more spiritual by how much more you esteem them. Pigs eat acorns, but neither consider the sun that gave them life, nor the influences of the heavens by which they were nourished, nor the very root of the tree from whence they came. This being the work of Angels, who in a wide and clear light see even the sea that gave them moisture: And feed upon that acorn spiritually while they know the ends for which it was created, and feast upon all these as upon a World of Joys within it: while to ignorant swine that eat the shell, it is an empty husk of no taste nor delightful savor.

Emily Dickinson could not have written that, for various reasons, a major reason being that she could not see in Nature any revelations of divine purpose. But like Traherne she discovered that the soul has an infinite hunger, a hunger to possess all things. (That discovery, I suspect, was the major fruit of her introspection.) And like Tra-

herne she distinguished two ways of posessing things, the way of appetite and the way of desire. What Traherne said of the pig she said of her favorite insect:

Auto da Fe and Judgment — Are nothing to the Bee — His separation from His Rose — To Him — sums Misery — (620)

The creature of appetite (whether insect or human) pursues satisfaction, and strives to possess the object in itself; it cannot imagine the vaster economy of desire, in which the pain of abstinence is justified by moments of infinite joy, and the object is spiritually possessed, not merely for itself, but more truly as an index of the All. That is how one comprehends a nectar. Miss Dickinson's bee does not comprehend the rose which it plunders, because the truer sweetness of the rose lies beyond the rose, in its relationship to the whole of being; but she would say that Gerard Manley Hopkins comprehends a bluebell when, having noticed its intrinsic beauties, he adds, "I know the beauty of Our Lord by it." And here is an eight-line poem of her own, in which she comprehends the full sweetness of water.

We thirst at first — 'tis Nature's Act — And later — when we die — A little Water supplicate — Of fingers going by —

It intimates the finer want — Whose adequate supply Is that Great Water in the West — Termed Immortality — (726)

Emily Dickinson elected the economy of desire, and called her privation good, rendering it positive by renunciation. And so she came to live in a huge world of delectable distances. Far-off words like "Brazil" or "Circassian" appear continually in her poems as symbols or things distanced by loss or renunciation, yet infinitely prized and yearned-for. So identified in her mind are distance and delight that, when ravished by the sight of a hummingbird in her garden,

she calls it "the mail from Tunis." And not only are the objects of her desire distant; they are also very often moving away, their sweetness increasing in proportion to their remoteness. "To disappear enhances," one of the poems begins, and another closes with these lines:

The Mountain — at a given distance — In Amber — lies — Approached — the Amber flits — a little — And That's — the Skies — (572)

To the eye of desire, all things are seen in a profound perspective, either moving or gesturing toward the vanishing-point. Or to use a figure which may be closer to Miss Dickinson's thought, to the eye of desire the world is a centrifuge, in which all things are straining or flying toward the occult circumference. In some such way, Emily Dickinson conceived her world, and it was in a spatial metaphor that she gave her personal definition of Heaven. "Heaven," she said, "is what I cannot reach."

At times it seems that there is nothing in her world but her own soul, with its attendant abstraction, and, at a vast remove, the inscrutable Heaven. On most of what might intervene she has closed the valves of her attention, and what mortal objects she does acknowledge are riddled by desire to the point of transparency. Here is a sentence from her correspondence: "Enough is of so vast a sweetness, I suppose it never occurs, only pathetic counterfeits." The writer of that sentence could not invest her longings in any finite object. Again she wrote, "Emblem is immeasurable - that is why it is better than fulfilment, which can be drained." For such a sensibility, it was natural and necessary that things be touched with infinity. Therefore her nature poetry, when most serious, does not play descriptively with birds or flowers but presents us repeatedly with dawn, noon, and sunset, those grand ceremonial moments of the day which argue the splendor of Paradise. Or it shows us the ordinary landscape transformed by the electric brilliance of a storm; or it shows us the fields succumbing to the annual mystery of death. In her love-poems, Emily Dickinson was at first covetous of the beloved himself; indeed, she could be idolatrous, going so far as to say that his face, should she see it again in Heaven, would eclipse the face of Jesus. But in what I take to be her later work the beloved's lineaments, which were

never very distinct, vanish entirely; he becomes pure emblem, a symbol of remote spiritual joy, and so is all but absorbed into the idea of Heaven. The lost beloved is, as one poem declares, "infinite when gone," and in such lines as the following we are aware of him mainly as an instrument in the poet's commerce with the beyond.

Of all the Souls that stand create —
I have elected — One —
When Sense from Spirit — files away —
And Subterfuge — is done —
When that which is — and that which was —
Apart — intrinsic — stand —
And this brief Tragedy of Flesh —
Is shifted — like a Sand —
When Figures show their royal Front —
And Mists — are carved away,
Behold the Atom — I preferred —
To all the lists of Clay! (664)

In this extraordinary poem, the corporeal beloved is seen as if from another and immaterial existence, and in such perspective his earthly person is but an atom of clay. His risen spirit, we presume, is more imposing, but it is certainly not in focus. What the rapt and thudding lines of this poem portray is the poet's own magnificence of soul — her fidelity to desire, her confidence of Heaven, her contempt of the world. Like Cleopatra's final speeches, this poem is an irresistible demonstration of spiritual status, in which the supernatural is so royally demanded that skepticism is disarmed. A part of its effect derives, by the way, from the fact that the life to come is described in an ambiguous present tense, so that we half-suppose the speaker to be already in Heaven.

There were times when Emily Dickinson supposed this of herself, and I want to close by making a partial guess at the logic of her claims to beatitude. It seems to me that she generally saw Heaven as a kind of infinitely remote bank, in which, she hoped, her untouched felicities were drawing interest. Parting, she said, was all she knew of it. Hence it is surprising to find her saying, in some poems, that Heaven has drawn near to her, and that in her soul's "superior instants" Eternity has disclosed to her "the colossal substance/Of im-

mortality." Yet the contradiction can be understood, if we recall

what sort of evidence was persuasive to Emily Dickinson.

"Too much of proof," she wrote, "affronts belief"; and she was little convinced either by doctrine or by theological reasoning. Her residual Calvinism was criticized and fortified by her study of her own soul in action, and from the phenomena of her soul she was capable of making the boldest inferences. That the sense of time is subject to the moods of the soul seemed to her a proof of the soul's eternity. Her intensity of grief for the dead, and her feeling of their continued presence, seemed to her arguments for the reunion of souls in Heaven. And when she found in herself infinite desires, "immortal longings," it seemed to her possible that such desires might somewhere be infinitely answered.

One psychic experience which she interpreted as beatitude was "glee," or as some would call it, euphoria. Now, a notable thing about glee or euphoria is its gratuitousness. It seems to come from about glee or euphoria is its gratuitousness. It seems to come from nowhere, and it was this apparent sourcelessness of the emotion from which Emily Dickinson made her inference. "The 'happiness' without a cause," she said, "is the best happiness, for glee intuitive and lasting is the gift of God." Having foregone all earthly causes of happiness, she could only explain her glee, when it came, as a divine gift—a compensation in joy for what she had renounced in satisfaction, and a foretaste of the mood of Heaven. The experience of glee, as she records it, is boundless: all distances collapse, and the soul expands to the very circumference of things. Here is how she put it in one of her letters: "Abroad is close tonight and I have but to lift my hands to touch the 'Hights of Abraham.'" And one of her gleeful noems begins. poems begins,

#### 'Tis little -- I could care for Pearls --Who own the ample sea ---

How often she felt that way we cannot know, and it hardly matters. As Robert Frost has pointed out, happiness can make up in height for what it lacks in length; and the important thing for us, as for her, is that she construed the experience as a divine gift. So also she thought of the power to write poetry, a power which, as we know, came to her often; and poetry must have been the chief source of her sense of blessedness. The poetic impulses which visited her seemed "bulletins from Immortality," and by their means she converted all her losses into gains, and all the pains of her life to that clarity and repose which were to her the qualities of Heaven. So superior did she feel, as a poet, to earthly circumstance, and so strong was her faith in words, that she more than once presumed to view this life from the vantage of the grave.

In a manner of speaking, she was dead. And yet her poetry, with its articulate faithfulness to inner and outer truth, its insistence on maximum consciousness, is not an avoidance of life but an eccentric mastery of it. Let me close by reading you a last poem, in which she conveys both the extent of her repudiation and the extent of her happiness.

The Missing All, prevented Me
From missing minor Things.
If nothing larger than a World's
Departure from a Hinge
Or Sun's extinction, be observed
'Twas not so large that I
Could lift my Forehead from my work
For Curiosity. (985)